



# Am I ready for school?



Key skills that I can practise at home to help me prepare for school.

## Self-care and Independence

- I can wipe my nose
- I can wash and dry my hands
- I can put on/ take off my coat
- I am beginning to dress/ undress (this will help me in PE)
- I can put on and take off my shoes (velcro is best)
- I can use the toilet, wipe and flush



## Eating and Drinking

- I am beginning to use a knife and fork with greater independence
- I can open my own lunch box
- I can open and drink from my water bottle



## Playing with Others

- I can share toys
- I can take turns



## Speaking and Listening

- I can ask a grown up for help
- I can express my needs
- I can follow simple instructions

## Reading and Writing

- I can recognise my own name
- I enjoy listening to stories and rhymes



## Numbers

- I enjoy number rhymes
- I am beginning to recognise some numbers
- I enjoy counting activities

