

AAS Primary Autumn Menu 2025

Week 1



DAY	MAINS	PASTA	SIDES	DESSERTS
MONDAY	Butter Chicken  	Roast Tomato Pasta 	Pilau Rice Coconut Yoghurt  	Strawberry & White Chocolate Cake    
TUESDAY	Beef Tagine 	Tuna & Sweetcorn Pasta  	Lemon Couscous Beetroot Hummus 	Fresh Fruit
WEDNESDAY	Chicken Biryani 	Macaroni Cheese  	Raita Mango Chutney  	Biscoff Cake   
THURSDAY	Thai Red Chicken & Sweet Potato Curry	Creamy Red Pepper Pasta  	Steamed Rice	Flapjack 
FRIDAY	Homemade Tomato Soup  	Cheddar & Broccoli Pasta  	Homemade Bread Roll  	Old School Cake  

Seasonal Vegetables/Mixed Salad served daily
Jacket Potatoes with Cheese and/or Baked Beans served daily

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Week 2



DAY	MAINS	PASTA	SIDES	DESSERTS
MONDAY	Beef Bolognese 	Tomato Pasta 	Homemade Garlic Bread 	Flapjack 
TUESDAY	Tofu, Chickpea & Lentil Dal   	Pepperoni Pasta 	Mint Yoghurt Homemade Focaccia  	Fresh Fruit
WEDNESDAY	BBQ Beef Noodles, Spring Onion & Sriracha    	Macaroni Cheese  	Seasonal Veg/Mixed Salad	Banana & Chocolate Chip Loaf    
THURSDAY	Coconut & Ginger Fish Curry    	Fajita Pasta  	Pilau Rice Crispy Onions 	Chocolate Cake  
FRIDAY	Beef Chilli	Creamy Red Pepper Pasta  	Rice Sour Cream Nacho Chips  	Old School Cake  

Seasonal Vegetables/Mixed Salad served daily

Jacket Potatoes with Cheese and/or Baked Beans served daily

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Week 3

DAY	MAINS	PASTA	SIDES	DESSERTS
MONDAY	Beef Keema 	Roast Tomato Pasta 	Raita Spicy Bombay Potatoes  	Flapjack 
TUESDAY	Chickpea Masala	Cheddar & Broccoli Pasta  	Homemade Flatbread Pilau Rice  	Fresh Fruit
WEDNESDAY	Slow Cooked Beef Stifado 	Macaroni Cheese  	Lemon & Oregano Potatoes Tzatziki 	Apple & Maple Cake  
THURSDAY	BBQ Beef   	Roast Tomato Gnocchi    	Spicy Mayo Crispy Onions Rice  	Biscoff Cake   
FRIDAY	Chicken Sausage & Gravy  	Cheddar Pasta  	Mashed Potatoes Yorkshire Pudding Pea Puree/Gravy   	Chocolate Cake  

Seasonal Vegetables/Mixed Salad served daily
Jacket Potatoes with Cheese and/or Baked Beans served daily