

Greengate Lane Academy

Week One

Day	Main Meal	Vegetarian Option	Side Dishes	Sandwiches	Desserts
Meat Free Monday	Veggie Sausage & Bean Cheese Melt  	Cheese, Onion & Tomato Melt  	Homemade Chunky Paprika Potato Wedges Baked Beans	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Fresh Fruit & Yoghurt 
Tuesday	Butter Chicken Curry 	Tomato Pasta Bake  	Homemade Garlic Bread Steamed Rice 	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Chocolate & Orange Cookie 
Wednesday	Roast Pork Sausage  	Veggie Sausage 	Mashed Potatoes Seasonal Vegetables Gravy	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Fruit Jelly
Thursday	BBQ Chicken Burger 	Veggie Burger 	New Potatoes Seasonal Vegetables	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Marble Sponge & Custard   
Friday	Breaded Fish Fingers  	Sweetcorn Fritters   	Chips Sweetcorn Garden Peas	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Ice Cream 

Jacket Potatoes, Seasonal Vegetables and Fresh Fruit are served daily

Please ensure all allergies are reported to the school office to allow us to create a tailored menu to suit your needs

Day	Main Meal	Vegetarian Option	Side Dishes	Sandwiches	Desserts
Meat Free Monday	Cheese & Tomato Pizza  	Cheese & Tomato Pizza  	Homemade Spiced Wedges Seasonal Vegetables	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Chocolate & Beetroot Brownie  
Tuesday	Italian Style Sausage Pasta Bake   	Tomato Pasta Bake  	Homemade Bread Seasonal Vegetables 	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Jam Sponge & Custard   
Wednesday	Roast Gammon	Roast Quorn Fillet 	Baby New Potatoes Seasonal Vegetables Stuffing Gravy 	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Apple Flapjack 
Thursday	Flavoured Chicken & Veg Strips    	Roasted Vegetable Stack	Steamed Rice Tortillas Seasonal Vegetables 	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Fresh Fruit & Yoghurt 
Friday	Chicken Bites 	Quorn Bites 	Chips Garden Peas Baked Beans	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Ice Cream 

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Week Three

Day	Main Meal	Vegetarian Option	Side Dishes	Sandwiches	Desserts
Meat Free Monday	Mac & Cheese  	Tomato Pasta 	New Potatoes Seasonal Vegetables	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Vanilla & Orange Sponge with Custard   
Tuesday	Homemade Beef & Onion Meatballs   	Tomato Pasta 	Homemade Bread Pasta Seasonal Vegetables 	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Lemon Drizzle Cake  
Wednesday	Roast Chicken	Roast Quorn Fillet 	Baby New Potatoes Seasonal Vegetables Gravy	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Fresh Fruit & Yoghurt 
Thursday	Pork Sausage Hot Dogs  	Quorn Sausage Hot Dogs 	Homemade Wedges Seasonal Vegetables	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Oat Cookie 
Friday	Breaded Fish Fingers  	Cheese & Bean Pasty  	Chips Baked Beans Sweetcorn	Cheese Sandwich Tuna Mayo Sandwich Ham Sandwich     	Ice Cream 

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Eggs



Lupin



Sulphites



Fish



Crustaceans



Nuts



Milk



Soya



Gluten



Sesame



Celery



Peanuts



Molluscs



Mustard