



BROOKVALE GROBY LEARNING CAMPUS

Valuing Everyone, Achieving Excellence

Mandy Bearne, Acting Headteacher

Telephone: 0116 287 9921 Website: www.brookvalegroby.com

Welcome to our second E-Learning newsletter.

This second edition of our E-newsletter is packed full of articles on what's been happening at Brookvale Groby Learning Campus since we closed to all except the children of Key Workers.

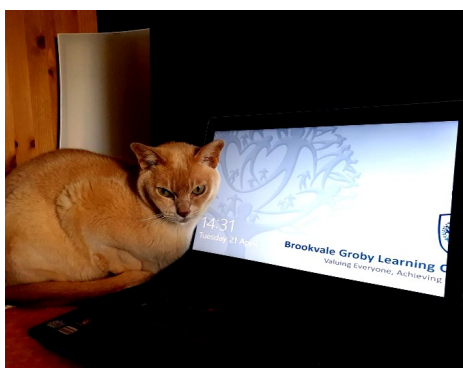
I would like to thank you for all you are doing to support each other during these difficult times.

Staff picture messages have been made into both a collage (see page 2) and a fantastic video which can be viewed by clicking here: <https://youtu.be/Wa0CH0D94BE>

Stay safe and well.

Best wishes,

Mandy Bearne



Our staff (and Banksy, Mr Lishman's cat) are working from home to provide remote learning and keeping the campus running!

Please follow us on:

Facebook (@BrookvaleGrobyLearningCampus)

or Twitter (@BrookvaleGroby)

Please note that important information will always be shared with parents by email, so if you are not on Twitter or Facebook then you will not miss anything crucial. Nevertheless we warmly welcome you to join our online community!



ACTION CALENDAR: MEANINGFUL MAY 2020



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

"Start Where You Are. Use What You Have.
Do What You Can" ~ Arthur Ashe



4 Focus on what you can do rather than what you can't do

5 Send friends a photo of a time you all enjoyed together

6 Take a step towards one of your life goals, however small

7 Let someone you love know how much they mean to you

1 Take a minute to remember what really matters to you and why

2 Do something meaningful for someone you really care about

3 Reconnect with nature today, even if you're stuck indoors

11 What are your most important values? Use them today

12 Be grateful for the little things, even in difficult times

13 Today do something to care for the natural world

14 Show your gratitude to people who are helping to make things better

15 Find out about the values and traditions of another culture

16 Look around you and notice five things you find meaningful

17 Take a positive action to help in your local community

18 Hand-write a note to someone you love and send them a photo of it

19 Find a way to craft what you are doing to give it more meaning

20 Reflect on what makes you feel really valued and appreciated

21 Share photos of 3 things you find meaningful or memorable

22 Ask a loved one or colleague what matters most to them and why

23 Share an inspiring quote with others to give them a boost

24 Do something special today and revisit it in your memory tonight

25 Give your time to help a project or charity you care about

26 Recall three things you've done that you are really proud of

27 Today link your decisions and choices to your purpose in life

28 Tell someone about an event in your life that was really meaningful

29 Think about how your actions make a difference for others

30 Find three good reasons to be hopeful about the future

31 Look up at the sky. Remember we are all part of something bigger

ACTION FOR HAPPINESS



www.actionforhappiness.org

31 actions to look after ourselves and each other as we face this global crisis together

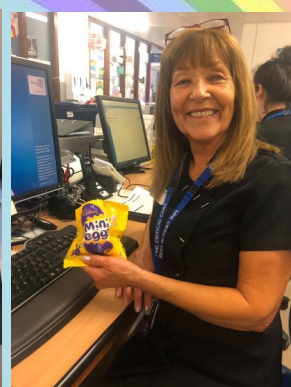
Keep Calm · Stay Wise · Be Kind

Picture messages from our fabulous staff:



BGLC donated 150 bags of Cadbury's Mini Eggs to the ITU department at the LRI and also delivered some to LOROS and Rainbows too!

BGLC appreciate everything the staff are doing on the frontline! Kerry-Anne Prosho; Senior Sister, Critical Care, at the LRI, said 'Thank you, they are going down a treat!'



RAINBOWS AND HEADBANDS

Mrs Beeston has been busy making glass rainbows as well as doing her school class work. She has also been making headbands for the NHS... a joint exercise; Mrs Beeston made them and her lovely 87 year old Mum sewed on all the buttons. Her Mum, a lady who was a child in World War 2, was happy to do her bit to support our NHS! Next project is masks, scrub bags and scrubs!

