

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1



Crunchy Crouton
Mac & Cheese

Chicken Enchilada
with Rice



Roast Gammon, New
Potatoes, Seasonal
Vegetables & Gravy



Jerk Chicken with Rice
and Peas and Pineapple
Slaw

Chip Shop Fish or
Sausage with
Chips, Mushy Peas
& Curry Sauce

MAIN #2



Roasted Cauliflower
Mac & Cheese

Quorn Chilli Loaded
Rice




Roasted Vegetable
Cous cous with
feta and New
Potatoes




Curried Squash,
Sweet Potato &
Butterbean Stew with
Rice and Peas &
Pineapple Slaw



Chip Shop Vegan
Sausage with
Chips, Mushy Peas
& Curry Sauce



HANDHELD

Chicken Wings

Sausage Roll

Chicken Wrap

Bacon & Cheese
Turnover

Margherita Pizza

BOWLED OVER

Rice Bowl

Pasta Kitchen

Vegetarian
Noodle Street

Loaded Nachos

Pasta Kitchen

MODERN BAKERY

Pineapple Upside
Down Cake

Chocolate Crunch
Cake

Summer Fruit Crumble
with Custard

Warmed Jamaican
Ginger Cake with
Cream

Iced Sponge Cake

SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED
POTATOES WITH A VARIETY OF TOPPINGS
FOR YOU TO CHOOSE FROM!

SOUP STATION

COME AND TRY OUR HOME-
MADE SOUPS, AVAILABLE DAILY!

MENU KEY



- IM VEGAN!



- ADDED PLANT
POWER

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU
HAVE AN ALLERGY AND NEED TO KNOW WHAT'S
INSIDE OUR FOOD DISHES. THEY WILL ADVISE
YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1

Vegetable Chow Mein


Chicken Souvlaki with
Greek Salads

Sausage and Red Onion
Chutney Hot Baguette
with Roasted New
Potatoes


Chicken Tikka Masala
with Rice

Breaded Fish, Chips &
Garden Peas

MAIN #2

Sweet and Sour
Vegetables with Rice


Feta, Honey and
Spinach Pitta with
Greek Salads

Vegan Sausage and Red
Onion Chutney Hot
Baguette with Roasted
New Potatoes 


Sweet Potato, Chickpea
& Spinach Curry with
Rice 

Cheese and Tomato
Frittata with Chips and
Garden Peas

HANDHELD

Selection of Paninis

Sausage Roll

Chicken Wrap

Bagel Pizza

Chicken Quesadilla

BOWLED OVER

Rice Bowl

Pasta Kitchen

Noodle Street

Pasta Kitchen

Loaded Nachos

MODERN BAKERY

Chocolate Sponge
Pudding

Summer Berry Muffin

Sticky Toffee Apple
Crumble and Custard

Jam and Coconut
Sponge

Oaty Flapjack 

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THURSDAY

FRIDAY

MAIN #1

Crunchy Topped
Tomato Pasta Bake
with Roasted
Vegetables



THE MEXICAN KITCHEN

Spicy Mexican Chicken
with Rice and Sides

Beef Lasagne with
Garlic Bread
and Salad



FIESTA
ESPANOL

Chicken Paella with
Patatas Bravas and
Salads

Fish and Chips with
Garden Peas or Baked
Beans

MAIN #2

Vegetarian Toad in the
Hole with Mashed
Potatoes & Gravy

THE MEXICAN KITCHEN

Vegan Chilli with Rice
and Sides



Vegetable Ragu with
Garlic Bread and Penne



FIESTA
ESPANOL

Spanish Tortilla with
Patatas Bravas and
Salads

Vegetarian Burger and
Chips with Garden Peas
or Baked Beans



HANDHELD

Southern fried Chicken
or Quorn Wrap

Pitta Pizza

Chicken Meatball sub

Selection of Paninis

Sausage Roll

BOWLED OVER

Rice Bowl

Pasta Kitchen

Rice Bowl

Noodle Street

Pasta Kitchen

MODERN BAKERY

Chocolate Orange
Cookie



Apple Sponge
with Cream

Fruit Muffins

Peach Cake

Chocolate Brownie

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