

# Highgate Autumn Menu 2025

## Week 1



| DAY       | MAINS                                                                                                                                                                                                                                                                                                                                                                           | SIDES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | SANDWICHES                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | DESSERTS                                                                                                                                                                                      |
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| MONDAY    | Vegan Meatballs in Tomato Sauce<br>                                                                                                                                                                       | Pasta Cauliflower Broccoli<br>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Ham Cheese Tuna Mayo<br>                                                                                                              | Vanilla Cheesecake<br>  |
| TUESDAY   | All Day Breakfast                                                                                                                                                                                                                                                                                                                                                               | Sausages Potato Hash Baked Beans Eggs & Toast<br>       | Ham Cheese Tuna Mayo Egg Mayo<br>          | Shortbread Biscuit<br>                                                                                   |
| WEDNESDAY | Roast Chicken                                                                                                                                                                                                                                                                                                                                                                   | Stuffing Mashed Potatoes Cabbage Carrots Gravy<br>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Ham Cheese Tuna Mayo<br>                                                                                                    | Fruit Jelly                                                                                                                                                                                   |
| THURSDAY  | Beef Burger in a Bun<br>    | New Potatoes Garden Peas Sweetcorn                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Chicken Wrap Ham Wrap<br>                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Marble Sponge<br>   |
| FRIDAY    | Fish Fingers<br>                                                                                                                                                                                      | Chips Baked Beans Garden Peas                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Ham Cheese Tuna Mayo Egg Mayo<br>      | Ice Cream<br>                                                                                            |

Jacket Potatoes, Pasta, Salads, Fruit and Yoghurt Served Daily

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## Week 2



| DAY       | MAINS                                                                                                                                                                                                     | SIDES                                                                                                                                                                                                                                                                                                                                    | SANDWICHES                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | DESSERTS                                                                                                                                                                                                                                                                                       |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MONDAY    | Macaroni Cheese<br>                 | Green Beans<br>Carrots                                                                                                                                                                                                                                                                                                                   |   Ham<br>Cheese<br>Tuna Mayo<br>                         | Apple Flapjack<br>                                                                                                                                                                                          |
| TUESDAY   | Texas Style BBQ<br>Chicken<br>  | Rice<br>Garden Peas<br>Sweetcorn                                                                                                                                                                                                                                                                                                         |   Ham<br>Cheese<br>Tuna Mayo<br>Egg Mayo<br>      | Lemon Sponge &<br>Custard<br>   |
| WEDNESDAY | Roast Pork<br>Sausage<br>       | Yorkshire Pudding<br>Mashed Potatoes<br>Cabbage<br>Carrots<br>Gravy<br>   |   Ham<br>Cheese<br>Tuna Mayo<br>               | Apple Crumble &<br>Custard<br>                                                                                       |
| THURSDAY  | Shepherd's Pie                                                                                                                                                                                            | Broccoli<br>Cauliflower<br>Gravy                                                                                                                                                                                                                                                                                                         | Chicken Wrap<br>Ham Wrap<br>                                                                                                                                                                                                                                                                                                                                                                       | Rice Pudding<br>                                                                                                                                                                                          |
| FRIDAY    | Fish Fillet<br>                 | Chips<br>Garden Peas<br>Baked Beans                                                                                                                                                                                                                                                                                                      |   Ham<br>Cheese<br>Tuna Mayo<br>Egg Mayo<br>   | Ice Cream<br>                                                                                                                                                                                             |

Jacket Potatoes, Pasta, Salads, Fruit and Yoghurt Served Daily

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## Week 3



| DAY       | MAINS                                                                                                                                                                                                                                                                                            | SIDES                                                                                                                                               | SANDWICHES                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | DESSERTS                                                                                                                                                                                                                                                                                         |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MONDAY    | Cheese & Pepperoni<br>Pizza Bagel<br>   | New Potatoes<br>Mixed Salad                                                                                                                         |   Ham<br>Cheese<br>Tuna Mayo<br>                         | Iced Sponge<br>                                                                                                            |
| TUESDAY   | Beef Bolognese                                                                                                                                                                                                                                                                                   | Penne Pasta<br>Broccoli<br>Cauliflower<br>                     |   Ham<br>Cheese<br>Tuna Mayo<br>Egg Mayo<br>      | Chocolate Chip<br>Cookies<br>     |
| WEDNESDAY | Roast Chicken                                                                                                                                                                                                                                                                                    | Stuffing<br>Mashed Potatoes<br>Cabbage<br>Carrots<br>Gravy<br> |   Ham<br>Cheese<br>Tuna Mayo<br>               | Coconut Sponge &<br>Custard<br>   |
| THURSDAY  | Pork Sausage<br>Hot Dog<br>       | Potato Wedges<br>Sweetcorn<br>Garden Peas                                                                                                           | Chicken Wrap<br>Ham Wrap<br>                                                                                                                                                                                                                                                                                                                                                                       | Fruit Jelly                                                                                                                                                                                                                                                                                      |
| FRIDAY    | Fish Fingers<br>                                                                                                       | Chips<br>Baked Beans<br>Garden Peas                                                                                                                 |   Ham<br>Cheese<br>Tuna Mayo<br>Egg Mayo<br>   | Ice Cream<br>                                                                                                                                                                                               |

Jacket Potatoes, Pasta, Salads, Fruit and Yoghurt Served Daily