



EY Intimate Care Policy

Date: November 2023

Review: November 2024

At Byron Wood Academy, no child is excluded who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent, whatever their age. We work with parents towards toilet training at the appropriate age, unless there are medical or other developmental reasons why this may not be appropriate at the time. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

AIMS

The aims of this policy and associated guidance are:

- To safeguard the rights and promote the welfare of children
- To provide guidance and reassurance to staff who are required to change a child's nappy
- To assure parents/carers that staff are knowledgeable about personal care and that their individual concerns are taken into account
- To protect children from discrimination, and ensure inclusion for all

Basic Principles

At Byron Wood Academy we will bear in mind the following principles when nappy changing:

- Children have the right to feel safe & secure
- Children will be respected and valued as individuals
- Children have a right to privacy/dignity when staff are meeting their needs
- Children are supported in their understanding of toileting procedures so that they are led to independence

The role of the parent/carer

- Ensure the child arrives at school wearing a clean, dry nappy or pull-up pants
- Provide spare nappies/pull-ups, wipes, nappy bags and clean clothes
- Understand and agree to the procedures in place for changing their child
- Inform the staff of any marks/rashes that the child may have
- Work with staff towards independent toilet training

The role of school staff

- Change the child should they soil themselves or be uncomfortably wet
- Monitor the times a child is changed and keep a log, noting time, date, skin condition and reasons for changing
- Report to parents if the child's nappy/pull-up has been changed and any marks/soreness recorded
- Work with parents towards independent toilet training

Nappy/Pull-up changing procedure

- Gather all the necessary items needed before each nappy change, for example, nappy, wipes, nappy sack
- Wash and dry hands, put on a clean pair of gloves
- Remove soiled nappy/pull-up and place in nappy sack
- Wipe skin clean with wipes
- Put on clean nappy-pull-up
- Place soiled nappy (inside sack) in the bin
- Soiled clothes will be bagged and placed in child's bag to take home
- Support child to dress
- Help child to wash hands
- Wash own hands
- Nappy change will then be logged

Child Protection

- A normal nappy/pull-up change should not raise any child protection issues
- The member of staff should inform another member of the team what they are doing
- Staff can only change children if they have a valid DBS check
- Students cannot change nappies/pull-ups
- Where staff are concerned about a child's actions or comments whilst carrying out a personal care procedure, this should be recorded and discussed with the school's designated safeguarding lead (DSL) immediately



Byron Wood Academy

Nappy Changing and Clothes Changing Agreement

In order to best meet the needs of your children when they are with us we would like to set up an individual agreement between parents/carers and the school with regard to intimate care. Intimate care is any care which involves washing, touching or carrying out an invasive procedure which children are unable to do for themselves, arising from the child's stage of development. Intimate care may involve helping with drinking, eating, dressing, toileting or comforting. In most cases at school intimate care will involve procedures to do with personal hygiene. Staff at Byron Wood Academy, providing intimate care, are aware of the need to adhere to good Child Protection practice in order to minimise the risks for both children and themselves. All staff are supported and trained so that they feel confident in their practice.

Name of Child _____

- I give permission for Byron Wood Academy to provide appropriate intimate care to my child.
- I understand that this will be carried out by a member of Byron Wood Academy staff.

Signed _____ Parent/Carer

Date _____