

PE CURRICULUM 2023-24	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	Y10 OCR SS	Y11 OCR SS
TERM 1	BADMINTON NETBALL RUGBY	RUGBY NETBALL HANDBALL FOOTBALL	RUGBY NETBALL BADMINTON FOOTBALL TRAMPOLINING	TRAMPOLINING HANDBALL BADMINTON RUGBY FOOTBALL	OPTIONS FITNESS FOOTBALL BADMINTON TRAMPOLINE	R181	R182
TERM 2	OAA FOOTBALL BADMINTON TRAMPOLINING	OAA FOOTBALL BADMINTON TRAMPOLINING RUGBY	OAA FOOTBALL BADMINTON TRAMPOLINING RUGBY	OAA BADMINTON TRAMPOLINING RUGBY TABLE TENNIS	OPTIONS FITNESS FOOTBALL BADMINTON TRAMPOLINE	R181	R182 & R180
TERM 3	BADMINTON HANDBALL FOOTBALL	FOOTBALL BADMINTON TRAMPOLINING DANCE	FOOTBALL TABLE TENNIS BADMINTON DANCE TRAMPOLINING	BADMINTON FOOTBALL DANCE TRAMPOLINING	OPTIONS FITNESS FOOTBALL BADMINTON TRAMPOLINE DANCE	R181	R180



**NETHERWOOD
ACADEMY**

Astrea Academy Trust

INSPIRING BEYOND MEASURE

TERM 4	HRE BADMINTON HANDBALL FOOTBALL	HRE FOOTBALL BADMINTON TRAMPOLINING DANCE	HRE FOOTBALL TABLE TENNIS BADMINTON DANCE TRAMPOLINING	HRE BADMINTON FOOTBALL DANCE TRAMPOLINING	OPTIONS FITNESS FOOTBALL BADMINTON TRAMPOLINE/D ANCE	R181	R180
TERM 5	ATHLETICS	ATHLETICS	ATHLETICS	ATHLETICS	ROUNDERS CRICKET LONG BALL TENNIS	R182	
TERM 6	ROUNDERS CRICKET TENNIS	ROUNDERS CRICKET TENNIS	ROUNDERS CRICKET TENNIS	ROUNDERS CRICKET TENNIS		R182	