





























Byron Wood Primary Autumn Menu 2025



Week 1

DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Tomato & Basil Pasta Bake  	Roasted Vegetable Pitta  	Mixed Salad Homemade Bread 	 Cheese Chicken   Tuna Egg  	Fruit & Yoghurt 
TUESDAY	Chicken Fajitas  	Vegetable Fajitas  	Seasonal Vegetables Steamed Rice	 Cheese Chicken   Tuna Egg  	Shortbread Biscuit 
WEDNESDAY	Roast Chicken	Quorn Fillet 	Yorkshire Pudding Mashed Potatoes Gravy Veg   	 Cheese Chicken   Tuna Egg  	Fruit Jelly
THURSDAY	Beef Burger in a Bun    	Veggie Burger in a Bun  	Potato Wedges Sweetcorn	 Cheese Chicken   Tuna Egg  	Chocolate Marble Sponge with Custard   
FRIDAY	Breaded Fish Fingers  	Cheese & Tomato Quiche   	Chips Baked Beans Garden Peas	 Cheese Chicken   Tuna Egg  	Ice Cream & Fruit 

Jacket Potatoes, Fresh Salads, Fruit and Yoghurt Served Daily

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Week 2



DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Macaroni Cheese  	Cheese & Onion Pasty  	Homemade Bread Mixed Salad 	 Cheese Chicken   Tuna Egg  	Fruit & Yoghurt 
TUESDAY	Chicken Pizza  	Mixed Vegetable Fajitas  	Seasonal Veg Steamed Rice	 Cheese Chicken   Tuna Egg  	Vanilla Sponge Cake  
WEDNESDAY	Roast Chicken Sausage  	Roast Quorn Sausages 	Mashed Potatoes Garden Peas Yorkshire Pudding Gravy   	 Cheese Chicken   Tuna Egg  	Chocolate & Beetroot Brownie  
THURSDAY	Chicken Tikka Masala	Chickpea & Sweet Potato Curry	Seasonal Veg Steamed Rice	 Cheese Chicken   Tuna Egg  	Flapjack with Custard  
FRIDAY	Breaded Fish Fillets  	Sweetcorn Fritters   	Baked Beans Sweetcorn Chips	 Cheese Chicken   Tuna Egg  	Ice Cream & Fruit 

Jacket Potatoes, Fresh Salads, Fruit and Yoghurt Served Daily

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Week 3



DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Cheese & Tomato Pizza  	Cheese & Bean Pasty  	Homemade Wedges Mixed Salad	   Cheese Chicken Tuna Egg  	Fruit & Yoghurt 
TUESDAY	Beef & Tomato Pasta Bake  	Cheese Pasta Bake  	Penne Pasta Seasonal Veg Homemade Bread 	   Cheese Chicken Tuna Egg  	Chocolate Orange Cake  
WEDNESDAY	Roast Chicken	Veggie Cottage Pie 	Yorkshire Pudding Mashed Potatoes Gravy Veg   	   Cheese Chicken Tuna Egg  	Fruit Jelly
THURSDAY	Chilli Beef Burrito  	Mexican Veg Burrito  	Seasonal Veg Steamed Rice	   Cheese Chicken Tuna Egg  	Chocolate Shortbread 
FRIDAY	Battered Fish Fillet  	Veggie Hot Dogs    	Sweetcorn Baked Beans Chips	   Cheese Chicken Tuna Egg  	Ice Cream & Fruit 

Jacket Potatoes, Fresh Salads, Fruit and Yoghurt Served Daily