

Astrea Academy Dearne

Autumn menu

Week One

Day	Main Meal	Side Dishes	Vegetables	Desserts
Monday	Roast Pork Sausage  	Mashed Potatoes 	Baked Beans Seasonal Vegetables	Chocolate Orange Crunch 
Tuesday	Southern Style Chicken Burger  	Homemade Potato Wedges	Sweetcorn Fresh Salad	Fruit Muffin  
Wednesday	Roast Gammon	Yorkshire Pudding Roast Potatoes Gravy   	Seasonal Vegetables	Chocolate & Beetroot Brownie  
Thursday	Chicken & Veg Balti	Basmati Rice Naan Bread 	Raita Seasonal Vegetables 	Eves Sponge & Custard   
Friday	Battered Fish Fillet - Fishcake  	Chips Curry Sauce  	Mushy Peas	Assorted Cakes   

Jacket Potatoes, Seasonal Vegetables and Fresh Fruit are served daily

Please ensure all allergies are reported to the school office to allow us to create a tailored menu to suit your needs

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Week Two

Day	Main Meal	Side Dishes	Vegetables	Desserts
Monday	Beef Bolognese	Tri Colour Pasta Garlic Bread  	Seasonal Vegetables	Jam Roly Poly & Custard    
Tuesday	Loaded Burgers     	Homemade Herbed Wedges	Seasonal Salad	Lemon Traybake   
Wednesday	Roast Pork & Stuffing 	Yorkshire Pudding Roast Potatoes Gravy   	Seasonal Vegetables	Old School Cake  
Thursday	Chicken & Chickpea Curry	Basmati Rice Naan Bread 	Raita 	Apple Crumble Sponge & Custard   
Friday	Battered Fish Fillet  	Chips Curry Sauce  	Baked Beans	Assorted Cookies 

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Week Three

Day	Main Meal	Side Dishes	Vegetables	Desserts
Monday	BBQ Chicken 	Savoury Rice	Sweetcorn	Fruit Crumble & Custard   
Tuesday	Homemade Lasagne   	Garlic Bread 	Seasonal Salad	Fruit Cookie 
Wednesday	Roast Chicken Breast with Sage & Onion Stuffing 	Yorkshire Pudding Roast Potatoes Gravy   	Seasonal Vegetables	Banana Flapjack 
Thursday	Katsu Chicken Curry   	Basmati Rice	Raita Seasonal Vegetables 	Marble Sponge & Custard   
Friday	Fish Finger Bap  	Chips Curry Sauce  	Baked Beans	Homemade Cupcakes   

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Eggs



Lupin



Sulphites



Fish



Crustaceans



Nuts



Milk



Soya



Gluten



Sesame



Celery



Peanuts



Molluscs



Mustard