

Week Commencing;  
07/09/26 28/09/26 19/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS      VEGETARIAN MAIN MEALS

|                                                                                                          |                                                                                                                             |
|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <b>MONDAY</b><br>Beef & Lentil Bolognaise with Pasta & House Salad                                       | <b>MONDAY</b><br>Plant Based Bolognaise with Pasta & House Salad (V)                                                        |
| <b>TUESDAY</b><br>Bang Bang Chicken with Soy & Mixed Rice                                                | <b>TUESDAY</b><br>Bang Bang Eat Curious with Soy & Mixed Rice (V)                                                           |
| <b>WEDNESDAY</b><br>Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & Roast House Gravy | <b>WEDNESDAY</b><br>Vegetable ‘Squashage’ Roll with Crispy Roasties, Seasonal Vegetables & Roast House Gravy (V)            |
| <b>THURSDAY</b><br>Chicken Tikka & Chickpea Masala, Braised Rice & Kachumber Salad                       | <b>THURSDAY</b><br>Cauliflower, Courgette & Chickpea Rosti with Braised Rice, Kachumber Salad & Minted Yoghurt Dressing (V) |
| <b>FRIDAY</b><br>Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce      | <b>FRIDAY</b><br>Vegan Chickpea & Coriander Burger with Fries (VE)                                                          |

DESSERTS

| MONDAY                               | TUESDAY                    | WEDNESDAY          | THURSDAY           | FRIDAY                             |
|--------------------------------------|----------------------------|--------------------|--------------------|------------------------------------|
| Spiced Pineapple Cake                | Chocolate & Banana Brownie | Sticky Ginger Cake | Oaty Apple Crumble | Hot Chocolate Rocky Road & Custard |
| Fruit and Jelly Pots Available Daily |                            |                    |                    |                                    |

JACKET POTATOES  
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MADE  
YOUR  
WAY!

CHOOSE IT!  
ADD IT!  
TOP IT!

Switch up your flavours with our street food-inspired range, available Tuesday to Thursday. With weekly rotating choices, there’s always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what’s on offer each week

| NATURally                    |                           |                                                    |                                                         |                              |
|------------------------------|---------------------------|----------------------------------------------------|---------------------------------------------------------|------------------------------|
| MONDAY                       | TUESDAY                   | WEDNESDAY                                          | THURSDAY                                                | FRIDAY                       |
| Vegan Singapore Noodles (VE) | The Big Plant Burger (VE) | Roasted Butternut, Sweetcorn & Chipotle Pasta (VE) | Maple & Chilli Cauliflower Wings with Cajun Wedges (VE) | Garlic & Chilli Noodles (VE) |

| TRATTORIA             |                      |                               |                    |                  |
|-----------------------|----------------------|-------------------------------|--------------------|------------------|
| MONDAY                | TUESDAY              | WEDNESDAY                     | THURSDAY           | FRIDAY           |
| Pasta in Cheese Sauce | Tomato & Basil Pasta | Margherita or Pepperoni Pizza | Creamy Pesto Pasta | Margherita Pizza |

Week Commencing;  
24/08/26 14/09/26 05/10/26 26/10/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS      VEGETARIAN MAIN MEALS

|                                                                                                     |                                                                                                          |
|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| <b>MONDAY</b><br>Halal Chicken Sausage (Beef Casing) & Mashed Potatoes with Onion Gravy             | <b>MONDAY</b><br>Vegan BBQ Boston Bean Sausage Casserole & Mash (VE)                                     |
| <b>TUESDAY</b><br>Cajun Chicken, Tomato & Sweetcorn Wholewheat Pasta Bake with House Salad          | <b>TUESDAY</b><br>Lentil & Chickpea Dahl with Roasted Tikka Cauliflower & Steamed Rice (V)               |
| <b>WEDNESDAY</b><br>Roast Breast of Turkey, Crisp Roasties, Seasonal Vegetables & Roast House Gravy | <b>WEDNESDAY</b><br>Cheese & Potato Pie with Roast Potatoes, Seasonal Vegetables & Roast House Gravy (V) |
| <b>THURSDAY</b><br>Sweet & Sour Chicken with Carrot Rice                                            | <b>THURSDAY</b><br>Crunchy French Onion & Leek Macaroni Cheese with House Salad (V)                      |
| <b>FRIDAY</b><br>Chip Shop "Fryday" Fish, Salmon Fishcake or Pizza with Chips, Peas & Tartare Sauce | <b>FRIDAY</b><br>Vegan Moroccan Spiced Butternut Squash Pasty with Chips & Peas (VE)                     |

