

WEEK ONE

MENU KEY



- IM VEGAN!



- ADDED PLANT POWER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1



CLASSIC MAC & CHEESE

with crunchy croutons



BEEF CHILLI

With rice & sour cream



CLASSIC ROAST DINNER

With all the trimmings



CHICKEN TIKKA MASALA

With turmeric rice & sambals



BREADED FISH OR SAUSAGE

with garden peas & gravy or curry sauce

MAIN #2



QUORN & VEG CHOW MEIN

with prawn crackers

FALAFEL WRAP

With couscous & yoghurt dip

QUORN SAUSAGE

With roast potatoes & onion gravy



SWEET POTATO & SPINACH TIKKA

With turmeric rice

VEGAN SAUSAGE

with Chips, Mushy Peas and Gravy/ Curry Sauce

HAND HELD



Classic Cheese Burger



Crispy Chicken pitta



Chicken Wrap



Savoury topped flatbread



Selection of hand stretched pizzas

BOWLED OVER



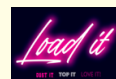
Loaded Wedges



Mac & cheese pots



Stir fried sweet chilli vegetable noodles



Loaded Nachos



Tomato pomodoro pasta pots

MODERN BAKERY

ASSORTED HOME BAKES

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SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED POTATOES WITH A VARIETY OF TOPPINGS FOR YOU TO CHOOSE FROM!

CHECK OUT...

OUR HOT AND COLD GRAB & GO SELECTION

WEEK TWO

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1



PASTA CARBONARA

With penne pasta & garlic bread



SOUVLAKI CHICKEN

With Khobez bread & salads



CLASSIC ROAST DINNER

With all the trimmings



JERK CHICKEN

With rice & 'peas



BREADED FISH/ SALMON FISHCAKES

Chips & Garden Peas

MAIN #2

CRUNCHY LENTIL PASTA BAKE

With garlic bread

HOUMOUS & FALAFEL

With Khobez bread & salads



LEEK, ONION & POTATO TRAY BAKE

With all the trimmings

CURRIED SQUASH & BUTTERBEAN STEW

With rice & peas



VEGAN SAUSAGE ROLL

Chips & garden peas



HAND HELD



Popcorn chicken & wedges



Classic Pork Hot Dog



Chicken Wrap



Savoury Turnovers



Vegetable Burrito

BOWLED OVER



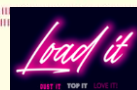
Chinese vegetable egg fried rice bowl



Tomato & herb pasta pot



Vegetable Paella



Loaded Wedges



Mac & cheese pots

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THURSDAY

FRIDAY

MAIN #1

THE MEXICAN KITCHEN

CHEESY CHICKEN ENCHILADAS

With salads & toppings



LASAGNE

With garlic bread & salads



CLASSIC ROAST DINNER

With all the trimmings



CHICKEN KATSU CURRY

With rice & naan



FISH & CHIPS

with Garden Peas or Baked Beans

MAIN #2



VEGETABLE CHILLI TACOS

With salads & toppings

VEGETABLE PASTA BAKE

With garlic bread & salads

QUORN ROAST

With all the trimmings

VEGETABLE KATSU CURRY

With rice & naan

VEGETARIAN BURGER & CHIPS with Garden Peas or Baked Beans



HAND HELD



Pork Sausage hot dogs



Battered Chicken Burger



Spicy chicken & cheese wraps



Falafel & houmous wrap



Authentic Pizza Slice

BOWLED OVER



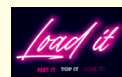
Mac & Cheese pots



Vegetable Fried Rice



Spiced Chicken rice



Loaded wedges



Spicy tomato pasta pots

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