PSHE GOOSEACRE ACADEMY 2025-2026

	Autumn 1 **Being me in my own world**	**Autumn 2** **Celebrating Difference**	**Spring 1** **Dreams and Goals**	**Spring 2** **Keeping Healthy**	**Summer 1** **Relationships**	**Summer 2** **Changing me**
Awareness days/week		Anti-Bullying week 10th-14th November 2025 (Power For Good) Odd Socks Day 10th Children In Need 21st November Christmas Jumper Day 11th December	9th – 15th February Children's Mental Health Week 10th February Safer Internet Day		Knife Crime Awareness Week May Year 5/6 Mental health awareness week 12th-18th May	
Visitors						
Age 3-4 (F1)	Adapt lessons when and where appropriate – teach lessons when and where appropriate					
Age 4-5 (F2)	WK 1 JIGSAW 1 Who? me WK 2 JIGSAW 2 How am I feeling today? WK 3 JIGSAW 3 Being at school WK 4 JIGSAW 4 Gentle Hands	WK 1 JIGSAW 1 What am I good at WK 2 ANTI-BULLYING WEEK WK 3 JIGSAW 2 I'm special, I'm me WK 4 JIGSAW 3 Families	WK 1 JIGSAW 1 Challenge WK 2 JIGSAW 2 Never Giving up WK 3 JIGSAW 3 Setting a Goal WK 4 JIGSAW 4 Obstacles and support WK 5 JIGSAW 5	WK 1 Extra PSHE lesson Watch the 2 minute video first explaining consent Animation helps teach Gloucestershire kids consent | Aardman	WK 1 JIGSAW 1 My family and me WK 2 JIGSAW 2 Make friends make friends never ever break friends WK 3 JIGSAW 3	WK 1 JIGSAW 1 my body WK 2 JIGSAW 2 respecting my body WK 3 JIGSAW 3 growing up WK 4 JIGSAW 4 Fun and Fears WK 5 JIGSAW 5

PSHE GOOSEACRE ACADEMY 2025-2026

	WK 5 JIGSAW 5 Our Rights WK 6 JIGSAW 6 Our responsibilities	WK 5 JIGSAW 4 Homes WK 6 JIGSAW 5 Making friends WK 7 JIGSAW 6 standing up for yourself	Flight to the future WK 6 JIGSAW 6 Footprint award	NSPCC Age 4-5 lesson plan 4-5-activities-plan-september-2024.pdf WK 1 JIGSAW 1 Everybody's body WK 2 JIGSAW 2 We like to move it move it WK 3 JIGSAW 3 Food glorious food WK 4 JIGSAW 4 Sweet dreams WK 5 JIGSAW 5 Keeping clean WK 6 JIGSAW 6 Safe adults	Make friends make friends never ever break friends WK 4 JIGSAW 4 Falling out and bullying part 1 WK 5 JIGSAW 5 Falling out and bullying part 2 WK 6 JIGSAW 6 Being the best friends we can be	Fun and Fears WK 6 JIGSAW 6 Celebration
Age 5-6 (Y1)	WK 1 JIGSAW 1 Special and safe WK 2 JIGSAW 2 My class WK 3 JIGSAW 3 Rights and responsibilities WK 4 JIGSAW 4 Rewards and feeling proud WK 5 JIGSAW 5 consequences WK 6 JIGSAW 6 owning our learning charter	WK 1 JIGSAW 1 The same as WK 2 ANTI-BULLYING WEEK WK 3 JIGSAW 2 Different from WK 4 Jigsaw 3 What is bullying? WK 5 JIGSAW 4 What do I do about bullying? WK 6 JIGSAW 5 Making new friends WK 7 JIGSAW 6 celebrating	WK 1 JIGSAW 1 My treasure chest of success WK 2 JIGSAW 2 steps to goals WK 3 JIGSAW 3 Achieving together WK 4 JIGSAW 4 Stretchy learning WK 5 JIGSAW 5 Overcoming obstacles WK 6 JIGSAW 6 Celebrating my success	WK 1 EXTRA PSHE LESSON Watch the 2 minute video first explaining consent Animation helps teach Gloucestershire kids consent | Aardman NSPCC – Age 5-7 pants power WK 1 JIGSAW 1 Being healthy WK 2 JIGSAW 2 Healthy choices WK 3 JIGSAW 3	WK 1 JIGSAW 1 Families WK 2 JIGSAW 2 Making friends WK 3 JIGSAW 3 Greetings WK 4 JIGSAW 4 People who help us WK 5 JIGSAW 5 being My own best friend WK 6 JIGSAW 6 Celebrating my special relationships	WK 1 JIGSAW 1 lifecycles WK 2 JIGSAW 2 changing me WK 3 Jigsaw 3 my changing body WK 4 JIGSAW 4 Boys' and Girls' Bodies WK 5 JIGSAW 5 Learning and growing WK 6 JIGSAW 6 Coping with changes

