

## Fine Motor Skills

Can you make a picture from tearing strips of paper?



- Use paper with different textures and thickness, newspapers, thin cardboard, pages from catalogues etc.
- Let your child tear them into strips
- Draw outlines in various shapes with a pen and let them use the strips to make a picture and glue them on .
- Choose a topic like penguins and find the pictures in magazines or catalogues and tear them and glue them onto a different piece of paper.

## Working Memory

Create your own memory game?



This is an animal memory game but you can use things that interest your child and draw the pictures so you have two of each to play a pairs game.

Use the card from cereal packets to stick your pictures onto to make them stronger

## Sensory Play

Can you make a sensory squishy bag with support?



- You need a bottle of shower gel, a freezer bag, glitter shapes and glitter if you have them or you could cut up foil into little pieces and add some lentils.
- You do need to seal the bag with tape. The stronger the better. If you only have cello tape just wrap it round a number of times to get a good seal



Youtube link below to watch a sensory bag being made

<https://www.youtube.com/watch?v=-ZQzjp8YU>

- Put in your shapes and glitter first then the shower gel. It depends on the size of the bag as to whether you need to use a whole bottle of shower gel.
- Everyone can have fun making shapes with their fingers. Let your child use their hand to push and move the contents of the bag about.