

Dear Families,

Firstly we would like to welcome Mr Page (Y2 Class Teacher) and Mrs Allen (Y1 Class Teacher) to the Kingfisher Primary team, it has been a pleasure to see the staff settling in well.

I would like to take this opportunity to thank families for your engagement with school through face to face and telephone conversations in relation to attendance and our last three weeks have many more children in school with great attendance; last week we had 96% of our children in school which is positive and means they can engage with their learning. I look forward to seeing these figures continuing to remain like this as we come back after half term. Just a reminder that if your child is off school for any reason you **MUST** let the school office know, either via the My Child at School app or by calling 01302349275.

I hope you all have a good half term...with time to relax and spend time together with family and friends

Thank you for your continued support
Best wishes
Catherine Skinn (Principal)



Attendance Matters

Here are our attendance figures for last week. Our whole school attendance target this year is 96% our whole school attendance currently stands at 93.8%. Thank you for helping us to reach our target by ensuring that you are in school everyday

Class	Current Attendance
1	93.0%
2	89.0%
3	95.0%
4	93.0%
5	93.0%
6	96.0%
7	94.0%
8	94.0%
9	92.0%
10	94.0%
11	95.0%
12	96.0%
13	96.0%
14	94.0%

School Matters!



Top Tips for Managing Screen Time

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

Bug Busting

We have had a number of families speak to us recently about headlice; headlice and nits are very common in young children and their families. They do not have anything to do with dirty hair and are picked up by head to head contact.

Headlice can make your head feel:

Itchy

Like something is moving in your hair

The only way to be sure someone has headlice is by finding live lice. You can only do this by combing hair with a special fine-toothed comb (detection comb), which you can purchase from pharmacies.

How to get rid of head lice

Treat head lice as soon as you spot them. You can treat head lice without seeing a GP.

You should check everyone in the house and start treating anyone who has head lice on the same day.

There's no need to keep your child off school if they have head lice.

Wet combing

Lice and nits can be removed by wet combing.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, from the roots to the ends



It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long or curly hair.

Term Dates:

The last day of Term is **Thursday 8th February 2024** and we return on **Tuesday 20th February 2024**

The next INSET Day is :

Friday 9th February 2024

Monday 19th February 2024