

# Castle Academy Autumn Term Menu 2025

## Week 1



| DAY       | MAINS                                                                                                                                                                                                                                                                                                                                                                   | VEGGIE                                                                                                                                                                                                      | SIDES                                                                                                                                                                                                                                                                                                                                                                                                   | SANDWICHES                                                                                                                                                                                                                                                                                                                                                                           | DESSERTS                                                                                                                                                                                                                                                                                                  |
|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MONDAY    | Vegetable Lasagne<br>                                                                                                | Roasted Tomato Pasta<br>                                                                                                 | Mixed Salad<br>Homemade Bread<br>                                                                                                                                                                                                                                                                                    | Cheese Tuna - No Mayo Ham<br>            | Fresh Fruit & Yoghurt<br>                                                                                                                                                                                              |
| TUESDAY   | All Day Breakfast (Bacon & Sausage)<br>                                                                                                                                                           | All Day Veggie Breakfast (Veg Sausage)<br>                                                                             | Potato Hash<br>Scrambled eggs<br>Toast Beans<br>    | Cheese Tuna - No Mayo Ham<br>    | Shortbread Biscuit<br>                                                                                                                                                                                               |
| WEDNESDAY | Roast Chicken                                                                                                                                                                                                                                                                                                                                                           | Quorn Fillet<br>                                                                                                       | Yorkshire Pudding<br>Mashed Potatoes<br>Gravy Veg<br>                                                                                    | Cheese Tuna - No Mayo Ham<br>    | Fruit Jelly                                                                                                                                                                                                                                                                                               |
| THURSDAY  | Beef Burger in a Bun<br>    | Veggie Burger in a Bun<br>        | Potato Wedges<br>Sweetcorn                                                                                                                                                                                                                                                                                                                                                                              | Cheese Tuna - No Mayo Ham<br>    | Chocolate Marble Sponge with Custard<br>   |
| FRIDAY    | Breaded Fish Fingers<br>                                                                                                                                                                          | Cheese & Tomato Pastry Crown<br>  | Chips<br>Baked Beans<br>Garden Peas                                                                                                                                                                                                                                                                                                                                                                     | Cheese Tuna - No Mayo Ham<br>    | Ice Cream<br>                                                                                                                                                                                                        |

Fresh Salads, Fruit and Yoghurt Served Daily

# Castle Academy Autumn Term Menu 2025

## Week 2



| DAY       | MAINS                                                                                                                                                                                           | VEGGIE                                                                                                                                                                                                    | SIDES                                                                                                                                                                                                                                                                                                                  | SANDWICHES                                                                                                                                                                                                                                                                                                                                                                           | DESSERTS                                                                                                                                                                                            |
|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MONDAY    | Macaroni Cheese<br>           | Cheese & Onion Pastie<br>           | Homemade Bread<br>Mixed Salad<br>                                                                                                                                                                                                   | Cheese Tuna - No Mayo Ham<br>            | Apple Flapjack & Custard<br>  |
| TUESDAY   | Chicken Fajitas<br>       | Mixed Vegetable Fajitas<br>     | Seasonal Veg<br>Steamed Rice                                                                                                                                                                                                                                                                                           | Cheese Tuna - No Mayo Ham<br>    | Rice Crispie Cake<br>                                                                                          |
| WEDNESDAY | Roast Pork Sausage<br>    | Roast Quorn Sausages<br>                                                                                             | Mashed Potatoes<br>Yorkshire Pudding<br>Gravy Veg<br>   | Cheese Tuna - No Mayo Ham<br>    | Fresh Fruit & Yoghurt<br>                                                                                      |
| THURSDAY  | Chicken Tikka Masala                                                                                                                                                                            | Chickpea & Sweet Potato Curry                                                                                                                                                                             | Seasonal Veg<br>Steamed Rice                                                                                                                                                                                                                                                                                           | Cheese Tuna - No Mayo Ham<br>    | Chocolate Orange Cookies<br>                                                                                   |
| FRIDAY    | Breaded Fish Fillets<br>  | Cheese & Tomato Pasta Bake<br>  | Baked Beans<br>Sweetcorn Chips                                                                                                                                                                                                                                                                                         | Cheese Tuna - No Mayo Ham<br>    | Ice Cream<br>                                                                                                  |

Fresh Salads, Fruit and Yoghurt Served Daily

# Castle Academy Autumn Term Menu 2025

## Week 3



| DAY       | MAINS                                                                                                                                                                                                                                                                                         | VEGGIE                                                                                                                                                                                                                                                                                                                                                                                     | SIDES                                                                                                                                                                                                                                                                                                                             | SANDWICHES                                                                                                                                                                                                                                                                                                                                                                                           | DESSERTS                                                                                                                                                                                                                                                                                                     |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MONDAY    | <div>Cheesy Pizza Bagels</div> <div></div> | <div>Cheese &amp; Bean Pasty</div> <div></div>                                                                                                                                                                       | <div>Homemade Wedges Mixed Salad</div>                                                                                                                                                                                                                                                                                            | <div>Cheese Tuna - No Mayo Ham</div> <div></div>         | <div>Coconut Sponge &amp; Custard</div> <div></div> |
| TUESDAY   | <div>Beef Bolognese</div>                                                                                                                                                                                                                                                                     | <div>Tomato &amp; Cheese Pasta Bake</div> <div></div>                                                                                                                                                            | <div>Homemade Bread Penne Pasta Seasonal Veg</div> <div></div>                                                                                                                                                                               | <div>Cheese Tuna - No Mayo Ham</div> <div></div> | <div>Fruit Jelly</div>                                                                                                                                                                                                                                                                                       |
| WEDNESDAY | <div>Roast Chicken</div>                                                                                                                                                                                                                                                                      | <div>Root Vegetable Cottage Pie</div>                                                                                                                                                                                                                                                                                                                                                      | <div>Yorkshire Pudding Mashed Potatoes Gravy Veg</div> <div></div> | <div>Cheese Tuna - No Mayo Ham</div> <div></div> | <div>Apple Flapjack</div> <div></div>                                                                                                                                                                                   |
| THURSDAY  | <div>Chilli Beef Burrito</div> <div></div>                                                                              | <div>Mexican Veg Burrito</div> <div></div>                                                                                                                                                                       | <div>Seasonal Veg Steamed Rice</div>                                                                                                                                                                                                                                                                                              | <div>Cheese Tuna - No Mayo Ham</div> <div></div> | <div>Chocolate Chip Cookies</div> <div></div> |
| FRIDAY    | <div>Breaded Fish Fingers</div> <div></div>                                                                             | <div>Veggie Hot Dogs</div> <div></div> | <div>Sweetcorn Baked Beans Chips</div>                                                                                                                                                                                                                                                                                            | <div>Cheese Tuna - No Mayo Ham</div> <div></div> | <div>Ice Cream</div> <div></div>                                                                                                                                                                                        |

Fresh Salads, Fruit and Yoghurt Served Daily