

16th January 2025

Dear Parent/Carer,

As the date for the 2025 Ansford ski trip nears closer, we would like to invite you to an information session on Monday 27th January. This will take place in the main hall, with a start time of 5:45pm. The session will provide more information about what students will experience during the week, departure times and travel details. It will also give you an opportunity to ask staff any questions that you may have. We will also have details and sample sizes of the ski hoodies available to try.

In addition, please complete the attached Google Form by WEDNESDAY 22nd JANUARY. This provides details for ski rental, medical/dietary requirements, passport details, and room preferences.

https://docs.google.com/forms/d/e/1FAlpQLSf-Xc4q 8IAi8aosfbnTZatvvOMkhRuKlmzLW5aDtb7ZLnuzQ/viewform?usp=header

I have also provided a kit list that you may wish to follow. Not every item is essential, but hopefully it will provide you with some idea of what is needed. If you have any questions about any of the items on the list, please do not hesitate to contact me.

My contact email is <u>matthew_darby@ansford.net</u> if you have any additional questions.

Yours sincerely,

M Darby

Mr Matthew Darby Teacher of Physical Education Ski Trip Leader



Ansford 2025 Ski Trip Kit List

Clothing

- Ski Jacket (waterproof and insulated)
- **Ski Salopettes/Trousers** (waterproof and insulated)
- Thermals/base layers (top and bottom)
- Mid-Layers (fleeces or wool)
- Ski Socks (multiple pairs)
- Waterproof ski Gloves/Mittens
- Hat/Beanie (to wear off the slopes)
- Ski Goggles (with UV protection)
- Neck snood/Face Mask (for protection against the cold wind)
- Underwear

Toiletries

- Sunscreen (even on cloudy days, UV rays reflect off snow)
- Lip Balm (with SPF)
- Personal Hygiene Items (toothbrush, toothpaste, deodorant)

Health & Safety

- Medications (if required, such as asthma inhalers or allergy medication)
- First Aid Kit (small and portable, with bandages, antiseptic wipes)
- Water Bottle (for hydration on the slopes)
- Snacks

Documents & Money

- Travel Documents (passport, GHIC)
- Pocket Money (for extras at the resort)

For the Bus Journey

- Comfortable Clothes
- Neck Pillow (for comfort during the ride)
- Headphones
- Snacks (energy bars, fruit, nuts, etc.)
- Water Bottle
- Travel Blanket (optional, for added comfort)
- Travel Sickness Tablets (if you're prone to motion sickness)
- Chargers/Power banks (phone, tablet, or any other electronic device)