






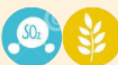









# Astrea Academy Sheffield Secondary

## Lunch Menu Week 1














DAY	MAINS	VEGETARIAN	SIDES	VEGETABLES	DESSERTS
MONDAY	Halal Sausage Roll 	Vegetarian Sausage Roll 	Garlic Roasted Potatoes	Seasonal Steamed Vegetables	Lemon Sponge Cake 
TUESDAY	Chicken and Vegetable Gyros 	Spiced Vegetable Gyros 	Minted Yoghurt 	Mixed Salad	Chocolate Chip Flapjack 
WEDNESDAY	Chicken Sausage Casserole in Caramelised Onion Gravy 	Glamorgan Vegetarian Sausage Casserole in Caramelised Onion Gravy 	New Potatoes	Garden Peas and Sweetcorn	Traditional Shortbread 
THURSDAY	Roasted Vegetable & Sweet Potato Curry	Roasted Vegetable & Sweet Potato Curry	Naan Bread 	Braised Spiced Steamed Rice	Chocolate Brownie 
FRIDAY	BBQ Chicken Breast Burger in a Bun 	Veggie Burger in a Bun 	Chips Pineapple Habanero Hot Sauce	Mixed Salad	Homemade Cookie 

Fresh Fruit is available every day.  
Please make the kitchen team aware of any allergies you have

# Astrea Academy Sheffield Secondary

## Lunch Menu Week 2



DAY	MAINS	VEGETARIAN	SIDES	VEGETABLES	DESSERTS
MONDAY	Slow Cooked Beef Bolognese	Homemade Vegetable Ragu	Garlic Bread Penne Pasta 	Seasonal Steamed Vegetables	Vanilla Sponge Cake  
TUESDAY	Chicken & Mixed Vegetable Fajita 	Vegetable Fajita 	Tortilla Wrap 	Braised Spiced Steamed Rice	Homemade Flapjack 
WEDNESDAY	Spicy Tuna Pasta Bake   	Vegetable Pasta Bake  	Steamed Garden Peas	Sweetcorn	Warming Winter Ginger Sponge  
THURSDAY	Roasted Vegetable Curry	Roasted Vegetable Curry	Naan Bread 	Spiced Braised Rice	Fresh Fruit Salad
FRIDAY	Beef Chilli Nachos  	Spicy Vegetable Nachos  	Grated Cheddar Cheese 	Fresh mixed Salad	Homemade Cookie    

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## Lunch Menu Week 3



DAY	MAINS	VEGETARIAN	SIDES	VEGETABLES	DESSERTS
MONDAY	Spicy Chicken Curry	Spicy Vegetable Curry	Cumin & Spinach Pilau Rice	Spinach	Chocolate Sponge Cake  
TUESDAY	Piri Piri Chicken Noodles      	Spiced Vegetable Noodles   	Steamed Coriander Sweetcorn	Steamed Coriander Sweetcorn	Homemade Flapjack 
WEDNESDAY	Spicy Meatballs in Tomato Sauce	Spicy Vegetable Pasta	Penne Pasta 	Steamed Lemon & Olive Oil Green Beans	Homemade Shortbread 
THURSDAY	Fish Fingers  	Crispy Vegetable Fingers 	Roasted Rosemary New Potatoes	Steamed Garden Peas	Chocolate & Beetroot Brownie  
FRIDAY	BBQ Chicken Breast Burger in a Bun 	Veggie Burger in a Bun  	Chips Pineapple Habanero Hot Sauce	Mixed Salad	Homemade Cookie    

Fresh Fruit is available every day.  
Please make the kitchen team aware of any allergies you have