

WEEK ONE

MONDAY



CLASSIC MAC & CHEESE

With crunchy croutons

TUESDAY

THE MEXICAN KITCHEN

BEEF CHILLI

with rice & salsa Mexicana

WEDNESDAY



CLASSIC ROAST DINNER

with all the trimmings!

THURSDAY



CHICKEN TIKKA MASALA

with turmeric rice & sambals

FRIDAY



BREADED FISH OR SAUSAGE WITH

garden peas and gravy/ curry sauce

MAIN #1

MAIN #2

HANDHELD

BOWLED OVER

MODERN BAKERY

AUTUMN VEGETABLE BAKE

With roast sweet potato

FALAFEL WRAP

With cous cous & yoghurt dip

CAJUN SWEET POTATO & SPINACH TART

with roast potatoes

STICKY SOY & HONEY VEGETABLES

With egg noodles

LOADED HOUND DOG

with Chips



Classic Cheese Burger



Crispy Chicken pitta



Breaded Chicken wraps

Savoury topped Flatbread



Selection of hand stretched pizzas



Loaded Wedges



Penne Carbonara



Stir fried sweet chilli vegetable noodles



Loaded Nachos



Tomato pomodoro Pasta pots

ASSORTED HOME BAKES

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SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED POTATOES WITH A VARIETY OF TOPPINGS FOR YOU TO CHOOSE FROM!

CHECK OUT...

OUR HOT AND COLD GRAB & GO SELECTION

MENU KEY



ADDED PLANT PROTEIN

VEGAN OPTION



SOURCE OF WHOLEMEAL

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY



MAIN #1

MEATBALL PASTA BAKE
with garlic bread

MAIN #2

VEGETABLE FAJITAS
with 50/50 RICE

HANDHELD



Popcorn chicken & wedges

BOWLED OVER



Chinese vegetable egg fried rice bowl

MODERN BAKERY

ASSORTED HOME BAKES

TUESDAY



SOUVLAKI CHICKEN
with Khobez bread & salads

HOUMOUS & FALAFEL
with Khobez bread & salads



Classic Pork Hot Dog



Loaded Nachos

ASSORTED HOME BAKES

WEDNESDAY



CLASSIC ROAST DINNER
with all the trimmings!

LEEK, ONION & POTATO TRAY BAKE
with all the trimmings!



Chicken Wrap



Vegetable Paella

ASSORTED HOME BAKES

THURSDAY



HOT WOK CHICKEN NOODLES
with prawn cracker

CURRIED SQUASH & BUTTERBEAN STEW
with Rice and Peas & Slaw



Cheeseburgers



Loaded Wedges

ASSORTED HOME BAKES

FRIDAY



BREADED FISH or SALMON FISH CAKES
chips & garden peas

VEGAN SAUSAGE ROLL WITH
chips & garden peas



Vegetable burrito



Mac & cheese pots

ASSORTED HOME BAKES

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WEEK THREE

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THAI VEGETABLE NOODLES
with prawn cracker

TUESDAY



LASAGNE
with garlic bread & salads

WEDNESDAY



CLASSIC ROAST DINNER
with all the trimmings

THURSDAY



CHICKEN KORMA
with rice and naan

FRIDAY



FISH & CHIPS WITH
garden peas or baked beans

MAIN #1

MAIN #2

HANDHELD

BOWLED OVER

MODERN BAKERY

VEGAN MEATBALL PASTA BAKE
With salad and garlic bread

VEGETABLE BIRYANI
with sambals

ROAST STUFFED AUBERGINE
with all the trimmings

VEGETABLE KORMA
With rice and naan

BIG PLANT BURGER & CHIPS
with garden peas or baked beans

Battered chicken burger

Pork sausage hot dogs

Spicy chicken & cheese wraps

Falafel & houmous wrap

Authentic Pizza Slice

Mac & cheese pots

Vegetable fried rice

Vegetable Paella

Loaded wedges

Spicy tomato pasta pots

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