WELL DONE BOTH!




fsedesign
THE SCHOOL MARKETING COMPANY

An illustration of a school building with a brown roof and orange walls. A sign in the foreground reads: CLOSING DATE 5pm Friday 8th May 2020.

To enter, students simply need to take a photograph of their completed worksheet and email it to hello@fsedesign.co.uk and canderson@brookvalegroby.com alongside their full name, age and details of their school. *If pupils do not have a printer at home, FSE are more than happy to accept photographs of entries drawn on plain paper!*

The closing date is Friday 8th May at 5pm! Winners will be announced on Monday 11th May!

Stay Home. Keep Healthy. be Happy



Storm's don't Last Forever


A colorful rainbow background with the word 'NHS' written in large, stylized letters. The letters are decorated with text: 'N' has 'South Eastern' and 'NHS' on its left side and 'NHS' on its right side; 'H' has 'NHS' on its left side and 'NHS' on its right side; 'S' has 'NHS' on its left side and 'NHS' on its right side. There are also small drawings of people running and a star.

[illegible]

DESIGN COMPETITION

fse design
FOR SCHOOLS AND EDUCATION

Show your support and design your very own external banner, thanking the NIS and other key workers for their dedication! 5 Winners will have their design recreated and produced to proudly display on your school gates!



The graphic shows a school gate with a large banner hanging across it. The banner has the text 'KEY WORKERS' in large, colorful, block letters, followed by 'Thank You!' in a cursive script, and 'YOU ARE AWESOME!' in a smaller, stylized font. To the right of the text is a drawing of a rainbow. In the background, there is a drawing of a school building with a brown roof and orange walls, and a green lawn in front of it. The entire scene is set against a light blue sky.

KEY WORKERS'
Thank You!
YOU ARE AWESOME!

CLOSING DATE
Sun Friday
8th May 2020

Please send a photograph of your entry to hello@fseeducation.co.uk alongside your full name, age, school and town. 5 Winners will be selected and announced on **Monday 11th May**.

The name and school of the winners will be recorded as part of the announcement process but no other client data information will be shared with any parties. The winning entry will have their design recreated and produced as a 3m x 1m external cloth banner which will be displayed on the school's school gate.

Hana Khan aged 13

SCIENCE

Bringing the FUN into learning and her Google Team Meetings,
Ms Hawke pictured right - BGLC's very own fun loving Flintstone!

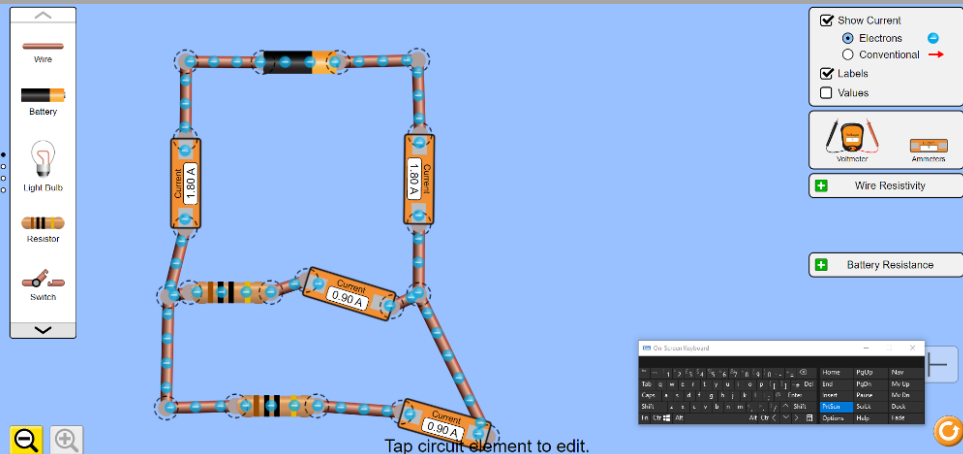


BGLC supports our NHS workers

In order to support the magnificent efforts of the NHS, the Science faculty at the BGLC were able to donate a lot of personal protective equipment, usually worn by students performing experiments in the science labs. All the new and unused equipment, including goggles, disposable gloves and plastic aprons were delivered to the NHS distribution centre at the start of lockdown. Even though our equipment is not medical grade it was most gratefully received.

