

At Home Careers Activities for Self-Reflection and Self-Development



These are some activities you can access from home to help develop your understanding of different careers and to reflect on what you want and don't want from your future career(s).



National Careers Week may always in March, but they offer support throughout the year. To help develop conversations about careers to the home NCW have created three home learning resources:

1. Home School Careers Conversations 1 - Who are we?
2. Home School Careers Conversations 2 – Employability Skills
3. Home School Careers Conversations 3 – Family Careers Treasure Hunt



The GetMyFirstJob Career Profiler is designed to give you an understanding of your personality and the career areas that you would be best suited to.

Don't know what you want to do? Why not take the Career Quiz:

<https://www.getmyfirstjob.co.uk/Develop/CareersQuiz.aspx>



Health Education England – HEE: <https://www.youtube.com/channel/UCfhvc672Kkry1tiCMKnIK7A>

The Wow Show: https://www.youtube.com/channel/UCXDSgY0E_aACHXcSqX14YNg

Medical Mavericks: <https://www.youtube.com/user/classroommedicstv>

Disney Careers: <https://www.youtube.com/user/DisneyCareers>

USAgov, Careers: a day in the life of: <https://www.youtube.com/playlist?list=PLDB4BCE9817AE7B43>

Creative Careers Stories: <https://www.youtube.com/user/LeedsCityRegion/videos>



Fun Activities

Health Careers Word Search

Careers in Racing Word Search

Careers at Sea Word Search

The Skills that Employers Want Word Search

Careers Word Search



Advanced Activity

M.A.R.S. Mars Aerial Reconnaissance Simulation



Pixar in a Box

Pixar in a Box is a behind-the-scenes look at how Pixar artists do their jobs. You will be able to animate bouncing balls, build a swarm of robots, and make virtual fireworks explode. The subjects you learn in school — math, science, computer science, and humanities — are used every day to create amazing movies at Pixar. This collaboration between Pixar Animation Studios and Khan Academy is sponsored by Disney. If you have questions or ideas, email us at piab@khanacademy.org.

<https://www.khanacademy.org/computing/pixar>



STEM at Home activity packs

Do you want understand Science, Technology, Engineering and Maths (S.T.E.M.) better? Our team of amazing Education Communicators have put together a series of creative activities that you can work on with your parents that demonstrates various aspects of STEM.

There are a range of activities, some will be experiments, some are documents with questions and answers and some are fun colouring in sheets and word searches, a whole range to suit a range of levels and skills!

https://www.learnbydesign.co.uk/stemathome?utm_campaign=2390eb5d-5985-46a5-b452-0c1138a78023&utm_source=so&utm_medium=mail_lp&cid=97946dcf-19ee-4e42-ae85-e75fb3755395



TV Reality Series

Five teens, five industries. Will they thrive or struggle?

Advice and stories from Stacey Dooley and five 16-18 year olds on the ultimate work experience.

<https://www.bbc.co.uk/bitesize/articles/zkgbhbk>

<https://www.bbc.co.uk/iplayer/episodes/p06zhf9j/the-nine-to-five-with-stacey-dooley>



Podcasts (recommended age 16+)

Here are six motivational podcasts to help kick start your career.