

# Welcome to Year 11



# **Longsands Class of 2028**





# 

- 545 hours of learning
- 86 maths lessons
- 64 option subject lessons

# **SLT Roles & Responsibilities**

Executive Principal: Mr Bray

VP: Behaviour & Attitudes
Mr Corcoran

AP: Outcomes Mrs Lloyd VP: Scholar experience Mr Blake

AP: Behaviour Mr Hood AP: Attendance Mr Milne AP: T & L Miss Doolan AP: Pastoral Mr Smy AP: SENDCO Mrs Davies

HOY Miss Hiom Associate AP: Teacher training Mrs Hills

DSL Miss Isaac Mission

 All Longsands scholars can learn, thrive and lead successful lives. We have a powerful culture of high expectations and demand excellent behaviour from all students, with no exceptions. We believe it is our job to redouble our efforts to help all young people overcome any barriers to being successful.

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• Our core values are the bedrock of our culture and the essence of our collective identity. They underpin a positive and inclusive environment, guide individuals to embody integrity, compassion, and purpose and ignite a passion for excellence. They are at the heart of every action and conversation at Longsands.



Culture

At Longsands we have a strong vibrant culture
which fosters a learning environment that is both
joyful and rigorous. It cultivates a positive,
predictable, and safe school atmosphere
conducive to academic success and which fosters a
strong sense of belonging. It must be clearly
articulated, understood and frequently reinforced.

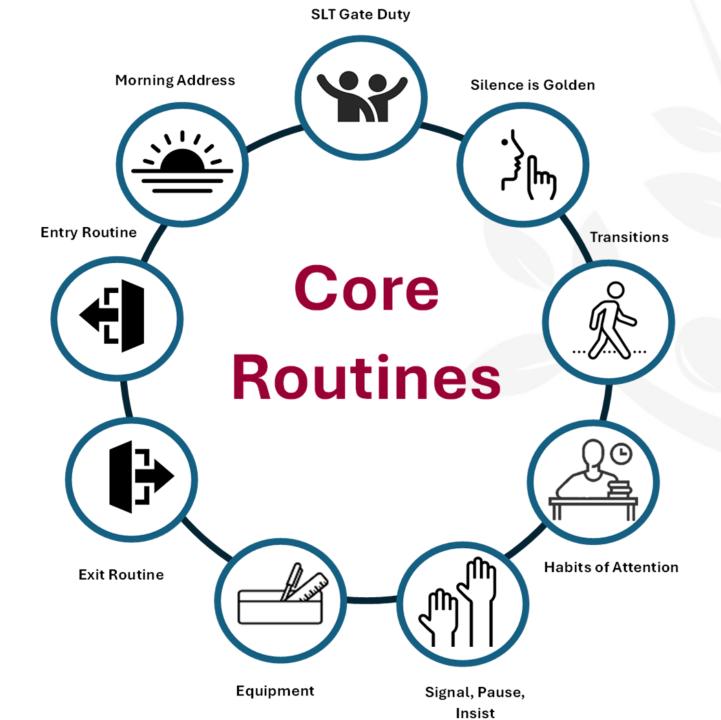


# Aspirations

# Routines

# Consistency

Curriculum





Science of Learning Cognitive Spaced Overload Learning **Working Memory** Attention **Environment** Learning Remembering **Long Term Memory** Forgotten Retrieval Fluency Practice

# **Lessons at Longsands**



#### **Core Routines**

Entry & exit routines

Desk layout & 'do nows'