PSHE GOOSEACRE ACADEMY 2025-2026

		difference Celebrating me		Clean and healthy WK 4 JIGSAW 4 Medicine safety WK 5 JIGSAW 5 Road safety WK 6 JIGSAW 6 Happy, healthy me		
Age 6-7 (Y2)	WK 1 JIGSAW 1 Hopes and fears for the year WK 2 JIGSAW 2 Rights and responsibilities WK 3 JIGSAW 3 Rewards and consequences WK 4 JIGSAW 4 Rewards and consequences WK 5 JIGSAW 5 Our learning charter WK 6 JIGSAW 6 Owning our learning charter	WK 1 JIGSAW 1 Boys and Girls WK 2 ANTI-BULLYING WEEK WK 3 JIGSAW 2 Boys and Girls WK 4 JIGSAW 3 Why does Bullying happen? WK 5 JIGSAW 4 Standing up for myself and others. WK 6 JIGSAW 5 Gender diversity WK 7 JIGSAW 6 Celebrating difference and still being friends	WK 1 JIGSAW 1 Goals to success WK 2 JIGSAW 2 My learning strengths WK 3 JIGSAW 3 Learning with others WK 4 JIGSAW 4 A group challenge WK 5 JIGSAW 5 A group challenge WK 6 JIGSAW 6 Celebrating our achievement	WK 1 EXTRA PSHE lesson Watch the 2 minute video first explaining consent Animation helps teach Gloucestershire kids consent | Aardman NSPCC – 5-7 **more** pants power lesson WK 1 JIGSAW 1 Being healthy WK 2 JIGSAW 2 Being relaxed WK 3 JIGSAW 3 Medicine safety WK 4 JIGSAW 4 Healthy eating WK 5 JIGSAW 5 Healthy eating WK 6 JIGSAW 6 Healthy, happy me	WK 1 JIGSAW 1 Families WK 2 JIGSAW 2 Keeping safe exploring physical contact WK 3 JIGSAW 3 Friends and conflict WK 4 JIGSAW 4 Secrets WK 5 JIGSAW 5 Trust and appreciation WK 6 JIGSAW 6 Celebrating my special relationships	WK 1 JIGSAW 1 life cycles in nature WK2 JIGSAW 2 growing from young to old. WK 3 JIGSAW 3 Changing me WK 4 JIGSAW 4 Boys and girls bodies WK 5 JIGSAW 5 assertiveness WK6 JIGSAW 6 looking ahead
Age 7-8 (Y3)	WK 1 JIGSAW 1 Getting to know each other WK 2 JIGSAW 2	WK 1 JIGSAW 1 Families WK 2 ANTI-BULLYING WEEK	WK 1 JIGSAW 1 Dreams and goals WK 2 JIGSAW 2	WK 1 EXTRA PSHE LESSON Watch the 2 minute video first explaining	WK 1 JIGSAW 1 Family roles and responsibilities	WK 1 JIGSAW 1 How babies grow WK 2 JIGSAW 2 Babies

