PERSONAL DEVELOPMENT CURRICULULM

PSHE	RELATIONSHIPS & SEX EDUCATION	SAFEGUARDING	Hea
Our Personal, Social, Health, Relationships & Economics A Education (PSHRE) is a significant part of our Personal Development strategy. We follow the Jigsaw PSHRE curriculum which can be viewed on our website. This has been shared with parents and meets national curriculum and statutory requirements. A A progressive curriculum of knowledge and skills that is a adapted to meet community need: Being Me in my World Celebrating Difference Dreams & Goals Healthy Me Relationships Changing Me Career Development: Jobs for Everyone Skills Builder Partnership: 2023-24 Y6 Citizenship Programme (to be updated 2023): I am responsible I can communicate effectively I can collaborate effectively	 A progressive curriculum of knowledge and skills that is adapted to meet community need: Relationships: Belonging People who help us Family life Friendships and negotiations/conflict Getting on and falling out Dealing with bullying Different types of family inc stereotypes Physical contact preferences and boundaries inc consent Trust and appreciation Love and loss Managing feelings inc physical attraction Respect and consent Changing Me: Respecting my body Differences between female and male bodies (correct terminology) Life cycles; growing from young to old How babies grow Body changes Puberty and feelings 	A progressive curriculum of knowledge and skills in response to our local contextual need that compliments the Jigsaw curriculum for PSHRE. This can be viewed on our website: Bullying (inc cyber-bullying/hate crime) Child Sexual Exploitation Discrimination & Homophobia inc racism Domestic Violence Alcohol & Drug Awareness inc substance misuse E-safety Exploitation inc gang culture & county lines Fire safety Fist Aid FGM Road Safety Acceptable Use Agreement Ensuring all users of technology do so safely and with due regard to others Crucial Crew Personal safety programme managed by South Yorkshire Police in collaboration with Fire & Rescue and Safer Roads Partnership.	Heat Physical Health: We follow the Education. Active Schools Marvellous Mo Healthy eating Lunch policy Food labelling Sleep Keeping clean Relaxation Sports Days Mental Health: Body image Celebrating inn Motivation and Managing stree Peer pressure Mindfulness Transition Emotional Literacy Self-regulation Recognising ar Empathy Thrive Approach: We are a Thrive sch adopted a theraper emotional and soci Thrive sessions
BRITISH VALUES & SMSC	PUPIL LEADERSHIP	BEHAVIOUR & ATTITUDES	Lunch Club EQUA
We promote opportunities for pupils to reflect on British Values and to be engaged in spiritual, moral, social and cultural events Religious Education : We follow the Discovery Owls RE curriculum which can be viewed on our website. Votes for Schools: Giving young people the chance to speak out on issues that matter to them, improving oracy, confidence and critical thinking and covering Prevent, British Values & the SMSC Curriculum Within the curriculum: Where relevant, we make	 Equality & Diversity Ambassadors Playground Leaders/monitors Worry Warriors Young Interpreters House Captains 	 The Atlas Way: Clear set of expectations for behaviour and learning #GREAT awards Class Charters Behaviour Sprints: Weekly focus on aspects of behaviour Rewards: House points Dojos Attendanceopoly Pupil Leaders: Learning Behaviour Councillors 	 School Ethos & Env Flags and greed displayed Resources that our school constereotypes an Protected char International V National & International V Protected Char Protected Char Equality & Diversity
	Student Leadership Hub:	CHARACTER EDUCATION	WIDE
 Astrea Core Values: Scholarship, Tenacity & Curiosity Atlas Mission Statement: Unity through Diversity Atlas School Values: #GREAT (Gifted, Resilient, Engaged, Aspirational, Together) 	 Collaboration within Astrea Academy Trust forum 	 The active development of character strengths or virtues in our pupils: Phronesis (Development Priority: 2023-24) Character education programme: Building Blocks of Character (University of Birmingham and the Jubilee Centre) 	Before & After-sch Sporting events Inter-school sp Trips & Visitors

LANGUAGE & VOCABULARY ACQUISITION

lealth & Wellbeing

- he Val Sabin programme for Physical
- ols Programme
- Movers: daily movement breaks
- ing and nutrition inc Healthy Packed
- ng & healthy swaps

an

- inner strength
- and behaviour
- tress re

- acy:
- ion
- g and managing feelings

h:

school: this means that we have peutic approach to help support the ocial development of our pupils. ons

UALITY & DIVERSITY

- Environment: reetings of our pupils and families
- hat reflect modern, inclusive Britain and context; that are free of (gender)
- and negative attitudes
- haracteristics
- al Week nternational events
- haracteristics
- sity Ambassadors

DER OPPORTUNITIES

chool clubs

sports competitions