Retrieval practice

**Habits of Attention** 

Focus in 3-2-1

**Modelling & Scaffolding** 

Visualizer

**Checking Understanding** 

Tackling misconceptions

**Means of Participation** 

Increasing ratio



# Improving Fluency: accelerating progress

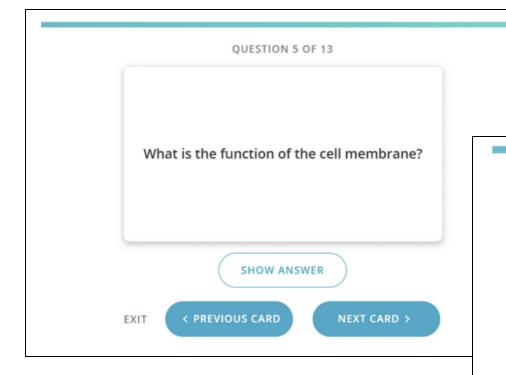
- Increase students' retention of knowledge
- Increase students' ability to access learning
- Build confidence
- Preparing students for exams
- Knowledge is Power (KIP) Tests in lessons and tutor time
- Retrieval Do Now Tasks
- Retrieval Home learning e.g. Carousel, Sparx Maths





# CAROUSEL

#### LEARNING



QUESTION 5 OF 13

What is the function of the cell membrane?

Controls what enters and leaves the cell



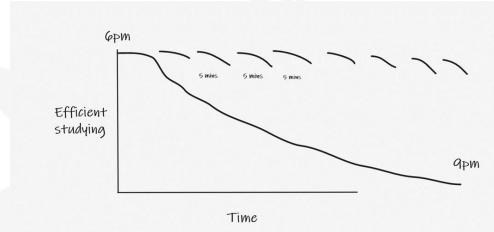
**HIDE ANSWER** 

< PREVIOUS CARD EXIT

NEXT CARD

# What does successful revision look like?

- Structured sessions with planned breaks
- How long can you concentrate?
- 20 25 mins
- Location free from distractions
- Pomodoro system:





#### What does successful revision look like?

- Regular practice: every day start little and often and build it up
- > Revision must be active:
  - exam questions
  - making notes
  - flashcards
  - mind maps
  - Carousel
  - Seneca

"The more I practice the luckier I get"

- Arnold Palmer

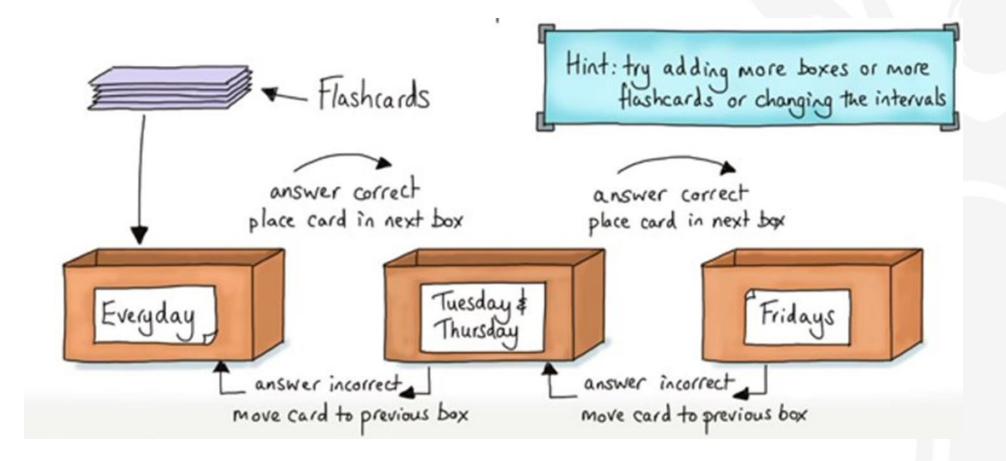
# **Revision strategy 1: Flashcards**

- Can be analogue or via an app
- Incredibly portable
- Write a question on one side and the answer on the other
- Can be used to revise content and exam technique
- Buy flashcards





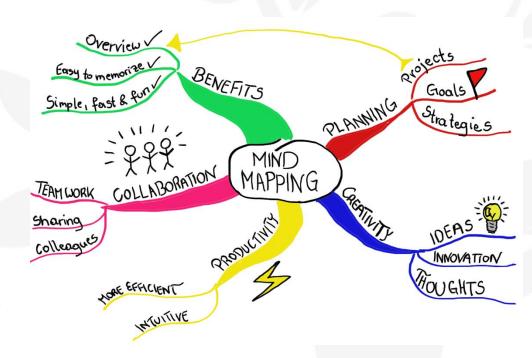
# Leitner system





### Revision strategy 2: Mind mapping/timelines

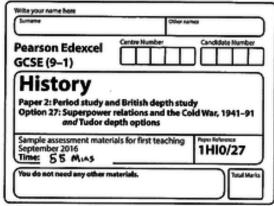
- Perfect for a whole course or topic overview
- Start with the basics and then add in detail
- Can be placed somewhere obvious for quick reference (e.g. bedroom wall)





