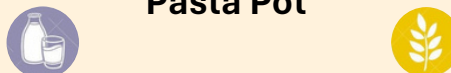
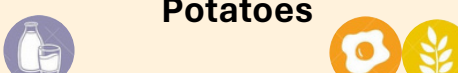
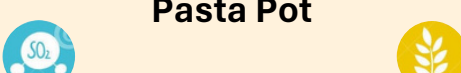


Astrea Academy Woodfields

Week One

Day	Main Meal	Vegetarian Option	Side Dishes	Grab & Go Options	Desserts
Monday	Cheese & Tomato Pasta Bake 	Roast Tomato Pasta 	Garden Peas Garlic Bread 	Jacket Potatoes Pizza Bagels Pasta Pot 	Homebakes Fruit Pots 
Tuesday	Sweet Chilli Chicken	Quorn Chilli 	Braised Basmati Rice Steamed Veg	Jacket Potatoes Sausage Rolls Pasta Pot 	Homebakes Fruit Pots 
Wednesday	Roast Pork Sausages 	Roast Quorn Sausages 	Seasonal Vegetables, Yorkshire Pudding, Mashed Potatoes 	Jacket Potatoes Jumbo Sausage Baguettes Pasta Pot 	Homebakes Fruit Pots 
Thursday	Homemade Beef Bolognese	Quorn Bolognese 	Penne Pasta Seasonal Vegetables 	Jacket Potatoes Flavoured Chicken Wings Pasta Pot 	Homebakes Fruit Pots 
Friday	Breaded Fish Fillet - Fish Cakes 	Roast Tomato Pasta Pot 	Baked Beans Chips Garden Peas	Jacket Potatoes Pasta Pot 	Homebakes Fruit Pots 

A Selection of Sandwiches, Baguettes & Wraps are served daily. Please see the Deli menu for options.

Menu may be subject to change due to produce deliveries

Astrea Academy Woodfields

Week Two

Day	Main Meal	Vegetarian Option	Side Dishes	Grab & Go Options	Desserts
Monday	Cottage Pie	Quorn Cottage Pie 	Seasonal Veg Gravy	Jacket Potatoes Cheese & Onion Slice Pasta Pot 	Homebakes Fruit Pots    
Tuesday	Chicken Stir Fry   	Mixed Vegetable Stir Fry   	Egg Noodles Seasonal Veg   	Jacket Potatoes Marinated Chicken Baguettes Pasta Pot 	Homebakes Fruit Pots    
Wednesday	Roast Gammon & Gravy	Roast Quorn Fillet 	Seasonal Veg, Yorkshire Pudding & Roast Potatoes   	Jacket Potatoes Pizza Bagel Pasta Pot 	Homebakes Fruit Pots    
Thursday	Homemade Beef Lasagne  	Homemade Quorn Lasagne   	Seasonal Veg Homemade Wedges	Jacket Potatoes Marinated Chicken Wings Pasta Pot 	Homebakes Fruit Pots    
Friday	Southern Fried Chicken Fillet Burger  	Breaded Veggie Burger 	Garden Peas Baked Beans Chips	Jacket Potatoes Pasta Pot 	Homebakes Fruit Pots    

A Selection of Sandwiches, Baguettes & Wraps are served daily. Please see the Deli menu for options.

Menu may be subject to change due to produce deliveries

Day	Main Meal	Vegetarian Option	Side Dishes	Grab & Go Options	Desserts
Monday	Ham, Cheese & Onion Quiche   	Cheese & Tomato Quiche   	New Potatoes Seasonal Veg	Jacket Potatoes Bacon Baguettes Pasta Pot 	Homebakes Fruit Pots    
Tuesday	Homemade Chicken Pie  	Roast Vegetable Pie 	Seasonal Vegetables Steamed Potatoes	Jacket Potatoes Pizza Bagels Pasta Pot  	Homebakes Fruit Pots    
Wednesday	Roast Chicken & Gravy	Roast Quorn Fillet & Gravy 	Mixed Veg, Yorkshire Pudding & Roast Potatoes   	Jacket Potatoes Sausage Rolls Pasta Pot 	Homebakes Fruit Pots    
Thursday	Chicken Curry 	Veg Curry	Steamed Rice Naan Bread 	Jacket Potatoes Marinated Chicken Wings Pasta Pot 	Homebakes Fruit Pots    
Friday	Breaded Fish Fillet - Fish Cakes  	Roast Tomato Pasta Pot 	Mushy Peas Chips Baked Beans	Jacket Potatoes Pasta Pot 	Homebakes Fruit Pots    

A Selection of Sandwiches, Baguettes & Wraps are served daily. Please see the Deli menu for options.

Menu may be subject to change due to produce deliveries

Astrea Academy Woodfields

Allergen List



Eggs



Lupin



Sulphites



Fish



Crustaceans



Nuts



Milk



Soya



Gluten



Sesame



Celery



Peanuts



Molluscs



Mustard