

# PE Uniform Policy

- Cycling shorts or Nike Pro shorts are not permitted.
- Non Longsands branded hoodies are not a part of the kit.
- Outdoor options (e.g. training top and base layer) are for cold or wet weather only.
- Socks, shin pads and gum shields are a part of the essential kit items.
- There are consequences for any missing kit items.
- Please name every piece of kit.
- White sports socks are for: netball, basketball, trampolining, handball, badminton, fitness, athletics, tennis and rounders.
- Red sports socks are for hockey, rugby and football.



**Rugby shirt** (boys)



**Polo shirt**

**Black shorts**



**Trainers and studded boots** (for football & rugby)



**Red football socks and white ankle socks**

# Optional PE Kit

**Training trousers**



**Black leggings (girls)**



**Black skort (girls)**



**Thermal base layer**



**Training top**



*Outdoor options only*

# Examples

## Netball



## Trampolining



## Rugby



## Football



*Outdoor options can be worn in cold/wet weather*