# Revision strategy 3: Exam questions & past papers

- Shouldn't be thought of as a 'silver bullet'. Use in conjunction with other strategies
- Can be whole papers or practice questions
- Practice both with notes and in exam conditions/time limits
- Use to highlight areas to focus in the future



#### Instructions

- Use black ink or ball-point pen.
- Fill in the boxes at the top of this page with your name, centre number and candidate number.
- There are two sections in this question paper. Answer all questions from Section A and ETHER Question 4 OR Question 5 in Section B.
- Answer the questions in the spaces provided - there may be more space than you need.

#### nformation

- The total mark for this paper is 64.
- The marks for each question are shown in brackets
- use this as a guide as to how much time to spend on each question.

#### Advice

- Read each question carefully before you start to answer it.
- Try to divide your time equally between each section of the question paper.
- Check your answers if you have time at the end.

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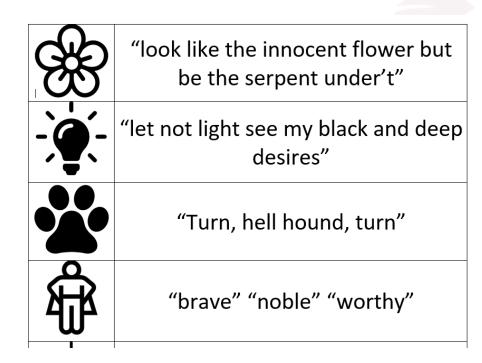
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PEARSON

Person Edendel Land I / Land 2 GCSE (N-1) in History – Sample Assessment Materials (Question Report) Insur 1 – October 2015 ID Remain Education United 2015

## **How to Revise for English?**

- Read short sections of the plays
- > Read a chapter of the novels
- > Learn 3 quotations a day
- Plan topic sentences for the themes
- Plan a question using the past papers
- > Try the blank page method- and then check for gaps
- > Ask a friend to test you on 5 quotations
- > Dual code areas of the texts you have forgotten



#### **How to Revise for Maths?**

#### Practice answering exam questions

Past papers



2 PRACTIC

#### Identify areas of weakness

Use your review sheets from recent past papers

#### Address areas of weakness

Use the independent learning area on Sparx to find practice and help





# Period 6 sessions

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	French with CAL in H1		Product Design with DKI in C3	Fine art with GWA in E31	Fine art with GWA in E32
	Product Design with DKI in C3				
Period 6	History with LIA in H33		Maths (higher tier) with GMA in F2	French with MCO in H22	
	English with KSM, RTA and SCR in N111 and N17		Photography with GSA in E21	German with LFE in H4	
	Maths (Foundation) with AFR in N2.8		Business with LCO in N2.14	Geography with AHA in N14	
	M : 1 . (2			Food with AKI in D22	
	Maths (Crossover - aimed at Set 3) with JPH in N2.7			Biology with WWE in J5	
	Music with BPA in K4			Chemistry with MLA in J1	
				Physics with PMA in G4 and CAR in G10	
				English clinic in N111	

# October revision sessions

We are currently finalising a timetable for the revision sessions that will be available to scholars over the half term. This will be shared with you by the end of this week.



