

RING/SUMMER 202



## WEEK 1

W/C: 17/04, 08/05, 29/05, 19/06, 10/07, 11/09, 02/10, 23/10

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Beef Bolognese 🐲 **Pork Sausages Breaded Fish Fingers** Roast Turkey 🥮 Served with Wholemeal Pasta and Garlic Served with Potato Wedges Served with Mashed Potato and Gravy Served with Roast Potatoes and Gravy Served with Chips and Herb Bread HOT SPECIALS **Roasted Vegetable Butterbean** Vegetable Pesto Pasta Bake o Macaroni Cheese Vegetarian Bolognese 💿 🐲 Vegetarian Dippers o Crumble o 🤫 Served with Wholemeal Pasta Served with Chips Served with Roast Potatoes and Gravy JACKET POTATO Jacket Potatoes 🤫 🚳 Jacket Potatoes 🤫 🙍 Jacket Potatoes 🤫 👩 Jacket Potatoes 🤫 👩 Jacket Potatoes 🤫 👩 with a choice of hot and cold fillings, with a choice of hot and cold fillings including Salmon Mayonnaise Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta V 💥 All main meals are served with two vegetables **Hot Chocolate Sponge with** Vanilla Ice Cream Strawberry Jelly with Fruit & Lemon Slice with Fruit 6 **Chocolate Ice Cream Chocolate Custard** 



## **AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian 🔊 Oily Fish 😻 Wholegrain











## WEEK 2

W/C: 24/04, 15/05, 05/06, 26/06, 17/07, 18/09, 09/10

Vegetarian 🔊 Oily Fish 😻 Wholegrain

Fruity! W Nutritionist's Choice

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY** Beef Bolognese 🐲 **Pork Sausages Breaded Fish Fingers Roast Gammon** Served with Wholemeal Pasta and Garlic Served with Potato Wedges Served with Mashed Potato and Gravy Served with Roast Potatoes and Gravy Served with Chips and Herb Bread HOT SPECIALS RING/SUMMER 202 **Sweet Potato and Chickpea Roast** Vegetable Pastry Roll @ Cauliflower Macaroni Cheese @ 89 Vegetarian Dippers o Served with Potato Wedges Served with Chips Served with Roast Potatoes and Gravy JACKET POTATO Jacket Potatoes 🤫 🙍 Jacket Potatoes 🤫 👩 Jacket Potatoes 🤫 👩 Jacket Potatoes 🤫 👩 Jacket Potatoes 🤫 👩 with a choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta V 💥 **Apple and Berry Crumble with Chocolate and Banana Marble** Banana and Apricot Flapjack with **Orange Jelly Strawberry Ice Cream** Custard & Cake **AVAILABLE EVERY DAY PACKED LUNCH AVAILABLE** 

Water, salad, freshly baked bread,

yoghurt & fresh fruit





## WEEK 3

W/C: 01/05, 22/05, 12/06, 03/07, 04/09, 25/09, 16/10

MONDAY **TUESDAY** WEDNESDAY **THURSDAY FRIDAY Beef Bolognese** ◆
Served with Wholemeal Pasta and Garlic Chicken Korma **Roast Pork Picnic Plate Southern Fried Chicken** Served with Potato Wedges Served with Wholegrain Rice Served with Potato Wedges Served with Chips and Herb Bread HOT SPECIALS PRING/SUMMER 202 **Cheesey Ploughman's Picnic Plate** Vegetarian Bolognese 🛛 🐲 Mexican Vegetarian Tortilla Pie 💿 🐲 Macaroni Cheese **Vegetarian Dippers** Served with Wholemeal Pasta Served with Wholegrain Rice Served with Chips Served with Bread JACKET POTATO Jacket Potatoes 🤫 🙍 Jacket Potatoes 🤫 👩 Jacket Potatoes 🤫 👩 Jacket Potatoes 🤫 👩 Jacket Potatoes 🤫 👩 with a choice of hot and cold fillings Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta V 💥 **Chocolate Milkshake and Mango Frozen Yoghurt** Berry Flapjack with Fruit & Chocolate Brownie with Fruit 6 **Crispy Crackle Bar Shortbread PACKED LUNCH AVAILABLE AVAILABLE EVERY DAY** Vegetarian 🔊 Oily Fish 😻 Wholegrain Water, salad, freshly baked bread, Fruity! W Nutritionist's Choice

yoghurt & fresh fruit