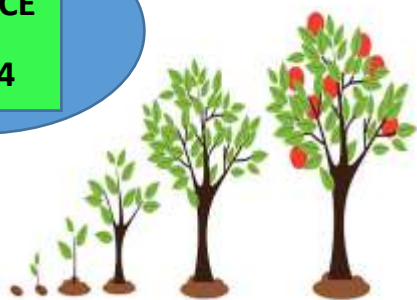


PSHCE

KS4



PSHCE education is a planned, developmental programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives now and in the future

	YEAR 10	YEAR 11
Core Theme	RELATIONSHIPS	RELATIONSHIPS
Autumn Term A	PSHCE and ground rules Intimacy and pleasure The impact of Pornography 4 th Oct Work Ex launch in Assembly Pressure and Coercion	Family conflict Long Term Commitment Fertility and sexual health
	HALF TERM	
Core Themes	RELATIONSHIPS / WIDER WORLD	RELATIONSHIPS B
Autumn Term B	Work Experience database and letters of application in the IT rooms over half term Lesson WW Groups 1,2,3,4: Carousel Other groups continue with relationships work. Managing Relationship break up Relationship abuse	Pregnancy outcomes Abortion Promoting Emotional well-being Revisit The Back-pack and Flower. Stress
Core Themes	WIDER WORLD / WELL-BEING	HEALTH and WELL-BEING
Spring Term A	Challenging negative thinking Recognising Mental ill Health	Drugs and alcohol education Seeking help for Substance Abuse Medical self- examination and Cosmetics and aesthetics (Safety)
Core Theme	HEALTH and WELL- BEING	HEALTH and WELL- BEING
Spring Term B	Change Loss and Bereavement Healthy Lifestyles revision: Sleep Diet Exercise Online time Drugs and Alcohol KS4 Lesson 1 Including Vaping	Online Safety Revision Stalking and Harassment Extremism
Core Theme	WIDER WORLD	HEALTH and WELL- BEING
Summer Term A	Carbon Literacy 1 Carbon Literacy 2 Influence of Advertising on health	First Aid revision lessons.
Core Theme	WIDER WORLD 2	
Summer Term B	Work Health and Safety Types of work contracts WORK EXPERIENCE WEEK July	



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	Review of work experience- Creating and updating CVs Career pilot review	
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