Mock Exan	nina	tions N	November 2025 Year 11				
			Periods 1 and	1 2	Periods 3 a	nd 4	Periods 5
Monday	3	Nov			Inset		
Tuesday	4	Nov	English Language P2	9.00 - 10.45	Geography P1	11:20 - 12:50	Further maths 2:00 -3:00
Wednesday	5	Nov	Maths P1	9.00 - 10.30	French/German/Spanish Reading	11.20 - 12.05/12:20	
Thursday	6	Nov	Physics	9.00 - 10.45	Business	11.20 - 13:05	
Thursday	0	NOV	Comb Sci - Physics	9.00 - 10.15	Dusiness		
Friday	7	Nov	English Literature P2	8.45 - 11.00	PE	11.20 - 12.20	
Monday	10	Nov	Maths P2	9.00 - 10.30	Computing P2	11.20 - 13.05	
Tuesday	11	Nov	Biology	9.00 - 10.45	Music	11.20 - 12.50	
Tuesuay	11	NOV	Comb Sci - Biology	9.00 - 10.15	Media Studies	11:20 - 13:20	
Wednesday	12	Nov	Chemistry	9.00 - 10.45	Health & Social Care	11:20 - 12:35	
weunesday	12	NOV	Comb Sci - Chemistry	9.00 - 10.15	Construction	11:20 - 12:50	
Thursday	13	Nov	History	9:00 - 10:20	Product Design	11:20 - 13:20	
Thursday	13	NOV	HISTOLY	9.00 - 10.20	Food	11:20 - 12:50	
Friday	14	Nov	Maths P3	9.00 - 10.30	French/German/Spanish Writing	11:20 - 12:25/12:35	
Visual Art eva	ms d	ates Tue	esday 18th November				

# Free Breakfast sessions

From 8am in the New Hall every day throughout the mock exams.



# How to help students cope with stress

STIPS TO HELP TEENS STRESS

GET SOME SLEEP

> Z Z z

Getting enough sleep helps you grow and develop normally, pay attention throughout the day, and maintain overall health. For teens, this means about 8-10 hours each night.





Take time to think about what you're good at and ways to do more of those things. By focusing on and building your strengths, you can keep your stressors in perspective.



#### DO THINGS THAT MAKE YOU HAPPY



Find activities or hobbies that make you happy and incorporate them into your daily life.



# PHYSICAL ACTIVITY



Exercise takes our mind off stress and releases chemicals in our brain that make us feel better. This can be anything from a stroll in the park, to a downhill bike ride or basketball game with friends.



#### TALK TO SOMEONE



It can be hard to manage stress alone.
Talk to a parent, teacher or other trusted adult about your problems and they may be able to help you find ways to manage your stress.



MHFA.org/teens



# **Key Dates for Year 11**

• 3<sup>rd</sup> - 14<sup>th</sup> November 2025: Year 11 November mocks

Thursday 4<sup>th</sup> December Mock results and parents evening

• 29<sup>th</sup> Jan – 13<sup>th</sup> Feb 2026 Year 11 February mocks

Thursday 19<sup>th</sup> March Mock results and parents evening

• 7<sup>th</sup> May – 17<sup>th</sup> June 2026: Year 11 External Exams

• Wednesday 24<sup>th</sup> June 2026: Exam Contingency Day

• Thursday 9<sup>th</sup> July: Prom

# Attendance

	Above 95%	90 - 95%	85 – 90%	Below 85%
Progress 8	+0.53	+0.12	-0.02	-1.09
9 – 5 in Eng & Maths	60.8%	55.2%	43.9%	16.1%
% achieving standard pass in 5 GCSEs	79.1%	72.4%	61.0%	19.4%

### Passport to prom launch

- Scholars can earn their invitation to prom when they manage to achieve enough 'prom points'. Invitations will be hand given to scholars in assemblies.
- Scholars can achieve prom points by:
  - Having 100% attendance 5 prom points
  - Attending period 6 sessions 5 prom points per session
  - Every 20 merits 5 prom points
  - Representing the school 5 prom points
  - Additional merit occasions

The below factors will be considered for a scholar's eligibility at prom.

Failure to meet two or more of these criteria detailed below will put eligibility to prom at risk;

- All scholars will be expected to have an attendance of 97% or higher for the academic year.
- Positive behaviour points minimum positive behaviour points of 100
- Attendance at masterclasses/Period 6



### Double bubble week

Next week all scholars in school for the full week (Mon-Thurs) will receive **10**prom points!