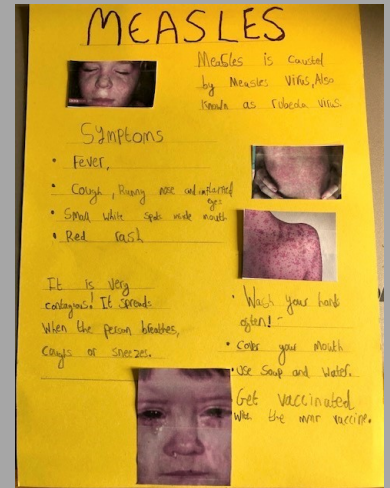


Examples of students' Science work whilst at home:

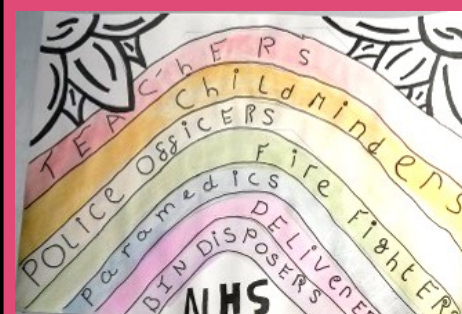
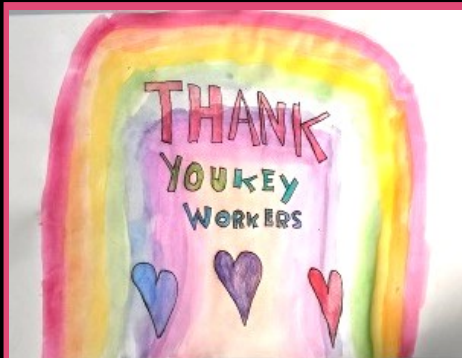


Circuit Construction Kit: DC - Virtual Lab

Circuit modelling is Lewis Benfield in Year 10



Poster by Joe Duff in Year 7



THANK YOU posters created by children in school during lockdown



Top left: Angel Darcy Year 7. Bottom left: Sam Unwin Year 8.
Above: Grace Unwin Year 10

SPORTING ACHIEVEMENTS!

Raising money and keeping fit was the perfect combination for these students:



Connor Evans

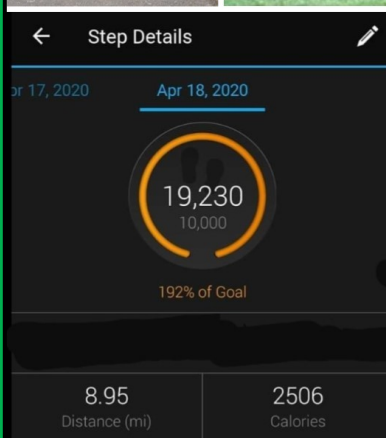
Connor Evans, Year 7, decided to take part in the 2.6 challenge on Sunday 26th April 2020, to try and raise money for the 'Fragile X Society'. This is a charity that is very close to his heart. He took on the mission of running 2.6 miles twice (5.2 miles), followed by a 26 mile bike ride along the outskirts of Leicestershire.

Throughout the day, updates and pictures were made on his JustGiving web page. This allowed people to support, follow and sponsor him on his journey.

In total he raised £556!

We are extremely proud of his efforts during such a difficult time and now he can look back and know he did something truly wonderful.

WELL DONE Connor!



Hannah Wozencroft

On 18th April, Year 9 student Hannah Wozencroft was supposed to do the LOROS Twilight Walk with her Mum, however, due to the lockdown, this was amended to the Twi-night In, where instead of the walk you had to do 10,000 steps, well she smashed it! She went for a 5K run in her LOROS vest in the morning, followed by taking part in the events live stream via YouTube, these included Zumba and Clubbersize!

Her target was to raise £100, she smashed that as well, her **total raised currently stands at £360!**

Hannah's gymnastics classes are also currently cancelled due to the social distancing measures, but it has not stopped her practicing in the garden!

