

What Sports Clubs can I join?

We have many extra curricular clubs before, during and after school that are very popular among the students at St Mary's College.

Here are just a few examples:

- BoxFit
- Table Tennis
- Football
- Rugby
- TeamFit
- Boccia
- Dodgeball
- Basketball
- Netball
- Gymnastics
- Trampolining

Why join a Sports Club?

There are many benefits to joining a Sport Club whilst at St Mary's College such as:

- Helps you make new friends
- Keeps you fit and active – health benefits
- Develop new skills and techniques
- Develop skills such as teamwork, communication, problem solving
- Fun
- Matches, competitions, tournaments
- Various levels of ability so you can play at a level that suits your needs
- Prizes and incentives



When do the clubs take place?

Our Sport Clubs run at various times throughout the day. We have 2 breakfast clubs, numerous lunchtime and after school clubs as well as fixtures and competitions running through the school day.

Do I have to play for a team or can I just play with friends?

There are plenty of opportunities to take part in matches, competitions or festivals at a level that suits you should you wish. If not, then you are more than welcome to attend a club socially and just to keep fit or make new friends.