PSHE GOOSEACRE ACADEMY 2025-2026

	Our nightmare school WK 3 JIGSAW 3 Our dream school WK 4 JIGSAW 4 Rewards and consequences WK 5 JIGSAW 5 Our learning charter WK 6 JIGSAW 6 Owning our learning charter WK 7 Safe4me Antisocial behaviour starter task and task 1	WK 3 JIGSAW 2 Family conflict WK 4 JIGSAW 3 Witness and feelings WK 5 JIGSAW 4 Witness and solutions WK 6 JIGSAW 5 Words that harm WK 7 JIGSAW celebrating difference: compliments	My dreams and ambitions WK 3 JIGSAW A new challenge WK 4 JIGSAW Our new challenge WK 5 JIGSAW Our new challenge overcoming obstacles WK 6 JIGSAW 6 Celebrating my learning	consent Animation helps teach Gloucestershire kids consent | Aardman NSPCC pants rule 7-9 **(INTRODUCE THE WORD CONSENT) see definition that children need to know** WK 1 JIGSAW 1 Being fit and healthy WK 2 JIGSAW 2 Being fit and healthy WK 3 JIGSAW 3 What do I know about drugs WK 4 JIGSAW 4 Being safe WK 5 JIGSAW 5 Safe or unsafe WK 6 JIGSAW 6 My amazing body	WK 2 JIGSAW 2 Friendship WK 3 JIGSAW 3 Keeping myself safe online Wk 4 JIGSAW 4 Being a global citizen 1 WK 5 JIGSAW 5 Being a global citizen 2 WK 6 JIGSAW 6 Celebrating my web of relationships	WK 3 JIGSAW 3 Outside body changes WK 4 JIGSAW 4 Inside body changes WK 5 JIGSAW 5 Family stereotypes WK 6 JIGSAW 6 Looking Ahead
Age 8-9 (Y4)	WK 1 JIGSAW 1 Becoming a class team WK 2JIGSAW 2 Being a school citizen WK3 JIGSAW 3 Rights,	WK 1 JIGSAW 1 Judging by appearances WK 2 ANTI-BULLYING WEEK WK 3 JIGSAW 2 Understanding influences	Wk1 JIGSAW 1 Hopes and dreams WK2 JIGSAW Broken dreams WK 3 JIGSAW overcoming disappointment WK 4 JIGSAW 4 Creating new dreams	WK 1 EXTRA PSHE LESSON Watch the 2 minute video first explaining consent Animation helps teach Gloucestershire kids consent | Aardman	WK 1 JIGSAW 1 jealousy WK 2 JIGSAW 2 Love and loss WK 3 JIGSAW 3 Memories WK 4 JIGSAW 4 Getting on and falling out	WK 1 JIGSAW 1 Unique me WK 2 JIGSAW 2 Having a baby WK3 JIGSAW 3 Girls and puberty Menstruation WK 4 JIGSAW 4 Circles of change

