

# **PE Curriculum Map**

#### Year 7

These activities will rotate throughout the year.

Boys	Games	Rugby	Swimming	Netball	Tennis	Basketball
	PE	Trampolining	Badminton	Table Tennis	Athletics	Cricket /
Girls	Games	Netball	Indoor Hockey	Swimming	Athletics	Tennis
	PE	Badminton	Table Tennis	Trampolining	Rounders	Cricket

#### Year 8

These activities will rotate throughout the year.

Boys	Games	Rugby	Swimming	Netball	Tennis	Basketball
	PE	Trampolining	Badminton	Table Tennis	Athletics	Cricket
Girls	Games	Netball	Indoor Hockey	Swimming	Athletics	Tennis
	PE	Badminton	Table Tennis	Trampolining	Rounders	Cricket

#### Year 9

These activities will rotate throughout the year.

Boys	Games	Rugby	Football	Netball	Summer Rotation
	PE	Trampolining	Badminton	Table Tennis	Flag Football, Volleyball,
					Basketball, Rounders,
					Cricket, Tennis
Girls	Games	Football	Netball	Indoor Hockey	Summer Rotation
	PE	Badminton	HRE	Trampolining	Rounders, Flag Football,
					Volleyball, Tennis, Cricket,
					Table Tennis

### Year 10

These activities will rotate throughout the year.

Boys	Football	Table Tennis	Badminton	Trampolining	Cricket	Tennis
Girls	Netball	Trampolining	HRE	Badminton	Tennis	Rounders

#### Year 11

These activities will rotate throughout the year.

Boys	Football	Table Tennis	Badminton	Trampolining	Cricket
Girls	Netball	Trampolining	HRE	Badminton	Tennis

## **Exam Courses**

	А	utumn	Spri	ng	Sum	nmer
Year 10	Component	Component 1 &	COMPONENT 1:	COMPONENT	COMPONENT 1:	COMPONENT 2:
BTEC	1 & 2 Prep	2 Prep	Preparing	1: Preparing	Preparing	Taking Part and
Tech			Participants to	Participants to	Participants to	Improving Other
			Take Part in	Take Part in	Take Part in	Participants'
			Sport and	Sport and	Sport and	Sporting
			Physical Activity	Physical	Physical Activity	Performance
				Activity		
Year 10	Skeletal	Muscular	Respiratory	Long and	Physical	Injury and Injury
GCSE	System	System	System	Short Term	Training	Prevention
		Cardiovascular		Effects of		
		System		Exercise		

	Αι	utumn	Spri	ng	Summer
Year 11	COMPONEN	COMPONENT 2:	COMPONENT 3:	COMPONENT	COMPONENT 3:
BTEC	T 2: Taking	Taking Part and	Developing	3: Developing	Developing
Tech	Part and	Improving Other	Fitness to	Fitness to	Fitness to
	Improving	Participants'	Improve Other	Improve Other	Improve Other
	Other	Sporting	Participants	Participants	Participants
	Participants'	Performance	Performance in	Performance	Performance in
	Sporting		Sport and	in Sport and	Sport and
	Performanc		Physical Activity	Physical	Physical Activity
	е			Activity	
Year 11	Socio-	Sports	Health, Fitness	Coursework –	Exam
GCSE	cultural	Psychology	and Wellbeing	NEA	Preparation
	Influences			Performance	
				Analysis	

	Autumn		Spri	ng	Summer	
Year 12	Body	Sports Coaching	Sport	Performance	Practical Sport	Yr13 -
Camb	Systems		Organisation	Analysis		Biomechanics
Tech						
Year 12	Anatomy	Physiology	Skill Acquisition	Sport in	Performance	Written
A level				Society	Coursework	Coursework

	Autumn Sp		ing	Summer		
Year 13 Camb	Health and Safety	Fitness Testing	Sports Events	Sports Injuries	Exercise for Specific Groups	
Tech						
Year 13	Biomechani	Skill Acquisition	Sport In Society	Written and	Psychology	
A level	cs			Practical		
				Coursework		
				Submission		