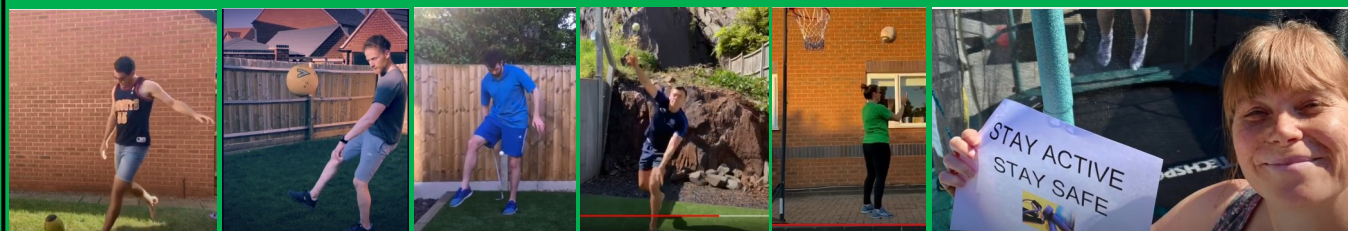
WELL DONE Hannah!

Check out the BGLC PE Team video message:

<https://youtu.be/5-xp2GTPYeY>

Stay Safe - Stay Active - Stay Strong - Keep Smiling - Work Hard and we'll get through this together!

#StayActive



BGLC takes on the "26 Challenge" in PE lessons

Sunday April 26th should have been the 40th London Marathon, a day when lots of money is raised through people running in the event for different charities. Due to the current pandemic and postponement of the event many charities are missing out on vital donations and money needed to keep the charities running. Due to this the "26 Challenge" was created, Mrs Wiles, who was meant to be running the London Marathon for LOROS, started her challenge by running 12.6km to LOROS and back, she then went on to cover 26 miles of running and rowing along with 260 repetitions of different exercises during the week. She also set her students the challenge to complete their own "26 Challenge" during PE lessons and WOW, what an amazing response she had. The students of BGLC have been fantastic, many miles have been run, bikes have been ridden and exercises have been performed. Mrs Wiles has thoroughly enjoyed receiving everyone's work, the videos and pictures have put a smile on her face and it has been fantastic to see you all being so active. Philip Chick and Joe Matthews have been keeping up their miles and speed whilst out running, still demonstrating speeds Mrs Wiles could only dream of! Whilst Holly Lowe, Georgia Peake, Grace Ryan, Matthew Ford and Theo Coats have been covering some amazing distances through their walking and running. Henri Herbert has completed his activities through the love of his cricket, Milie Thompson through her gymnastics, Phoebe Robinson through her skills on the trampoline, Ava Addison through her beautiful dance skills and Ben Cox has been imaginative with his abilities and used juggling as one of his challenges. Students such as Max Johnson and Iris Warwick have also been including their siblings in their challenges which is awesome, whilst others such as Elizabeth Lawrie and Olivia Ramsell have sent me pictures with their pets helping participating in challenges too, there have been so many, Mrs Wiles is unable to mention you all. Her classes have now been set a new challenge that is linked to the VE day 75th anniversary celebrations and she looks forward to receiving more videos and pictures of their work. **WELL DONE TO EVERYONE WHO TOOK PART!**



MESSAGES FROM POST 16 STUDENTS

Can I say that the online work and Google classroom teaching and video classes have been excellent. Thank you to everyone who has worked so hard on this to continue to support and help our children. I work in a school myself and know this can sometimes be a thankless task, so THANK YOU!

Me and Mum just wanted to say a huge thank you to you, Jo and the school. Your support is really appreciated.

Thank you, it's lovely to talk to you too and whenever I read your checking in emails, it always brightens my day!



Thank you for keeping up to date with me, I appreciate it a lot.

KINDNESS noun:

1. *The quality of being friendly, generous and considerate.*
2. *The ability to not let horrible viruses stop us from being good to one another.*

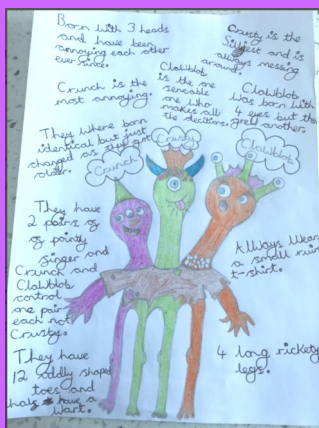
When you choose to be kind, you make someone else feel like they matter. After they receive your kindness, they will remember what you did. Then they will pass it on to someone else and that person will too. Soon the kindness makes its way around the world, all because you chose to be kind. Choosing to be kind to ourselves and others is the one thing we can control in a world that has been turned upside down. Let's keep being kind, even after things go back to normal.



