

## Physical Education Long Term Plan

	Autumn		Spring		Summer	
FS1	Introduction to PE: Unit 1	Fundamentals: Unit 1	Gymnastics: Unit 1	Dance: Unit 1	Ball skills: Unit 1	Games: Unit 1
FS2	Introduction to PE: Unit 2	Fundamentals: Unit 2	Gymnastics: Unit 2	Dance: Unit 2	Ball skills: Unit 2	Games: Unit 2
Year 1	Fundamentals	Dance	Gymnastics	Net and Wall	Striking and Fielding	Athletics
	Ball skills	Fitness	Sending and Receiving	Target Games	Invasion	Team Games
Year 2	Fundamentals	Dance	Gymnastics	Net and Wall	Striking and Fielding	Athletics
	Ball skills	Fitness	Sending and Receiving	Target Games	Invasion	Team Games
Year 3	Fundamentals	Football	Netball	Gymnastics	Tag Rugby	Athletics
	Ball skills	Fitness	Swimming Dance	Swimming	Swimming	Tennis
Year 4	<i>Ball skills</i>	Football	Netball	Gymnastics	Cricket	Athletics
	<i>Swimming</i>	swimming	Swimming Dance	Tennis	Tag Rugby	OAA
Year 5	<i>Football</i>	Dance	Gymnastics	Tennis	Cricket	Athletics
	<i>Fitness</i>	Handball	Netball	Tag Rugby	Badminton	OAA
Year 6	<i>Football</i>	Dance	Gymnastics	Tennis	Cricket	Athletics
	<i>Fitness</i>	Handball	Netball	Tag Rugby	Badminton	OAA