

Astrea Castle Academy

Week One

Day	Main Meal	Vegetarian Option	Side Dishes	Sandwiches	Desserts
Meat Free Monday	Veggie Sausage & Bean Cheese Melt  	Cheese, Onion & Tomato Melt  	Homemade Paprika Wedges Baked Beans Seasonal Veg	Cheese Sandwich   	Homemade Fruit Granola & Yoghurt   
Tuesday	Winter Vegetable Hot Pot  	Macaroni Cheese  	Homemade Bread Seasonal Vegetables 	Ham Roll Served on a Breadcake 	Chocolate Orange Cookie 
Wednesday	Roast Pork Sausage  	Roast Quorn Sausage 	Mashed Potatoes Yorkshire Pudding Seasonal Vegetables Gravy   	Cheese Wrap  	Rice Crispie Cake 
Thursday	Butter Chicken Curry 	Sweet Potato & Vegetable Curry	Homemade Garlic Bread Steamed Rice Seasonal Vegetables 	Tuna Salad Wrap   	Fresh Fruit & Yoghurt 
Friday	Breaded Fish Fillet  	Fish Free Fingers  	Chips Sweetcorn Garden Peas	Ham Sandwich  	Ice Cream 

Jacket Potatoes, Seasonal Vegetables and Fresh Fruit are served daily

Please ensure all allergies are reported to the school office to allow us to create a tailored menu to suit your needs

Day	Main Meal	Vegetarian Option	Side Dishes	Sandwiches	Desserts
Meat Free Monday	Cheese & Tomato Pizza  	Cheese & Tomato Pizza  	Homemade Spiced Wedges Seasonal Vegetables	Cheese Sandwich   	Chocolate & Beetroot Brownie  
Tuesday	Italian Style Sausage Pasta Bake   	Mediterranean Vegetable Pasta Bake  	Homemade Bread Seasonal Vegetables 	Ham Roll Served on a Breadcake 	Jam Sponge & Custard   
Wednesday	Roast Gammon	Roast Vegetable Wellington 	Baby New Potatoes Seasonal Vegetables Stuffing Gravy 	Cheese Wrap  	Apple Flapjack 
Thursday	Flavoured Chicken & Veg Strips    	Roasted Vegetable Stack	Steamed Rice Tortillas Seasonal Vegetables 	Tuna Salad Wrap   	Fresh Fruit & Yoghurt 
Friday	Chicken Bites 	Quorn Bites 	Chips Garden Peas Baked Beans	Ham Sandwich  	Ice Cream 

Jacket Potatoes, Seasonal Vegetables and Fresh Fruit are served daily

Please ensure all allergies are reported to the school office to allow us to create a tailored menu to suit your needs

Astrea Castle Academy

Week Three

Day	Main Meal	Vegetarian Option	Side Dishes	Sandwiches	Desserts
Meat Free Monday	Vegetarian Burrito Bowl 	Creamy Tomato Pasta  	Tortilla Wraps Seasonal Vegetables 	Cheese Sandwich   	Blueberry Muffins  
Tuesday	Homemade Beef & Onion Meatballs   	Veggie Meatballs  	Homemade Bread Pasta Seasonal Vegetables 	Ham Roll Served on a Breadcake 	Lemon Drizzle Cake  
Wednesday	Roast Chicken	Roast Quorn Fillet 	Roast Potatoes Seasonal Vegetables Gravy	Cheese Wrap  	Fruit & Yoghurt 
Thursday	Homemade Katsu Chicken Bites   	Katsu Quorn Bites   	Steamed Rice Seasonal Vegetables Curry Sauce  	Tuna Salad Wrap   	Oat Cookie 
Friday	Breaded Fish Fingers  	Cheese & Onion Quiche   	Chips Baked Beans	Ham Sandwich  	Ice Cream 

Jacket Potatoes, Seasonal Vegetables and Fresh Fruit are served daily

Please ensure all allergies are reported to the school office to allow us to create a tailored menu to suit your needs



Eggs



Lupin



Sulphites



Fish



Crustaceans



Nuts



Milk



Soya



Gluten



Sesame



Celery



Peanuts



Molluscs



Mustard