WEEK COMMENCING

V - Vegetarian **VE - Vegan**

06/01/2025 27/01/2025 17/02/2025 10/03/2025 31/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Lemon & Herb Piri Piri Chicken served with Spicy Rice

TUESDAY

Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY

Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Creamy Chicken Korma served with Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Piri Piri Quorn served with Macho Peas and Spicy Rice (V)

TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY

Roasted Squash & Feta Pie served with Seasonal Vegetables or Salad (V)

THURSDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetables (V)

FRIDAY

Crispy Onion Pakora Burger with Mango Chutney & Garden Peas (VE)









MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Buffalo Cauliflower Wings on Salt & Pepper Wedges (VE)

Chicken Yakitori with Rice

Loaded Potato Skins

Garlic & Lemon

Chicken Gyros

MONDAY **TUESDAY**

Pakistani Tarka Vegan Singapore Dhal Noodles (VE) (VE)

Vegan Ramen Bowl (VE)

WEDNESDAY

The Big Plant Burger (VE)

THURSDAY

Garlic & Chilli Noodles (VE)

FRIDAY

DESSERTS

MONDAY **TUESDAY**

WEDNESDAY

THURSDAY

FRIDAY

with Vanilla sauce

Apple Strudel & Custard

Chocolate Sponge & Chocolate Sauce Pear & Cocoa

Fruit, Jelly & **Yoghurt Pots**

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily**

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily**







MONDAY

TUESDAY

WEDNESDAY

THURSDAY FRIDAY

Tomato & Basil Pasta

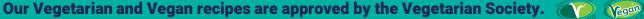
Pasta in a Cheese Sauce Margherita Pizza or Pepperoni Pizza

Tomato & Basil Pasta

Margherita Pizza







WEEK COMMENCING

V - Vegetarian VE - Vegan

13/01/2025 03/02/2025 24/02/2025 17/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Traditional Sausage & Mash with Onion Gravy

TUESDAY

Creamy Garlic Chicken & Mushroom Pasta served with Garden salad

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY

Terriyaki Beef Served with Carrot Rice

FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY

No Waste Cauliflower Cheese Pasta Bake

WEDNESDAY

Cheese, Leek & Potato Pie (V)

THURSDAY

Chinese Vegetable Stir Fry (V)

FRIDAY

Quorn 1/4lb'er served with Ranch Slaw, Chips & Peas (V)









MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FRIDAY

Terriyaki Chicken Wings with Chahan Rice

Korean Fried Crispy Chicken Chipotle Chicken Chimichanga

Mei Goreng Indonesian Fried Noodles

MONDAY

Reggae Reggae **Jackfruit Curry** (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Jerk Jackfruit Open Wrap (VE)

THURSDAY

The Big Plant Garlic & Chilli Burger Noodles (VE) (VE)

DESSERTS

MONDAY

Apple Pie &

Custard

TUESDAY

Peach &

Pineapple

WEDNESDAY

Sticky Lemon

Sponge &

Custard

THURSDAY

Baked Churros with Chocolate Sauce

Fruit, Jelly &

FRIDAY

yoghurt Pots

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily**

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily**

TRATTORIA





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Tomato & Basil Pasta

Creamy Pesto Pasta

Margherita Pizza or Pepperoni Pizza

Pasta in Cheese Sauce

Margherita Pizza





WEEK COMMENCING

V - Vegetarian VE - Vegan

20/01/2025 10/02/2025 03/03/2025 24/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

WEDNESDAY

Salt & pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Makhani Curry with Braised Pilau Rice

FRIDAY

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY

Asian Vegetable, Soya Bean & noodle Stir Fry (V)

TUESDAY

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Smashed Butternut Squash Mac and Cheese with Slaw & Garden Salad (V)

THURSDAY

Egg Plant Katsu Curry (V)

FRIDAY

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & peas (V)









MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Loaded Mediterranean Street Cart Wedges

Chicken Yakatori with Vegetable Rice

Korean Fried Crispy Chicken

Chinese Style Vegan Noodle (VE)

MONDAY

Fork Friendly

Falafel Kebab

 (\vee)

Vegan Singapore Noodles

(V)

TUESDAY

WEDNESDAY

Spiced Paneer & Red Onion Naan (\vee)

THURSDAY

Onion Bhaji Garlic & Chilli Skewer with Noodles

Potatoes (VE)

Bombay

DESSERTS

MONDAY

Banana Pudding

and Custard

TUESDAY

Warm Blueberry

WEDNESDAY

Sticky Toffee

Pudding with

Caramel Sauce

THURSDAY

with Vanilla Sauce

Apple & Mixed Berry Crumble

Fruit, Jelly & Yoghurt Pots

FRIDAY

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD **Available Daily**

JACKET POTATOES Topped with a Choice of: Cheese, **Tuna or Beans Available Daily**

TRATTORIA 3





FRIDAY

(VE)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Tomato & Basil Pasta

Creamy Pesto Pasta

Mozzarella & Tomato or Pepperoni Cheese &

Tomato Pizza

Pasta in Cheese Sauce

Margherita Pizza



