Name:	

Day	8:30 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00	5:00 – 6:00	6:00 – 7:00	7:00 – 8:00	8:00 – 9:00	9:00- 10:00
Monday						- \ 1		Break	Music	English	Relax	Relax	Relax
Tuesday				1	D'	31		Break	Maths	Geography	Relax	Relax	Relax
Wednesday		2	0/	0,				English	Break	Maths	Music	Relax	Relax
Thursday	5	0						Break	History	Relax	Relax	Relax	Relax
Friday								English	Break	Maths	History	Relax	Relax
Saturday	Science	Maths	DT	Science	Football	Football	Cinema	Cinema	Relax	Relax	Relax	Relax	Relax
Sunday	DT	Football	Football	Relax	Relax	Science	Maths	Break	Geography	RE	Relax	relax	Relax

Remember: make sure you give yourself breaks and allow time to relax and do the things your want to do and enjoy doing.