

# Lower Meadow Autumn Menu 2025

## Week 1





























DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Vegetable Lasagne   	Cheese & Onion Pasty  	Mixed Salad Homemade Bread 	Cheese Tuna Egg    	Chocolate Marble Sponge with Custard   
TUESDAY	Chicken & Tomato Pasta 	Veg Chilli	Seasonal Vegetables Steamed Rice	Cheese Tuna Egg    	Shortbread Biscuit 
WEDNESDAY	Roast Chicken	Quorn Fillet 	Yorkshire Pudding Mashed Potatoes Gravy Veg   	Cheese Tuna Egg    	Fruit Jelly
THURSDAY	Beef Burger in a Bun    	Veggie Burger in a Bun  	Potato Wedges Sweetcorn	Cheese Tuna Egg    	Vanilla Cheesecake  
FRIDAY	Breaded Fish Fingers  	Cheese & Tomato Quiche   	Chips Baked Beans Garden Peas	Cheese Tuna Egg    	Ice Cream 

Jacket Potatoes, Fresh Salads, Fruit and Yoghurt Served Daily

# Lower Meadow Autumn Menu 2025

## Week 2



DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Macaroni Cheese  	Vegetable Noodle Stir Fry   	Homemade Bread Mixed Salad 	  Cheese Tuna Egg  	Apple Flapjack & Custard  
TUESDAY	Chicken in Vegetable & Tomato Sauce  	Mixed Vegetable Fajitas  	Seasonal Veg Steamed Rice	  Cheese Tuna Egg  	Lemon Sponge Cake  
WEDNESDAY	Roast Chicken Sausage  	Roast Quorn Sausages 	Mashed Potatoes Garden Peas Yorkshire Pudding Gravy   	  Cheese Tuna Egg  	Fruit Jelly
THURSDAY	Chicken Tikka Masala	Chickpea & Sweet Potato Curry	Seasonal Veg Steamed Rice	  Cheese Tuna Egg  	Pinwheel Shortbread 
FRIDAY	Breaded Fish Fingers  	Sweetcorn Fritters   	Baked Beans Sweetcorn Chips	  Cheese Tuna Egg  	Ice Cream 

Jacket Potatoes, Fresh Salads, Fruit and Yoghurt Served Daily

# Lower Meadow Autumn Menu 2025

## Week 3



DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Cheese & Tomato Pizza  	Cheese & Bean Pasty  	Homemade Wedges Mixed Salad	Cheese Tuna Egg    	Coconut Sponge & Custard   
TUESDAY	Beef Meatballs in Tomato Sauce   	Cheese Pasta Bake  	Penne Pasta Seasonal Veg Homemade Bread 	Cheese Tuna Egg    	Fruit Jelly
WEDNESDAY	Roast Chicken	Veggie Cottage Pie  	Yorkshire Pudding Mashed Potatoes Gravy Veg   	Cheese Tuna Egg    	Carrot Cake  
THURSDAY	Chilli Beef Burrito  	Mexican Veg Burrito  	Seasonal Veg Steamed Rice	Cheese Tuna Egg    	Chocolate Chip Cookies   
FRIDAY	Breaded Fish Fingers  	Veggie Hot Dogs    	Sweetcorn Baked Beans Chips	Cheese Tuna Egg    	Ice Cream 

Jacket Potatoes, Fresh Salads, Fruit and Yoghurt Served Daily