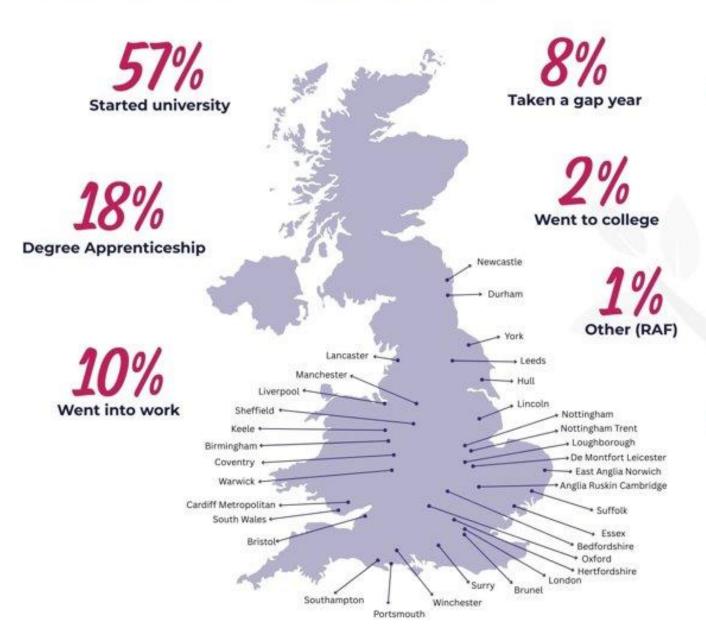
# Longsands Sixth Form

- Excellent subject and pastoral support
- Refurbished building
- Independence & ownership
- Destinations
- Opportunities and experiences

#### LONGSANDS SIXTH FORM

#### **TOP DESTINATIONS 2025**





#### **Most Popular Destinations**

- 1. University of Nottingham
- 2. Loughborough University
- 3. Anglia Ruskin University
- 4. University of Leicester
- 5. University of Bath
- 6. Sheffield Hallam University
- 7. Nottingham Trent University
- 8. University of Essex
- 9. University of Hertfordshire
- 10. Durham University

#### **Most Popular Subject Fields**

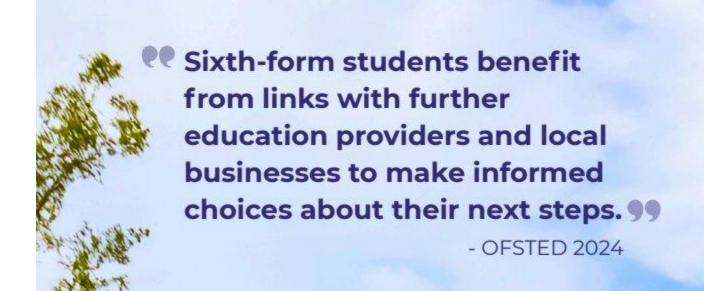
- 1. Sport
- 2. Law
- 3. Chemistry
- 4. Psychology
- 5. Computer Science



"Students in the Sixth Form value their teachers' hard work and expertise. Students explained that their teachers give up 'all the extra hours that are needed' to help them with their work."

"Students achieve well."

Beyond sport, sixth-form students value organisations such as the medical society, and support available for university applications. This prepares them well for their next steps.



Subject	Page
A Level Accounting	16
A Level Biology	17
A Level Business	18
A Level Chemistry	19
A Level Classical Civilisation	20
A Level Computer Science	21
A Level Design and Technology (Product Design)	22
A Level English Language and Literature	23
A Level English Literature	24
A Level Film Studies	25
A Level Fine Art	26
A Level French	27
A Level Geography	28
Level 3 Health & Social Care	29
A Level History	30
A Level Law	31
A Level Mathematics	32
A Level Further Mathematics	33
A Level Media Studies	34
A Level Music Technology	35
A Level Photography	36
A Level Physical Education	37
A Level Physics	38
A Level Politics	39
A Level Psychology	40
A Level Sociology	41
BTEC Sport	42

#### LONGSANDS SIXTH FORM

#### **APPLICATION TIMELINE 2026**