PSHE GOOSEACRE ACADEMY 2025-2026

	responsibilities and democracy WK 4 JIGSAW 4 Rewards and consequences Also talk about children being responsible for their own actions from age 10 law and responsibility. WK 5 JIGSAW 5 Our learning charter WK 6 JIGSAW 6 Owning our learning charter WK 7 Safe4me Antisocial behaviour starter task and task 2	WK 4 JIGSAW 3 Understanding bullying WK 5 JIGSAW 4 Problem Solving WK 6 JIGSAW 5 Special Me WK 7 JIGSAW 6 Celebrating difference How we look	WK 5 JIGSAW 5 Achieving goals WK 6 JIGSAW 6 We did it	NSPCC pants rule 7-9 (CONTINUE TO REINFORCE THE WORD CONSENT) WK 1 JIGSAW 1 My friends and me WK 2 JIGSAW 2 Group dynamics WK 3 JIGSAW 3 Smoking WK 4 JIGSAW 4 Alcohol WK 5 JIGSAW 5 Healthy friendships WK 6 JIGSAW 6 Celebrating my inner strength and assertiveness	WK 5 JIGSAW 5 Girlfriends and boyfriend WK 6 JIGSAW 6 Celebrating my relationships	WK5 JIGSAW 5 Accepting change WK 6 JIGSAW 6 Looking Ahead
Age 9-10 (Y5)	WK 1 JIGSAW 1 My year ahead Wk 2 JIGSAW 2 Being a citizen of my country WK 3 JIGSAW 3 Responsibilities WK 4 JIGSAW 4 Rewards and consequences Add in about children	WK 1 JIGSAW 1 Different Culture WK 2 ANTI-BULLYING WEEK WK 3 JIGSAW 2 Racism WK 4 JIGSAW 3 Rumours and name calling WK 5 JIGSAW 4 Types of bullying	WK JIGSAW 1 and 2 When I grow up (my dream lifestyle) WK 2 JIGSAW investigate jobs and careers WK 3 JIGSAW 3 My dream job why I want it and the steps to get there WK 4 JIGSAW 4	WK 1 EXTRA PSHE LESSON Watch the 2 minute video first explaining consent Animation helps teach Gloucestershire kids consent | Aardman NSPCC pants rule 9-11(CONTINUE TO	WK 1 JIGSAW 1 Recognising me WK 2 JIGSAW 2 Safety with online communities WK 3 JIGSAW 3/4 Being in an online community /online gaming Wk 4 12th-18th May	WK 1 JIGSAW 1 Self and body image WK 2 JIGSAW 2 Puberty for girls WK 3 JIGSAW 3 Puberty for boys WK 4 JIGSAW 4 Conception WK 5 JIGSAW 5 Looking Ahead 1

PSHE GOOSEACRE ACADEMY 2025-2026

	being responsible for own actions from age 10 law and responsibility. WK 5 JIGSAW 5 Our learning charter WK 6 JIGSAW 6 Owning our learning charter WK 7 Safe4me Antisocial behaviour starter task and task 3	WK 6 JIGSAW 5 Does Money Matter? WK 7 JIGSAW 6 Celebrating difference across the world	Dreams and goals of people in other cultures WK 5 JIGSAW 5 How we can support each other WK 6 JIGSAW 6 Rallying support	REINFORCE THE WORD CONSENT) WK 1 JIGSAW 1 Smoking WK 2 Tobacco education and resource library Teens and Vaping https://digitalmedia.hhs.gov/tobacco/educator_hub/lesson_plans/vaping_health_consequences_lesson_plan#:~:text=Have%20students%20work%20together%20to,peers%20about%20how%20to%20quit. WK 3 JIGSAW 2 Alcohol WK 4 JIGSAW 3 Emergency Aid WK 5 JIGSAW 5 My relationship with Food WK 6 JIGSAW 6 Healthy Me	Extra PSHE on KNIFE CRIME Lesson 1 Ben Kinsella Knife Crime Keeping Safe https://benkinsella.org.uk/wp-content/uploads/Ben-Kinsella-Trust-Keeping-Safe-Primary-KS2-Lesson-Plan.pdf Lesson 2 Ben Kinsella Knife crime Consequences of knife crime https://benkinsella.org.uk/wp-content/uploads/Ben-Kinsella-Trust-Consequences-of-knife-crime-Primary-KS2-Lesson-Plan.pdf Wk 5 (2 Lessons) JIGSAW 5 My relationship with technology JIGSAW 6 My Relationships staying safe and online	WK 6 JIGSAW 6 Looking Ahead 2

