FS2 PSHE Overview

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| Year Group | Being Me in My World | Celebrating Differences | Dreams and Goals | Healthy Me | Relationships | Changing Me |
| FS2 | Self-identityUnderstanding feelingsBeing in a classroomBeing gentleRights and responsibilities | Identifying talentsBeing specialFamiliesWhere we liveMaking friendsStanding up for yourself | ChallengesPerseveranceGoal settingOvercoming obstaclesSeeking helpJobsAchieving goals | Exercising bodiesPhysical activitiesHealthy foodSleepKeeping cleanSafety | Family lifeFriendshipsBreaking friendshipsFalling outDealing with bullying Being a good friend | BodiesRespecting my bodyGrowing upGrowth and changeFun and fearsCelebrations |