



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1 Fundamentals : Unit 1	Ball Skills : Unit 1 Dance : Unit 1	Introduction to PE : Unit 2 Fundamentals : Unit 2	Ball Skills : Unit 2 Gymnastics : Unit 1	Games : Unit 1 Games : Unit 2	Dance : Unit 2 Gymnastics : Unit 2
Reception	Introduction to PE : Unit 1 Fundamentals : Unit 1	Ball Skills : Unit 1 Dance : Unit 1	Introduction to PE : Unit 2 Fundamentals : Unit 2	Ball Skills : Unit 2 Gymnastics : Unit 1	Games : Unit 1 Games : Unit 2	Dance : Unit 2 Gymnastics : Unit 2
Year 1	Ball Skills Target Games	Fundamentals Dance	Fitness Sending and Receiving	Gymnastics Yoga	Athletics Team Building	Invasion Games Striking and Fielding Games
Year 2	Ball Skills Target Games	Fundamentals Dance	Fitness Sending and Receiving	Gymnastics Yoga	Athletics Team Building	Invasion Games Striking and Fielding Games
Year 3	Rugby Netball	Parkour Dance	Hockey Dodgeball	Yoga Tennis	Athletics Rounders	Gymnastics Golf
Year 4	Rugby Netball	Parkour Dance	Hockey Dodgeball	Yoga Tennis	Athletics Rounders	Gymnastics Golf
Year 5	Rugby Netball	Parkour Dance	Hockey Dodgeball Swimming	Yoga Badminton Y5/6 Swimming	Athletics Rounders	Gymnastics Golf
Year 6	Rugby Netball	Parkour Dance	Hockey Dodgeball	Yoga Badminton Y5/6	Athletics Rounders	Gymnastics Golf