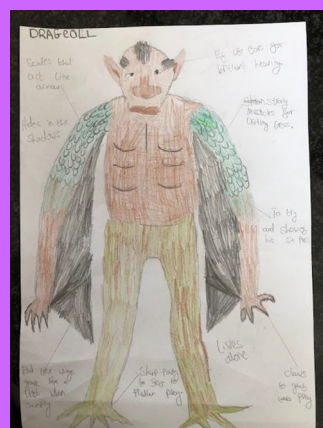
Becca Holmes, Year 12 has kept herself busy by painting her books and anything else she can find!
These look fantastic - well done Becca!

Mythical creatures from Year 7 students!

Year 7's have been busy on an independent illustration activity, where they have created their own mythical creature:



Molly



Joe



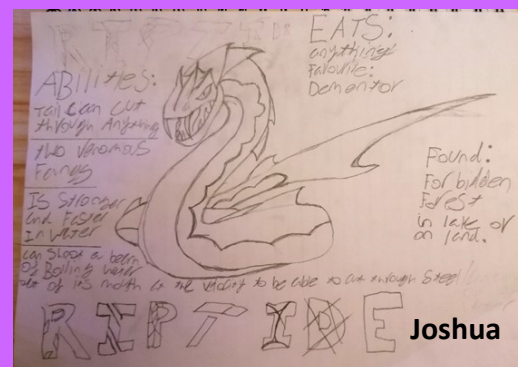
Sophie



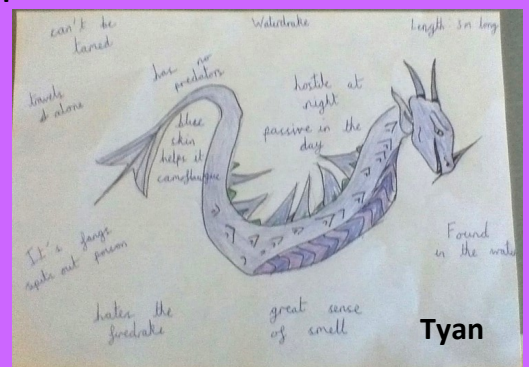
Will



Olivia



Joshua



Tyan

Year 7 Ruby Perry

Ruby Perry has written a story entitled 'Dream Connection', which is going to be published in a book of short stories by a local publisher. Ruby loves to read and write and the Youth Project she attends, suggested she wrote one. It was chosen to be included and the book is called 'Escape Reality' by @FuzzyFlamingoDesign. The book has been put together in lockdown, as reading is felt to be a really good form of distraction.

Her story is about a young girl who loses her mum and she has to move away, she begins to communicate through social media and is targeted by someone faking to be another girl of her age, who is actually a grown man. The girl gets to the point of almost meeting the man, but has a dream with her mum warning her to not always believe what is on the screen.



Ruby has also got through to the second stage of the 500 word CBBC writing competition! **WELL DONE RUBY!**



VE DAY 75TH ANNIVERSARY CELEBRATIONS

 8th May 2020

STAY AT HOME GARDEN PARTY

Dress up yourself
 and your house to celebrate
 75 years since victory in europe




www.francesstphensonnewborn.co.uk

More fabulous home cooking!



Bethany Eames Year 10



Callum Porter Year 7



Olivia Ramsell Year 8



Oliver Munn Year 9



George Wilson Year 9



Georgia Peake Year 7



Amelia Norton Year 7



Matt Johnson Year 8



**T-shirt Octopus designs
from our brilliant
Year 7, 8 & 9 students!**



**Some more amazing art work from our
Year 9 students' Oriental Art project!**

The MATHS TEAM miss you!



Theoretical and Experimental probability

Stop or dare:

The game stop or dare is a game where you set a target number e.g. 50 and keep placing cards till you reach the value you set. However if you get a king or ace your turn is over and the next person attempts to reach the target number. As I played this game I realised it is very hard to reach the target score, one because it is not easy to get an exact number and $\frac{2}{13}$ of the deck are kings or aces therefore you are often pulling a king or ace.

After a few attempts I changed the rules so kings are worth 13 and aces can be worth 1 or 11. This helped and got us closer to the number but the number was too small so I changed it to 100 which worked a lot better. This was a fun game but very hard unless you make changes.



Year 8's were asked to investigate and create their own games that involved probability.

Try Shayne Chandarana's probability 'Stop or Dare' game.



