

Spring Timetable Starting 22nd April 2025 until 18th July

Monday

Jingle Jangle

at Breck Road Library
10.30am - 12.00pm
Come along to the Library to enjoy socialising with others. Create some art work to take home and enjoy singing songs and rhymes to promote language development.
Drop In.

Teeny Tots

10.00am - 11.30am
Come and join us for a new fun session for children aged 1-2 years. Range of activities to help promote all areas of your child's development
Drop In.

Early Access Clinic LWH

12.00pm - 4.00pm
Appointment only, please contact your midwife to book.

SWAN

1st Monday of the month
1.30pm - 2.30pm
Join us for a supported play session for babies and children who have special needs, a physical or learning disability. Explore new play opportunities, meet new families and discover the services and benefits that are available to help your child, you and your family.
Drop In.

Magic Milestones

1.00pm - 2.00pm
One off workshops covering the following topics:

Dental Health

7th April, 19th May
23rd June

Sleep

14th April, 2nd June,
30th June

Toileting

28th April, 9th June
7th July

Introduction to Solid Foods

12th May, 16th June,
14th July
Please contact us to book a place.

Tuesday

Nurturing

9.30am - 11.30am
Starting 29th April 25
This is a 10 week course which helps parents to celebrate family life through raising self-esteem and making better choices for the whole family. Supports child development with a variety of issues that occur in everyday family life.
Limited spaces and creche available.

Health Visitor Led Clinic

9.30am - 12.30pm
Appointment only
Please contact health visitor team to arrange an appointment.

Bambi's Stay & Play

12.00pm - 1.00pm
A stay and play session where you can come along for support and advice from our BAMBI's team.

All About Baby

1.15pm - 2.45pm
Come along to our Under 1's baby group. A fun session for parents and babies with stimulating and age-appropriate activities.

Antenatal sessions - Bump, Birth and Beyond

1st and 2nd Tuesday of the Month
4.00pm - 6.00pm

Session 1
A fun antenatal session with demonstrations and advice to prepare for your new arrival.

Session 2
Support and advice around feeding your new arrival.



Wednesday

Anfield Tots

9.30am - 10.15am
A weekly session for parents and tots under 3 to make music and have fun together. You will explore a variety of percussion instruments, sing songs and have a front row seat to Live Music!
Led by Liverpool Philharmonic.
Limited spaces available.

Welfare Rights

10.00am - 1.00pm
BNEC Welfare rights for free, confidential, impartial advice and support on a whole range of welfare benefits.
Appointment only, please contact us to book.

Baby Connect 2

12.45pm - 2.45pm
Starting 30th April 25
10 week course. Meet new people and share your memories of becoming a parent. Create a beautiful keepsake memory book, all about you and your child.
Please contact us to book a place. Limited crèche.

EDT Computer Course

1.00pm - 3.00pm
Want to develop your computer skills and gain qualifications?
Please contact us to book a place.



Thursday

Stay and Play

9.15am - 10.45am
A fun play group for adults and children. Join in with a wide range of fun and stimulating activities to support your child's development.
Drop In.

Development Matters

10.00am - 12.00pm
An opportunity for parents who have concerns regarding your children's development to meet with Sharon and ask questions or seek further advice.
Please call the centre to book an appointment with Sharon.

Queen of Greens

11.00am - 11.45am
Fresh affordable fruit and veg straight from the market!
Please contact the centre for more information.

Baby Massage

11.15am - 12.30pm
Share the art of infant massage, promotes relaxation and bonding with your baby through touch. 4-week course.
Please contact us to book a place.

Early Communication Group

1.00pm - 2.00pm
Would you like to feel more confident communicating with your child? Do you need help understanding the different ways they can communicate? Would you like to learn how to increase the skills they already have? Do you want advice on how to respond and join in your child's play
Please contact us to book a place.

Walk and Talk

1.00pm - 2.00pm
4 week walk and talk session for families with children 0-5 years and expectant parents. To help build friendships, get support from others and enjoy some time outdoors! Meet at the Isla Gladstone, Café In The Park. To be welcomed by our friendly staff with a small refreshment for all!
Drop in.

Friday

Jingle Jangle 2 at Breck Road Library

10.00am - 11.30pm
Come along to the Library to enjoy socialising with others. Create some art work to take home and enjoy singing songs and rhymes to promote language development.
Drop In.

Welcome to Play

9.30am - 11.00am
5 week course delivered in a relaxed way for parents to think about the transition to parenthood and discuss issues that can be a challenge for every new Mum and Dad.
Please contact us to book a place.

Coming Soon...

Family First Aid Course
Date and Time TBC
Half day course to ensure you are prepared and confident to deal with any minor accidents.
Please contact us to be put on the waiting list.

Little Fishes
Day and Time TBC
A 4 week fun swimming session for 0-2 year olds at Everton Children's Centre Pool. Please contact us to be put on the waiting list.

Wiggle and Jiggle
Day and Time TBC
A fun and friendly music session, that will help support your child's physical and social development.
Please contact us to be put on the waiting list.
Please contact us to book a place.

Keeping Children Safe Online
Day and Time TBC
A six week course to empower and support parents/ carers in ensuring children are being responsible and safe online.
Please contact us to book a place.



Healthy Start Vitamins

Available every day at the Children's Centre reception.
Please bring your healthy start card.

Community Outreach

Our friendly team will be out and about in the community throughout the week.
Please contact the centre if you would like a visit!

Sensory Room

Our sensory room is now open! Come along to relax and stimulate your senses.
Available daily
please contact us to book.

