## Astrea Academy Woodfields Lunch Menu







DAY

MEAT FREE MONDAY

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 

**MAINS** 

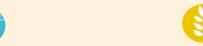
**Roast Tomato Pasta** 



Sweet Chilli Chicken Stir Fry



Roast Chicken Sausage & Roast Potatoes



**Turkey Bolognese** 

SO2

Breaded Fish or Fishcake



**VEGETARIAN** 



Vegetable Stir Fry



Roast Quorn Sausage & Roast Potatoes



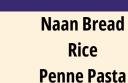
Jacket Potato With A Choice Of Filling SIDES

Seasonal Vegetables
Garlic Bread



**Whole Grain Rice** 

Seasonal Vegetables Yorkshire Pudding Gravy



Baked Beans Garden Peas Chips **DESSERTS** 

Fresh Fruit Homebakes





Fresh Fruit Homebakes





Fresh Fruit Homebakes





Fresh Fruit Homebakes





Fresh Fruit Homebakes





Please make the kitchen team aware of any allergies you have

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DAY

**MEAT FREE MONDAY** 

**TUESDAY** 

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**THURSDAY** 

**FRIDAY** 

**MAINS** 

**Build Your Own Jacket Potato** 

**Crispy Chicken & Mixed Pepper Stir Fry** 



**Roast Pork Sausages & Gravy** 



**Homemade Curry** 

**Homemade Beef Chilli** 

**VEGETARIAN** 

**Build Your Own Jacket Potato** 

**Mixed Vegetable Stir Fry** 





**Roast Quorn Sausages & Gravy** 



**Homemade Vegetable Curry** 

**Quorn Chilli** 



**SIDES** 

Salad - Tuna Mayo **Baked Beans - Cheese** 







**New Potatoes Yorkshire Pudding** 

Veg





**Naan Bread Basmati Rice** 



**Seasonal Vegetables** Rice

**DESSERTS** 

**Fresh Fruit Homebakes** 





Fresh Fruit **Homebakes** 





**Fresh Fruit** Homebakes





**Fresh Fruit Homebakes** 





**Fresh Fruit Homebakes** 





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## Allergens



Eggs



Lupin



**Sulphites** 



Fish



**Shellfish** 



Nuts



Milk



Soya



Gluten



Sesame



Celery



**Peanuts** 



Crustaceans



Mustard