

# Astrea Academy Woodfields Lunch Menu

## Family Dining



**DAY**

**MAINS**

**VEGETARIAN**

**SIDES**

**DESSERTS**

**MEAT FREE  
MONDAY**

**Roast Tomato Pasta**



**Vegetable Pasta Bake**



**Seasonal Vegetables  
Garlic Bread**



**Fresh Fruit  
Homebakes**



**TUESDAY**

**Sweet Chilli Chicken  
Stir Fry**



**Vegetable Stir Fry**



**Whole Grain Rice**

**Fresh Fruit  
Homebakes**



**WEDNESDAY**

**Roast Chicken Sausage &  
Roast Potatoes**



**Roast Quorn Sausage &  
Roast Potatoes**



**Seasonal Vegetables  
Yorkshire Pudding  
Gravy**



**Fresh Fruit  
Homebakes**



**THURSDAY**

**Turkey Bolognese**

**Homemade Vegetable Curry**

**Naan Bread  
Rice  
Penne Pasta**



**Fresh Fruit  
Homebakes**



**FRIDAY**

**Breaded Fish or Fishcake**



**Jacket Potato With A Choice  
Of Filling**

**Baked Beans  
Garden Peas  
Chips**



**Please make the kitchen team aware of any allergies you have**

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**MEAT FREE  
MONDAY**

Macaroni Cheese



Macaroni Cheese



Seasonal Veg  
Garlic bread



Fresh Fruit  
Homebakes



**TUESDAY**

Chicken Fajitas



Vegetable Fajitas



Seasonal Vegetables

Fresh Fruit  
Homebakes



**WEDNESDAY**

Roast Chicken Sausage &  
Roast Potatoes



Roast Quorn Sausage  
& Roast Potatoes



Seasonal Vegetables  
Yorkshire Pudding  
Gravy



Fresh Fruit  
Homebakes



**THURSDAY**

Beef Bolognese

Homemade Vegetable Curry

Naan Bread  
Wholegrain Rice  
Pasta



Fresh Fruit  
Homebakes



**FRIDAY**

Chicken Burger In A Bun



Veggie Burger In A Bun



Beans  
Garden Peas  
Chips

Fresh Fruit  
Homebakes



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**DESSERTS**

**MEAT FREE  
MONDAY**

Build Your Own Jacket Potato

Build Your Own Jacket Potato

Salad - Tuna Mayo  
Baked Beans - Cheese

Fresh Fruit  
Homebakes



**TUESDAY**

Crispy Chicken & Mixed Pepper  
Stir Fry

Mixed Vegetable Stir Fry

Seasonal Vegetables

Fresh Fruit  
Homebakes



**WEDNESDAY**

Roast Pork Sausages & Gravy

Roast Quorn Sausages & Gravy

New Potatoes  
Yorkshire Pudding  
Veg

Fresh Fruit  
Homebakes



**THURSDAY**

Homemade Curry

Homemade Vegetable Curry

Naan Bread  
Basmati Rice

Fresh Fruit  
Homebakes



**FRIDAY**

Homemade  
Beef Chilli

Quorn Chilli

Seasonal Vegetables  
Rice

Fresh Fruit  
Homebakes



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# Allergens



**Eggs**



**Lupin**



**Sulphites**



**Fish**



**Shellfish**



**Nuts**



**Milk**



**Soya**



**Gluten**



**Sesame**



**Celery**



**Peanuts**



**Crustaceans**



**Mustard**