PSHE GOOSEACRE ACADEMY 2025-2026

Age 10-11 (Y6)	WK 1 JIGSAW 1 My year ahead WK 2 JIGSAW 2 Being a global citizen 1 WK 3 JIGSAW 3 Being a global citizen 2 WK 4 JIGSAW 4 The learning charter Add in about children being responsible for own actions from age 10 law and responsibility. WK5 JIGSAW 5 Our learning charter WK 6 JIGSAW 6 Owning our learning charter WK 7 Safe4me Antisocial behaviour starter task and task 4	WK 1 JIGSAW 1 Am I Normal? WK 2 ANTI-BULLYING WEEK Wk 3 JIGSAW 2 Understanding Difference WK 4 JIGSAW 3 Power Struggles WK 5 JIGSAW 4 Why bully ? WK 6 JIGSAW 5 Celebrating difference WK 7 JIGSAW 6 Celebrating difference	WK 1JIGSAW 1 Personal learning goals WK 2 JIGSAW 2 Steps to success WK 3 JIGSAW My dreams for the world WK 4 JIGSAW 4 Helping to make a difference WK5 JIGSAW 5 Helping to make a difference WK6 JIGSAW 6 Recognising our achievements	WK 1 EXTRA PSHE LESSON Watch the 2 minute video first explaining consent Animation helps teach Gloucestershire kids consent | Aardman NSPCC pants rule 9-11 (CONTINUE TO REINFORCE THE WORD CONSENT) WK 1 JIGSAW 1 Taking responsibility for my health and wellbeing WK 2 JIGSAW 2 Drugs WK 3 JIGSAW 3 Exploitation WK 4 JIGSAW 4 gangs WK 5 JIGSAW 5 Emotional and mental health Wk 6 JIGSAW 6 Managing stress and pressure	WK 1 JIGSAW 1 What is mental health WK 2 JIGSAW 2 My mental health WK 3 JIGSAW 3 Love and loss grief WK 4 JIGSAW 4 Power and control WK 5 JIGSAW 5 Being online real or fake WK 6 JIGSAW 6 Using technology responsibly EXTRA LESSON KNIFE CRIME Ben Kinsella knife crime Laws on Knife Carrying https://benkinsella.org.uk/wp-content/uploads/Ben-Kinsella-Trust-Laws-on-knife-carrying-Primary-KS2-Lesson-Plan.pdf	WK 1 Ben Kinsella Knife crime Communicating the impact of knife crime https://benkinsella.org.uk/wp-content/uploads/Ben-Kinsella-Trust-Communicating-the-impact-of-knife-crime-Primary-KS2-Lesson-plan.pdf WK 2 JIGSAW 2 Puberty WK3 JIGSAW 3 Babies - conception to birth WK 4 JIGSAW 4 Boyfriends and girlfriends WK 5 JIGSAW 5 Real self ideal self WK 6 JIGSAW 6 The year ahead

PSHE GOOSEACRE ACADEMY 2025-2026

Main points for Curriculum

Timetable PSHE every week for one hour.

Create our own class charter so it’s more personal and meaningful.

Stick to the structure of the lessons and where lessons have changed we are going to try to fit them to the same structure.

“Connect us, Calm me, Open my mind, Tell Me or Show me, Let me learn, Help me reflect.”

This is a flexible programme so if problems arise then lesson that week can be adapted to address issue

Assess knowledge at the start and end of each theme.

Floor books

Continue with floor books and record something for every lesson include individual child voice, small group and whole class discussions.

PSHE GOOSEACRE ACADEMY 2025-2026

Share floor books with children to revisit themes so that children can talk about prior learning.

Safe4 me – Antisocial Behaviour
https://www.safe4me.co.uk/portfolio/asb/

Vaping Year 6
https://digitalmedia.hhs.gov/tobacco/educator_hub/lesson_plans/vaping_health_consequences_lesson_plan#:~:text=Have%20students%20work%20together%20to,peers%20about%20how%20to%20quit.

NSPCC Pants Rule – Planning also on shared

https://learning.nspcc.org.uk/research-resources/schools/pants-teaching?_ga=2.75041234.1529392453.1693564902-1141351719.1681302200