

Listening skills - play musical statues/dance freeze

- Play music and when you stop the music everyone has to stop and stay as still as a statue. No smiling or laughing! When the music starts again everyone can start dancing. Repeat a number of times. How good can you get? There is a Youtube link below you can click on which does it all for you if you are interested.



<https://www.youtube.com/watch?v=2UcZWXvgMZE>

Independence skills

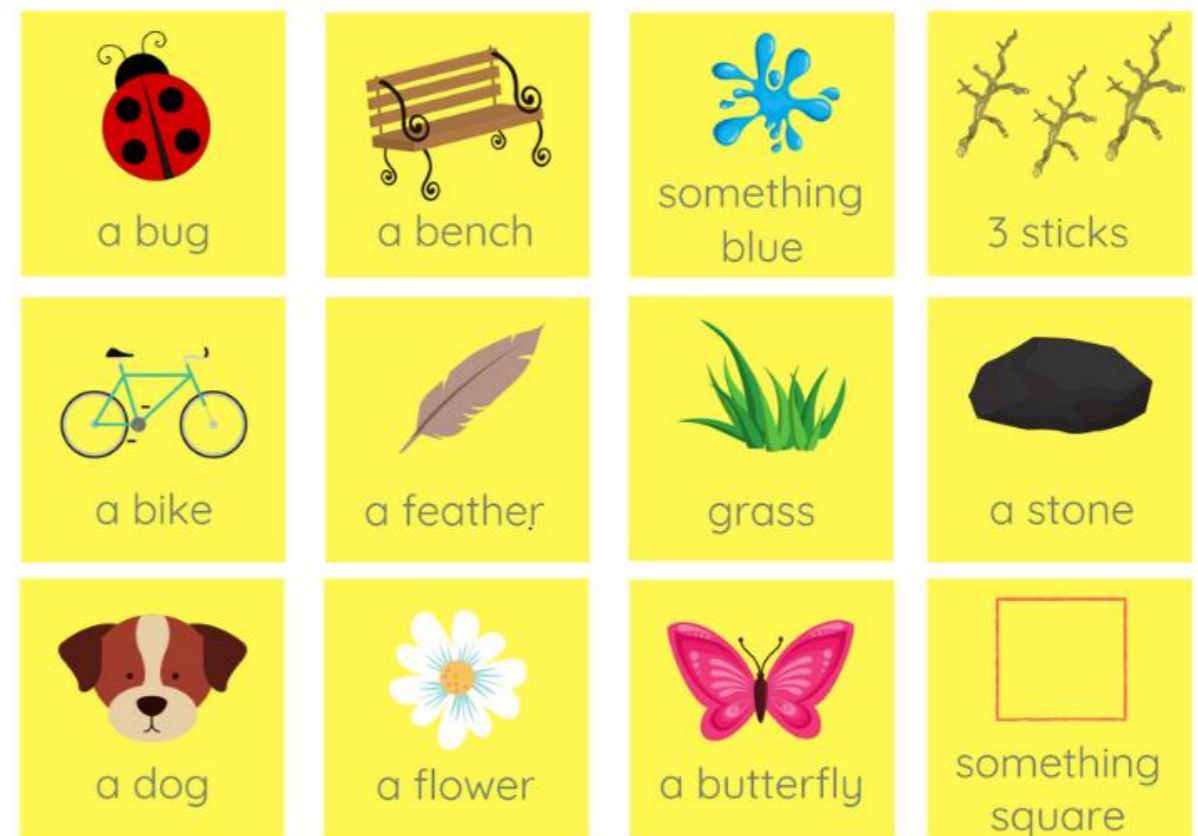


Making easy Fruit Ice Lollies without proper moulds or sticks with support

- Use paper or plastic cups or used and washed yoghurt pots.
- Make up some fruit squash as if you were going to drink it or fruit juice
- Pour the diluted squash mix into your lolly moulds, place cling film over the top and gently poke a hole through the wrap with the lolly pop stick.
- Leave in the freezer for one to two hours then wiggle the ice lolly out and enjoy.
- If you don't have any lolly pop sticks to hand you can try some rigid paper straws or a metal teaspoon will also do the trick.
- If you want something a little creamier, try sticking your stick through the top of your favourite yoghurt. Freeze for a few hours, then simply run the container under some warm water to loosen, peel back the lid and enjoy!

Attention and Concentration skills

Treasure Hunt – What can you see outside?



- Everyone can have a go at this. What can you see when you look out of the window? If you have a garden, what can you see when you are in the garden? If you go out for a walk, what can you see when you are out walking?