

PSHCE

KS4



PSHCE education is a planned, developmental programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives now and in the future

	YEAR 10	YEAR 11
Core Theme	RELATIONSHIPS	RELATIONSHIPS
Autumn Term A Lesson: Work Experience preparation	PSHCE and ground rules Dealing with Transition Intimacy and Pleasure Pornography Pressure and Coercion Revision: STIs Managing Break-ups	PSHCE and ground rules Long Term Commitment and Values Fertility and Sexual health/ Menopause Pregnancy outcomes/ abortion Parenting including fostering and adoption
	HALF TERM	
Core Themes	RELATIONSHIPS/ WELL-BEING	HEALTH and WELL-BEING
Autumn Term B	Relationship Abuse Family Conflict Diversity in Relationship Choices Online Well-being Extremism	Substance Abuse Promoting Emotional Well-being Revisit The Back-pack and Flower. Stress
Core Themes	HEALTH and WELL-BEING	WIDER WORLD/ WELL-BEING
Spring Term A	Challenging Negative Thinking Recognising Mental Ill health Loss and Bereavement Diet and good choices Caffeine and Sleep	Money management: Bank Accounts Minimum Wage Benefits Student Finances Online Well-being Stalking and Harassment
Core Theme	HEALTH and WELL- BEING/ WIDER WORLD	HEALTH and WELL- BEING
Spring Term B	Exercise Drugs and Alcohol Self-examination- health checks Money: Risk/ Security and Fraud/ Consumer Rights	Advertising and Industry's effects on Health Safety in Sun-tanning, Cosmetics and Aesthetics: tattoos, piercings
Core Theme	WIDER WORLD/HEALTH	HEALTH and WELL- BEING/ WIDER WORLD
Summer Term A	Gambling Carbon Literacy Work Health and Safety	Self-esteem, Self-confidence, Resilience Life and Career Paths- the world is your oyster!
Core Theme	WIDER WORLD/HEALTH	YEAR 11 LEAVE
Summer Term B Work Experience week in July	Garden visits to Eat Cary Project First Aid Types of work contracts Review of work experience- Creating CVs	

GOLDEN THREAD - CAREERS