

Astrea Academy Woodfields Lunch Menu



Family Dining



DAY

MAINS

VEGETARIAN

SIDES

DESSERTS

**MEAT FREE
MONDAY**

Roast Tomato Pasta



Vegetable Pasta Bake



**Seasonal Vegetables
Garlic Bread**



**Fresh Fruit
Homebakes**



TUESDAY

**Sweet Chilli Chicken
Stir Fry**



Vegetable Stir Fry



Whole Grain Rice

**Fresh Fruit
Homebakes**



WEDNESDAY

**Roast Chicken Sausage &
Roast Potatoes**



**Roast Quorn Sausage &
Roast Potatoes**



**Seasonal Vegetables
Yorkshire Pudding
Gravy**



**Fresh Fruit
Homebakes**



THURSDAY

Turkey Bolognese

Homemade Vegetable Curry

**Naan Bread
Rice
Penne Pasta**



**Fresh Fruit
Homebakes**



FRIDAY

Breaded Fish or Fishcake



**Jacket Potato With A Choice
Of Filling**

**Baked Beans
Garden Peas
Chips**



Please make the kitchen team aware of any allergies you have

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**MEAT FREE
MONDAY**

Macaroni Cheese



Macaroni Cheese



Seasonal Veg
Garlic bread



Fresh Fruit
Homebakes



TUESDAY

Chicken Fajitas



Vegetable Fajitas



Seasonal Vegetables

Fresh Fruit
Homebakes



WEDNESDAY

Roast Chicken Sausage &
Roast Potatoes



Roast Quorn Sausage
& Roast Potatoes



Seasonal Vegetables
Yorkshire Pudding
Gravy



Fresh Fruit
Homebakes



THURSDAY

Beef Bolognese

Homemade Vegetable Curry

Naan Bread
Wholegrain Rice
Pasta



Fresh Fruit
Homebakes



FRIDAY

Chicken Burger In A Bun



Veggie Burger In A Bun



Beans
Garden Peas
Chips

Fresh Fruit
Homebakes



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DESSERTS

**MEAT FREE
MONDAY**

Build Your Own Jacket Potato

Build Your Own Jacket Potato

**Salad - Tuna Mayo
Baked Beans - Cheese**

**Fresh Fruit
Homebakes**



TUESDAY

**Crispy Chicken & Mixed Pepper
Stir Fry**

Mixed Vegetable Stir Fry

Seasonal Vegetables

**Fresh Fruit
Homebakes**



WEDNESDAY

Roast Pork Sausages & Gravy

Roast Quorn Sausages & Gravy

**New Potatoes
Yorkshire Pudding
Veg**

**Fresh Fruit
Homebakes**



THURSDAY

Homemade Curry

Homemade Vegetable Curry

**Naan Bread
Basmati Rice**

**Fresh Fruit
Homebakes**



FRIDAY

**Homemade
Beef Chilli**

Quorn Chilli

**Seasonal Vegetables
Rice**

**Fresh Fruit
Homebakes**



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Allergens



Eggs



Lupin



Sulphites



Fish



Shellfish



Nuts



Milk



Soya



Gluten



Sesame



Celery



Peanuts



Crustaceans



Mustard