Year 7's were given some scenarios offering them different percentages of different amounts. Try and solve Annika Chouhan's puzzling percentages.



CAN YOU SOLVE THESE PUZZLING PERCENTAGES?

WOULD YOU RATHER HAVE:

88% OF £120

OR 33% OF £480

80% OF 45 SWEETS

OR 15% OF 355 SWEETS

60% OF 2 PIZZAS

OR 26% OF 5 PIZZAS

SIT IN A TRAFFIC JAM FOR 33% OF 2 HRS

OR 44% OF 1HR & 40 MINUTES

MADE BY ANNIKA CHOUHAN, YR 7

'QUARANTINE CABARET SHOW' performed by Year 12 Double Performing Arts and Media student

TYLER MARLOW

Below are a few snap shots from Tyler Marlow's dress rehearsal for his show he performed on 11th April.

About the show - **Tyler sang the hits of and impersonated Frank Sinatra, Andrew Strong, The Blues Brothers, Tom Jones, Gary Barlow, Tina Turner and Elvis Presley!**

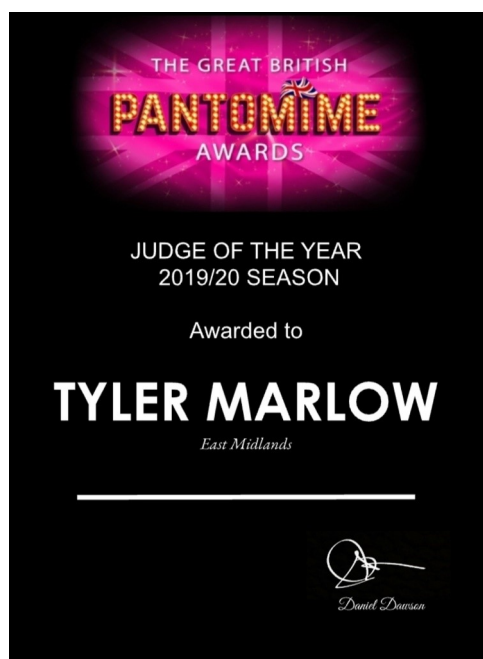
His show also included, pieces of stand up comedy, live music, impersonation and comedy songs!

Tyler thoroughly enjoyed creating and performing the show, he said:

"It was great fun and such a new experience to me! I am used to performing in front of large live audiences, but this time it was just me and a camera! I feel that during these tough times it is more important than ever to keep laughing and smiling, and hopefully this show does the trick! Thanks to everyone who tuned in, it truly was an honour."



WELL DONE TYLER - you surely are a 'One Man Show' in the making!



TYLER MARLOW AWARD WINNER!

Tyler has received an award on Thursday 30th April for:

Best Judge for the Great British Pantomime Awards 2019/20!

From November to February Tyler saw a large number of professional pantomime productions, reviewed them and went to a host of meetings and conferences.

The awards were meant to take place in London the first weekend in May, however due to the COVID-19 situation were cancelled. They happen every year and are a big part of the festive tradition!

WELL DONE TYLER!

GEOGRAPHY

Last term our Year 11 Geography students took part in an investigation into the sustainability of the 'New Lubbesthorpe' estate. They decided that the estate was, indeed, an example of sustainability.

As it turns out the planning team for the development have won an award over recent weeks for exactly that!

Well done!

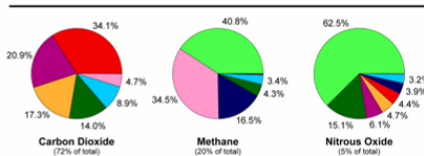
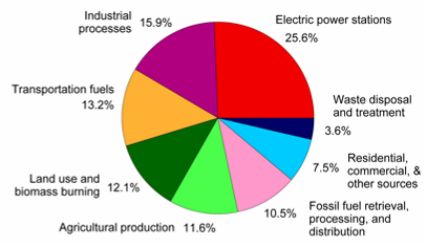


GREENHOUSE POSTERS

Year 8's have created posters about the greenhouse effect and climate change - due to the amount of words, some posters have just their images shown.

The Greenhouse Effect!!

