

Gooseacre Primary Academy

Week One

Day	Main Meal	Side Dishes	Alternative Option	Sandwiches	Desserts
Meat Free Monday	Cheese & Tomato Pizza Bagel  	New Potatoes Sweetcorn	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Fresh Fruit & Yoghurt 
Tuesday	All Day Breakfast (Pork Sausages & Bacon)  	Baked Beans Scrambled Egg Potato Hash & Toast    	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Chocolate & Orange Cookie 
Wednesday	Roast Chicken	Mashed Potatoes Seasonal Vegetables Yorkshire Pudding Gravy   	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Fruit Jelly
Thursday	Beef Bolognese	Penne Pasta Homemade Garlic Bread Seasonal Veg 	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Jam Sponge & Custard   
Friday	Breaded Fish Fillet  	Chips Baked Beans Garden Peas	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Ice Cream 

Jacket Potatoes, Seasonal Vegetables and Fresh Fruit are served daily

Please ensure all allergies are reported to the school office to allow us to create a tailored menu to suit your needs

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Week Two

Day	Main Meal	Side Dishes	Alternative Option	Sandwiches	Desserts
Meat Free Monday	Cheese & Tomato Pizza  	New Potatoes Seasonal Vegetables	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Chocolate & Beetroot Brownie  
Tuesday	Chilli Con Carne	Steamed Rice Seasonal Vegetables Homemade Garlic Bread 	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Fruit & Yoghurt 
Wednesday	Roast Chicken Sausage  	Mashed Potatoes Seasonal Vegetables Gravy	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Apple Flapjack 
Thursday	Beef Burger in a Bun   	Homemade Potato Wedges Seasonal Vegetables Baked Beans	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Lemon Drizzle Cake  
Friday	Chicken Bites 	Chips Baked Beans Garden Peas	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Ice Cream 

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Week Three

Day	Main Meal	Side Dishes	Alternative Option	Sandwiches	Desserts
Meat Free Monday	Cheese Flan   	New Potatoes Seasonal Vegetables Baked Beans	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Fresh Fruit & Yoghurt 
Tuesday	Homemade Beef Meatballs   	Penne Pasta Seasonal Vegetables Homemade Bread 	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Blueberry Muffins  
Wednesday	Roast Chicken Breast	Roast Potatoes Seasonal Vegetables Yorkshire Pudding Gravy   	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Oat Cookie 
Thursday	Peri Peri Flavoured Chicken    	Steamed Rice Tortillas Seasonal Vegetables 	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Flapjack 
Friday	Breaded Fish Fingers  	Chips Baked Beans Garden Peas	Jacket Potato with Cheese or Baked Beans 	Ham Sandwich Cheese Sandwich Tuna Sandwich     	Ice Cream 

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Eggs



Lupin



Sulphites



Fish



Crustaceans



Nuts



Milk



Soya



Gluten



Sesame



Celery



Peanuts



Molluscs



Mustard