

Astrea Academy Woodfields

Lunch Menu Week 1



DAY	MAINS	VEGETARIAN	SIDES	ALTERNATIVES	DESSERTS
MEAT FREE MONDAY	Roast Tomato Pasta 	Vegetable Pasta Bake  	Seasonal Vegetables Garlic Bread   	Jacket Potato With A Choice Of Filling / Pasta Option  	Fresh Fruit Homebakes    
TUESDAY	Sweet Chilli Chicken Stir Fry   	Vegetable Stir Fry   	Wholegrain Rice	Jacket Potato With A Choice Of Filling / Pasta Option  	Fresh Fruit Homebakes    
WEDNESDAY	Roast Chicken Sausage & Roast Potatoes  	Roast Quorn Sausage & Roast Potatoes 	Seasonal Vegetables Yorkshire Pudding Gravy   	Jacket Potato With A Choice Of Filling / Pasta Option  	Fresh Fruit Homebakes    
THURSDAY	Turkey Bolognese	Homemade Vegetable Curry	Naan Bread Rice Penne Pasta 	Jacket Potato With A Choice Of Filling / Pasta Option  	Fresh Fruit Homebakes    
FRIDAY	Breaded Fish or Fish Cake  	Jacket Potato With A Choice Of Filling	Beans / Peas Chips	Jacket Potato With A Choice Of Filling / Pasta Option  	Fresh Fruit Homebakes    

Please make the kitchen team aware of any allergies you have

Astrea Academy Woodfields

Lunch Menu Week 2



DAY	MAINS	VEGETARIAN	SIDES	ALTERNATIVES	DESSERTS
MEAT FREE MONDAY	Macaroni Cheese  	Macaroni Cheese  	Seasonal Vegetables Garlic Bread   	Jacket Potato With A Choice Of Filling / Pasta Option  	Fresh Fruit Homebakes    
TUESDAY	Chicken Fajitas 	Vegetable Fajitas 	Seasonal Vegetables	Jacket Potato With A Choice Of Filling / Pasta Option  	Fresh Fruit Homebakes    
WEDNESDAY	Roast Chicken Sausage & Roast Potatoes  	Roast Quorn Sausage & Roast Potatoes 	Seasonal Vegetables Yorkshire Pudding Gravy   	Jacket Potato With A Choice Of Filling / Pasta Option  	Fresh Fruit Homebakes    
THURSDAY	Beef Bolognese	Homemade Vegetable Curry	Naan Bread Rice Pasta 	Jacket Potato With A Choice Of Filling / Pasta Option  	Fresh Fruit Homebakes    
FRIDAY	Chicken Burger In A Bun    	Veggie Burger In A Bun  	Beans / Peas Chips	Jacket Potato With A Choice Of Filling / Pasta Option  	Fresh Fruit Homebakes    

Please make the kitchen team aware of any allergies you have

Astrea Academy Woodfields

Lunch Menu Week 3



DAY	MAINS	VEGETARIAN	SIDES	ALTERNATIVES	DESSERTS
MEAT FREE MONDAY	Jacket Potato With A Choice Of Filling	Jacket Potato With A Choice Of Filling	Baked Beans Tuna Mayonnaise Cheese Salad	Pasta Option	Fresh Fruit Homebakes
TUESDAY	Crispy Chicken & Mixed Pepper Stir Fry	Mixed Vegetable Stir Fry	Seasonal Vegetables	Jacket Potato With A Choice Of Filling / Pasta Option	Fresh Fruit Homebakes
WEDNESDAY	Roast Pork Sausage & Gravy	Roast Quorn Sausage & Gravy	Seasonal Vegetables Yorkshire Pudding New Potatoes	Jacket Potato With A Choice Of Filling / Pasta Option	Fresh Fruit Homebakes
THURSDAY	Homemade Curry	Homemade Vegetable Curry	Naan Bread Basmati Rice	Jacket Potato With A Choice Of Filling / Pasta Option	Fresh Fruit Homebakes
FRIDAY	Beef Chilli	Quorn Chilli	Rice Seasonal Vegetables	Jacket Potato With A Choice Of Filling / Pasta Option	Fresh Fruit Homebakes

Please make the kitchen team aware of any allergies you have

Allergens



Eggs



Lupin



Sulphites



Fish



Shellfish



Nuts



Milk



Soya



Celery



Sesame



Celery



Peanuts



Crustaceans



Mustard