Annual Greenhouse Gas Emissions by Sector

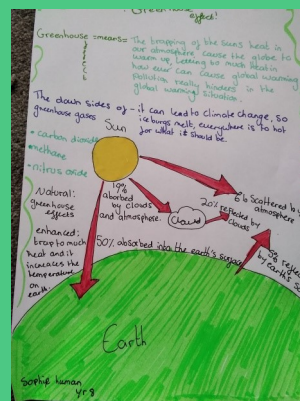


This is not okay! To protect our planet we all need to pull together and help each other or else earth will not exist. This is a very important matter even though there's so much going on in the world today like deadly diseases like coronavirus. This needs to be helped as soon as possible.

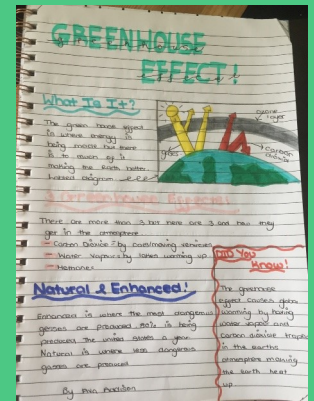
Reece Gridley



Evie Coombes



Sophie Human



Ava Addison

ADAPTING STAFF ROLES

Mrs Lovell, Attendance Officer at BGLC came in to the campus on Monday 4th May to help sort out the flower beds, taking weeds out etc. It's so lovely that everybody is adapting and helping out in different ways!

"We can't help everyone, but everyone can help someone."

Ronald Reagan

"Wherever there is a human being, there is an opportunity for a kindness."

Lucius Annaeus Seneca

"Be someone's sunshine when their skies are grey."






Andrea Reiser

If you want to make the world a better place, be kind in it.








TIPS FOR PARENTS AND CARERS

5 things you can do with 'you time'/'them time':

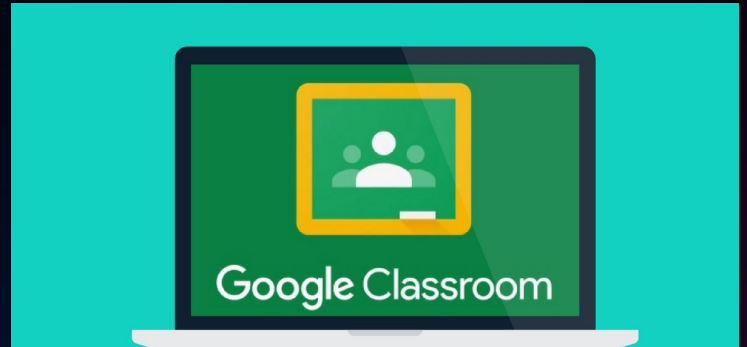
- 1. Do nothing.** Unless you're very lucky or very busy, then most of us have had to manage boredom, or will over the coming weeks - either our own or our children's. The internet is alive with thousands of ways we can kill time. However, maybe we are missing an opportunity to actually do nothing. We spend so much of our lives rushing around and we long for days where we can do nothing. Well, these are those days! If you find yourself with 'nothing' to do, don't be afraid to just do nothing. A valuable life skill for us all to learn (including our children) is the ability to be ok with nothing to do. There may well be huge challenges you are currently facing, besides the obvious. If this applies to you, there's even more reason to give yourself time and space to reflect.
- 2. Write a one-sentence diary.** Many people are using this time to write a diary so that they can look back on this time and recognise the significance. However, if diary writing doesn't sound like something you want to do, try writing a one-sentence diary. At the end of each day, write the date and one sentence. This sentence can be something you've done or something you felt; it can be positive or negative - it's totally up to you.
- 3. No complaints week.** Set yourself a challenge of not complaining for one whole week. So many things that we are used to being able to do we now can't. It's tempting to complain, but you'll soon realise that the people who are usually there to listen to us aren't there. Complaining, much like worrying, doesn't actually do anything and it very often makes us feel worse - especially when we are complaining about things that haven't actually happened yet. If you think you don't complain much, try this for a couple of days; you might be surprised.
- 4. Make an 'everything plan'.** As the title suggests, allocate time for everything you want to do today. Plan your work time, homeschool time, downtime, exercise time - plan it all. Why? Because we are far more likely to feel negatively about things when we don't have anything to do. It's very easy for lockdown days to pass without realising it, or drag on forever. With planning comes a feeling of control. You don't have to stick to the plan and the plan is allowed to change, but having a plan in the first place can help an otherwise daunting day feel manageable. Don't forget to plan to 'do nothing' too.
- 5. Opposite land.** We know what we are, what we like, what scares us, what delights us. Why not use this time to experiment? Many people are using this time to try new hobbies. Why not use this time to actually try and be a new version of you? If you are usually someone that organises everything, try being spontaneous. If you are usually late for everything, try being on time (you can't blame the traffic). If you never read, pick up a book and give it a go. We have the opportunity to do things we wouldn't normally do.