DESSERTS

| MONDAY                                | TUESDAY                      | WEDNESDAY                    | THURSDAY             | FRIDAY         |
|---------------------------------------|------------------------------|------------------------------|----------------------|----------------|
| Chocolate Sponge with Chocolate Sauce | Pear & Apple Orchard Crumble | Cocoa Bread & Butter Pudding | Jam & Coconut Sponge | Apple Traybake |
| Fruit and Jelly Pots Available Daily  |                              |                              |                      |                |

JACKET POTATOES  
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



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| NATURally                      |                           |                                                         |                           |                              |
|--------------------------------|---------------------------|---------------------------------------------------------|---------------------------|------------------------------|
| MONDAY                         | TUESDAY                   | WEDNESDAY                                               | THURSDAY                  | FRIDAY                       |
| Garlic and Chilli Noodles (VE) | Singapore Fried Rice (VE) | Lentil & Chickpea Dahl with Crispy Bombay Potatoes (VE) | The Big Plant Burger (VE) | Vegan Singapore Noodles (VE) |

| TRATTORIA             |                      |                               |                    |                  |
|-----------------------|----------------------|-------------------------------|--------------------|------------------|
| MONDAY                | TUESDAY              | WEDNESDAY                     | THURSDAY           | FRIDAY           |
| Pasta in Cheese Sauce | Tomato & Basil Pasta | Margherita or Pepperoni Pizza | Creamy Pesto Pasta | Margherita Pizza |

Week Commencing;  
31/08/26 21/09/26 12/10/26

CLASSIC HOT & HEARTY

| CLASSIC MAIN MEALS                                                                                                          | VEGETARIAN MAIN MEALS                                                                                                                            |
|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>MONDAY</b></p> <p>Mexican Beef Nacho Pasta Bake</p>                                                                   | <p><b>MONDAY</b></p> <p>No Waste Cauliflower Cheese Pasta Bake (V)</p>                                                                           |
| <p><b>TUESDAY</b></p> <p>BBQ Chicken with Salt 'n' Pepper Wedges, Asian Slaw &amp; Garden Peas</p>                          | <p><b>TUESDAY</b></p> <p>Chipotle Quorn Dippers with Salt 'n' Pepper Wedges, Asian Slaw &amp; Garden Peas (V)</p>                                |
| <p><b>WEDNESDAY</b></p> <p>Lemon &amp; Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables &amp; Roast House Gravy</p> | <p><b>WEDNESDAY</b></p> <p>Roasted Vegetable &amp; Chickpea Pastry Roll with Crisp Roasties, Seasonal Vegetables &amp; Roast House Gravy (V)</p> |
| <p><b>THURSDAY</b></p> <p>Fragrant Lemon &amp; Herb Chicken with Spicy Rice</p>                                             | <p><b>THURSDAY</b></p> <p>Hot Maple &amp; Cajun Quorn Fillet with Spicy Rice (V)</p>                                                             |
| <p><b>FRIDAY</b></p> <p>Chip Shop "Fryday" Fish, Pizza or Fishcake &amp; Chips with Peas and Tartare Sauce</p>              | <p><b>FRIDAY</b></p> <p>Crispy Chickpea &amp; Vegetable Pakora Burger with Mango Slaw, Chips &amp; Peas (V)</p>                                  |

DESSERTS

| MONDAY              | TUESDAY                     | WEDNESDAY                                     | THURSDAY                 | FRIDAY                             |
|---------------------|-----------------------------|-----------------------------------------------|--------------------------|------------------------------------|
| Sticky Lemon Sponge | Mixed Berry & Apple Crumble | Chocolate & Whole Banana Puff Pastry Pinwheel | Nut Free Bakewell Sponge | Hot Chocolate Rocky Road & Custard |

Fruit and Jelly Pots Available Daily

JACKET POTATOES  
Topped with a Choice of: Cheese, Tuna or Beans Available Daily



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|------------------------------|---------------------------|----------------------------------------|----------------------------------------------|------------------------------|
| MONDAY                       | TUESDAY                   | WEDNESDAY                              | THURSDAY                                     | FRIDAY                       |
| Vegan Singapore Noodles (VE) | The Big Plant Burger (VE) | Pesto Pasta with Roasted Tomatoes (VE) | Onion Bhaji Skewer with Bombay Potatoes (VE) | Garlic & Chilli Noodles (VE) |

TRATTORIA

| MONDAY                | TUESDAY              | WEDNESDAY                     | THURSDAY           | FRIDAY           |
|-----------------------|----------------------|-------------------------------|--------------------|------------------|
| Pasta in Cheese Sauce | Tomato & Basil Pasta | Margherita or Pepperoni Pizza | Creamy Pesto Pasta | Margherita Pizza |