

Speech and Language



Colours

Touch something blue.
Touch something green.
Point to something yellow.

Vocabulary

Touch the dog kennel.
Touch the cat.
Point to the boy.
Touch the fence.

Two Step Direction

Touch a cloud, then a bird.
Point to the dog, then the girl.
Touch the cat, then the grass.
Point to the boy, then a frog.

Verbs

Touch the child who is holding a fishbowl.
Point to the child who is lying down.
Find the child who is sitting.

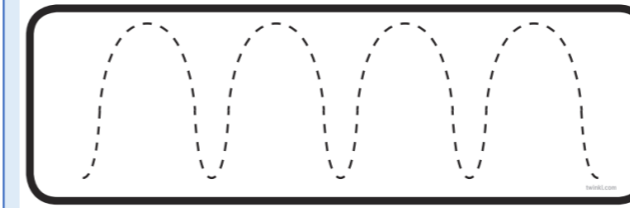
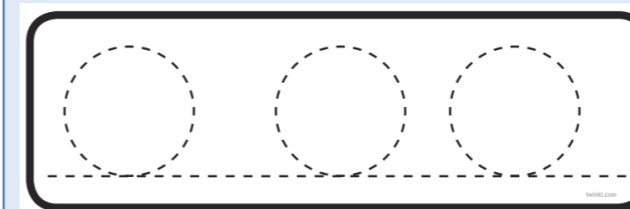
Challenge questions

What do you think is happening in this picture?
Which animal do you like the best? Why?

Fine motor skills

Practice your pencil control.

Ask an adult to copy these patterns on to a piece of paper. Can you follow the lines exactly with a different colour? Can you create some patterns of your own?



Shape Challenge

Pencil Control Activity

How many squares can you fit inside the square? _____



Gross Motor Skills / Physical activities



Click on this link to develop your Footwork Pattern skills at home <https://www.youtube.com/watch?v=lfra8pSPEhE>

Agility

Lay out 5 objects (e.g. socks) about a meter apart in a straight line.

Run in and out of the objects and then back to the start as quickly as you can.



Can you run in and out as quickly as you can and then back again?

Can you change/ create your own footwork patterns between the socks?

Can you add other movements?

Can you time yourself Beat your time?

Can you change the distance between the socks to make it easier or harder?

Can you put other objects in your line that you can safely jump over (a pillow), go under (a chair)

Can you create your very own obstacle course?