

# Atlas Academy Autumn Term Menu 2025



Week Commencing:

1<sup>st</sup> September, 22<sup>nd</sup> September, 13<sup>th</sup> October, 3<sup>rd</sup> November, 24<sup>th</sup> November, 15<sup>th</sup> December

DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Cheese & Tomato Pizza  	Cheese & Tomato Pizza  	Mixed Salad Homemade Wedges	No Sandwiches available	Fruit & Yoghurt 
TUESDAY	Chicken Noodles   	Veggie Noodles   	Seasonal Vegetables	  Cheese Tuna Egg  	Shortbread Biscuit 
WEDNESDAY	Roast Chicken	Quorn Fillet 	Yorkshire Pudding Mashed Potatoes Gravy Veg   	No Sandwiches available	Chocolate Marble Sponge Cake  
THURSDAY	Chicken Hot Dog In a Bun    	Veggie Hot Dog In a Bun  	Potato Wedges Sweetcorn	  Cheese Tuna Egg  	Sticky Date Cake  
FRIDAY	Breaded Fish Fingers  	Cheese Quesadilla  	Chips Baked Beans Garden Peas	No Sandwiches available	Ice Cream 



Jacket Potatoes, Fresh Salads, Fruit and Yoghurt Served Daily

# Atlas Academy Autumn Term Menu 2025



Week Commencing:

8<sup>th</sup> September, 29<sup>th</sup> September, 20<sup>th</sup> October, 10<sup>th</sup> November, 1<sup>st</sup> December

DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Macaroni Cheese  	Pesto Pasta  	Homemade Bread Mixed Salad 	No Sandwiches available	Apple Flapjack 
TUESDAY	Texas Style Sticky BBQ Chicken  	Mixed Vegetable Fajitas  	Seasonal Veg Steamed Rice	   Cheese Tuna Egg  	Lemon Sponge Cake  
WEDNESDAY	Roast Chicken Sausage  	Roast Quorn Sausages 	Mashed Potatoes Yorkshire Pudding Gravy Peas   	No Sandwiches available	Chocolate & Beetroot Brownie  
THURSDAY	Chilli Con Carne	Veggie Chilli	Seasonal Vegetables Homemade Bread Steamed Rice 	   Cheese Tuna Egg  	Fruit & Yoghurt 
FRIDAY	Breaded Fish Fingers  	Cheesy Tomato Pasty  	Baked Beans Sweetcorn Chips	No Sandwiches available	Ice Cream 

Jacket Potatoes, Fresh Salads, Fruit and Yoghurt Served Daily

# Atlas Academy Autumn Term Menu 2025



**Week Commencing:**  
**15<sup>th</sup> September, 6<sup>th</sup> October, 27<sup>th</sup> October, 17<sup>th</sup> November, 8<sup>th</sup> December**

DAY	MAINS	VEGGIE	SIDES	SANDWICHES	DESSERTS
MONDAY	Cheese & Tomato Pizza  	Cheese & Tomato Pizza  	Homemade Wedges Mixed Salad	No Sandwiches available	Fruit & Yoghurt 
TUESDAY	All Day Breakfast  	All Day Veggie Breakfast  	Potato Hash Tomatoes Beans Toast  	   Cheese Tuna Egg  	Fruit Jelly
WEDNESDAY	Roast Chicken	Veggie Wellington 	Yorkshire Pudding Mashed Potatoes Gravy Veg   	No Sandwiches available	Coconut Sponge Cake  
THURSDAY	Chicken Tikka Masala	Vegetable Curry	Seasonal Veg Steamed Rice	   Cheese Tuna Egg  	Chocolate Chip Cookies   
FRIDAY	Breaded Fish Fingers  	Sweetcorn Fritters   	Sweetcorn Garden Peas Chips	No Sandwiches available	Ice Cream 

**Jacket Potatoes, Fresh Salads, Fruit and Yoghurt Served Daily**