

PE Uniform Policy



- Cycling shorts or Nike Pro shorts are not permitted.
- Non Longsands branded hoodies are not a part of the kit.
- Outdoor options (e.g. training top and base layer) are for cold or wet weather only.
- Socks, shin pads and gum shields are a part of the essential kit items.
- There are consequences for any missing kit items.
- Please name every piece of kit.
- White sports socks are for: netball, basketball, trampolining, handball, badminton, fitness, athletics, tennis and rounders.
- Red sports socks are for hockey, rugby and football.



Rugby shirt (boys)



Polo shirt



Shorts



Red football socks and white ankle socks

Optional PE kit



Training trousers



**Black leggings
(girls)**



Black skort (girls)



**Thermal base
layer**



Training top



Outdoor options only

Examples



Netball



Trampolining



Rugby



Football



Outdoor options can be worn in cold/wet weather