5 things you might want to try when you've just had enough - an isolation survival kit:

- 1. Waves.** Since this began, things have come in waves. Waves of fear, waves of kindness, waves of hope, waves of panic. We can't control what the next waves will be, or when they will come, but we can choose whether or not we react to them. Some of the waves we want to join, like clapping the NHS on Thursday nights. Others, we could have done without, like the panic buying wave or the wave of 'advice' via WhatsApp on the latest 'cure' and, of course, there is the daily wave of news. You can choose which wave you ride, or indeed whether you want to ride it at all. Pay attention to how you feel; if something about the latest wave bothers you, remember you have permission not to ride it.
- 2. Just be kind.** Let's keep being kind. Let's keep smiling at people. Let's keep trying to help others. Even if we're scared, even if we feel angry, even if we don't know if it's going to be alright. Maybe kindness is even more important than we thought. Before you do something, ask yourself if it's kind.
- 3. Lists.** Some people write lists for everything, others never do. Either way, try writing a different kind of list. Writing things down really does make us identify how we feel. Here are some ideas of things you could make lists about during lockdown:
 - Things you can do now because you have the time
 - Things you want to do when life gets back to normal
 - Things you want to do in the future
 - Things you want to tell people when you next see them in person
- 4. Big questions.** Each of us have our own feelings about what has happened over the past few months. One thing that connects all of us is that none of us really know what will happen next. If you're bored of asking the same questions, and having the same conversations, go big. Here are some ideas for conversation starters:
 - What things would you like to go back to normal?
 - What do you want to change after this is over?
 - What do you want to keep doing after this is over?
 - If you were Prime Minister, what would you do?
 - If you could choose only one of your possessions to be isolated with, what would you choose?
- 5. Something to look forward to.** On the days when things feel too much, or you feel out of control or so bored you want to scream, ask yourself a simple question: What am I looking forward to? Choose one thing, that one thing you can't wait to do when this is over.

HELP FOR PARENTS SUPPORTING THEIR CHILDREN WITH LEARNING

Many parents have now experienced four weeks of the challenge of how best to help children at home. It is a daunting prospect, but remember that teachers are continuing to provide learning programmes remotely. Students at Brookvale Groby will be able to find all their learning resources and activities on their Google Classrooms. They may even have 'live' lessons or recorded lessons on the Google Meets platform. Parents can instead focus on supporting learning during this period.



With this in mind, here are some tips:

Chunk the work:

Instead of watching over your child to keep them on task, begin each day with a conversation about the work to be completed and together agree regular slots for them to show you what has been achieved. In the conversation you can discuss any learning barriers and help remove them.

Reading:

Secondary students might have extensive reading material. Those who are not engaged or who require additional support may find listening to audio books helpful. A timetable or routine may help, ensuring a small section is read daily.

Social media:

It can provide a way of connecting learning between friends via a learning 'group' to discuss answers, or to share related resources. Be alert to the dangers but do note the positive impact of working together virtually.

Additional resources:

Students can supplement their studies with learning resources from a wide range of sources. BBC Bitesize is a good place to start.

Stay Positive:

Don't underestimate the importance of the role you are playing. See this as an opportunity to spend time together. Be flexible; stop when you need to and adjust accordingly.

"Kindness can become its own motive. We are made kind by being kind."

Eric Hoffer



18 30 DAYS OF KINDNESS DIARY

"Kindness begins with the understanding that we all struggle."

Charles Glassman



19 30 DAYS OF KINDNESS DIARY

"A single act of kindness throws out roots in all directions, and the roots spring up and make new trees."

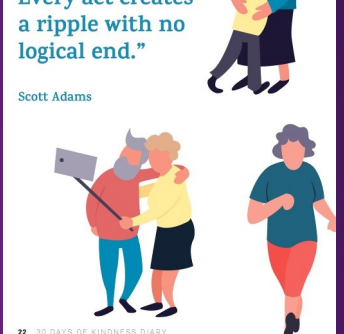
Amelia Earhart



20 30 DAYS OF KINDNESS DIARY

"Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end."

Scott Adams



22 30 DAYS OF KINDNESS DIARY