## **LONGSANDS ACADEMY**

# enviens programme me

## Autumn Term 2 - 2025

|           | Before School<br>08.00-08.30   | Lunchtime<br>13.20   | After School<br>15.15-16.00/16.30   |
|-----------|--|--|---|
| Monday    | <ul><li>Breakfast Club</li><li>All Years - New Hall - Miss Ralph</li></ul> | <ul> <li>Composition Clinic</li> <li>Y10/11 - K4 - Mr Parkes</li> <li>Chess Players</li> <li>All Years - N2.8 - Mr Fraser</li> </ul>   | <ul> <li>Netball Club (mixed)</li></ul>   |
| Tuesday   | <ul><li>Breakfast Club</li><li>All Years - New Hall - Miss Ralph</li></ul> | <ul> <li>Pride Group         All Years - K1</li> <li>Karaoke Club         All Years - K4 - Mr Parkes</li> <li>Language Leaders         Y10 - H3 - Mrs Fengler</li> </ul>   | ● Badminton/Pickleball Club (mixed) Sixth Form & Y10/11   |
| Wednesday | <ul><li>Breakfast Club</li><li>All Years - New Hall - Miss Ralph</li></ul> | <ul><li>Christian Union</li><li>All Years - N2.4 - Mr Fraser</li></ul>   | <ul> <li>Basketball Club (mixed)</li></ul>  |
| Thursday  | Breakfast Club     All Years - New Hall - Miss Ralph                       | <ul> <li>Longsands Voices</li> <li>All Years - K4 - Mr Parkes</li> <li>Art Club</li> <li>KS3 - E3.2 - Miss Samels</li> </ul>   | <ul> <li>STEM Club</li> <li>All Years - G11 - Mrs Sparrow</li> <li>Hockey Club (mixed)</li></ul>  |
| Friday    | Breakfast Club  All Years - New Hall - Miss Ralph                          | <ul> <li>Senior Voices</li> <li>Y10-13 - K4 - Mr Parkes</li> <li>FIFA Tournament</li> <li>KS3 - N1.10 - Mr Parkes</li> <li>Craft Club</li> <li>Y7 - G11 - Mrs Sparrow</li> <li>Crochet Club</li> <li>Mrs Boston</li> </ul> | <ul> <li>Fitness Suite Club (mixed)         <ul> <li>First 30 scholars only</li> </ul> </li> <li>Trampolining Club (mixed)         <ul> <li>Y10/11</li> </ul> </li> </ul> |

### **CATEGORIES:**

| Sports and Physical Health  | Aimed at developing resilience, self-esteem, collaboration and fitness  |  |
|-----------------------------|---|--|
| Wellbeing and Mental Health | Aimed at developing mental wellness, resilience, self-esteem, collaboration, communication and calmness                             |  |
| Expanding Horizons          | Opportunities to develop a range of skills: teamwork, communication, problem solving, work ethic, flexibility, interpersonal skills |  |
| Creativity and The Arts     | Aimed at developing confidence, communication, creativity, self-esteem and critical thinking  |  |
| Additional Study            | Aimed at supporting scholars, with embedding and expanding their current skills and understanding in a range of subject areas       |  |

### **DESCRIPTIONS:**

**GCSE Music Composition Clinic -** Help and guidance offered to GCSE Music scholars who would like extra support with composition tasks. Open to all GCSE Music scholars

Karaoke Club - Enjoy singing solos? Release your inner Taylor Swift and pop along to our friendly, inclusive Karaoke Club! Open to Years 7-9.

**Longsands Voices -** Enjoy singing in a group? Come along to Longsands Voices! Open to Year 7-9, we aim to build confidence when singing in a group and to rehearse towards concerts and shows throughout the year.

**Longsands Band -** If you are an instrumentalist and are currently having lessons on your musical instrument (in or out of school) we would love to invite you to play in our band. Speak to Mr Parkes for more information if you would like to join.

**Music Technology Club -** If you would like to explore some of the music software in greater depth, this if for you! We will complete a range of projects using music software including how to use the studio to record sound and how to become a 'producer' of music.

Craft Club - Open to Year 7 scholars, Craft Club is a fun and creative experience, where you can unleash your creativity whilst learning.

**Pride Group -** These sessions will create a safe, inclusive space for our scholars to connect and express yourself.

**STEM Club -** Explore science, technology, engineering and maths!

Language Leaders - Available for Year 10 scholars interested in Modern Foreign Language.