

Spring Timetable Starting 7th January 2025 until 4th April 2025

Monday

Jingle Jangle at Breck Road Library 10.30am - 12.00pm

Come along to the Library to enjoy socialising with others. Create some art work to take home and enjoy singing songs and rhymes to promote language development.

Drop In.

Teeny Tots 10.00am - 11.00am

Come and join us for a new fun session for children aged 1-2 years. Range of activities to help promote all areas of your child's development

Drop In.

Early Access Clinic LWH

12.00pm - 4.00pm

Appointment only, please contact your midwife to book.

SWAN

1st Monday of the month
1.30pm - 2.30pm

Join us for a supported play session for babies and children who have special needs, a physical or learning disability.

Explore new play opportunities, meet new families and discover the services and benefits that are available to help your child, you and your family.

Drop In.



Tuesday

You & Me Mum 9.30am - 11.30am

10 week course for Mums to help you understand how domestic violence affects you as a parent and your children. It will empower, support and develop further understanding of your role as a mother addressing the needs of your children.

Contact the centre to book a place.

ESOL

At All Saints Catholic Primary School
9.30am - 11.30am

A class for those who would like to improve their English language. We can help improve your speaking, reading and writing. An initial assessment will be completed to ensure you are learning at the correct level.

Please contact to book a place.

Health Visitor Led Clinic

9.30am - 12.30pm

Appointment only please contact health visitor team to arrange an appointment.

Bambi's Stay & Play

12.00pm - 1.00pm

A stay and play session where you can come along for support and advice from our BAMBI's team.

All About Baby

1.15pm - 2.45pm

Come along to our Under 1's baby group. A fun session for parents and babies with stimulating and age-appropriate activities.

Antenatal sessions - Bump, Birth and Beyond

1st and 2nd Tuesday
of the Month
5.00pm - 7.00pm

Session 1
A fun antenatal session with demonstrations and advice to prepare for your new arrival.

Session 2
Support and advice around feeding your new arrival.

Wednesday

Anfield Tots 9.30am - 10.15am

A weekly session for parents and tots under 3 to make music and have fun together. You will explore a variety of percussion instruments, sing songs and have a front row seat to Live Music!

Led by Liverpool Philharmonic.

Limited spaces available.

Welfare Rights

10.00am - 1.00pm

BNEC Welfare rights for free, confidential, impartial advice and support on a whole range of welfare benefits.

Appointment only, please contact us to book.

EDT Computer Course

1.00pm - 3.00pm

Starting 14th January 25

Want to develop your computer skills and gain qualifications?

Please contact us to book a place.

HENRY

12.45pm - 2.45pm

Starting 14th January 25

8 week course that supports families with young children to develop healthy lifestyles. The programme is a universal service for families with children aged 0-5.

Please contact us to book a place. Limited crèche.

Growing Stronger

At Tuebrook Children's Centre

1.00pm - 3.00pm

Starting 14th January 25

A 4 session course for 2 hours per week. Reflecting on your own life experiences through a range of activities and working towards improving your quality of life.

Please contact the centre to be added to the waiting list.

Thursday

Stay and Play 9.15am - 10.45am

A fun play group for adults and children. Join in with a wide range of fun and stimulating activities to support your child's development.

Drop In.

Development Matters

10.00am - 12.00pm

An opportunity for parents who have concerns regarding your children's development to meet with Sharon and ask questions or seek further advice.

Please call the centre to book an appointment with Sharon.

Queen of Greens

11.00am - 11.45am

Fresh affordable fruit and veg straight from the market!

Please contact the centre for more information.

Baby Massage

11.15am - 12.30pm

Share the art of infant massage, promotes relaxation and bonding with your baby through touch.

4-week course.

Please contact us to book a place.

Early Communication Group

1.00pm - 2.00pm

Would you like to feel more confident communicating with your child? Do you need help understanding the different ways they can communicate? Would you like to learn how to increase the skills they already have? Do you want advice on how to respond and join in your child's play

Please contact us to book a place.

Toddler Yoga

2.00pm-2.45pm

6-week course

Come along to a fun and stimulating yoga class for 2-5 year olds and their grownups!

Please contact us to book an appointment.

Friday

Jingle Jangle 2 at Breck Road Library

10.00am - 11.30pm

Come along to the Library to enjoy socialising with others. Create some art work to take home and enjoy singing songs and rhymes to promote language development.

Drop In.

Welcome to The World

9.30am - 11.30am

5 week course delivered in a relaxed way for parents to think about the transition to parenthood and discuss issues that can be a challenge for every new Mum and Dad.

Please contact us to book a place.

Family First Aid Course

9.30am - 12.30pm

14th March 25

Half day course to ensure you are prepared and confident to deal with any minor accidents.

Please contact us to be put on the waiting list.

Magic Milestones

1.00pm - 2.00pm

One off workshops covering the following topics:

Dental Health

10th Jan, 7th Feb, 7th Mar

Sleep

17th Jan, 14th Feb

14th Mar

Toileting

24th Jan, 21st Feb

21st Mar

Introduction To Solid

Food 31st Jan, 28th Feb

28th Mar

Please contact us to book a place.



Healthy Start Vitamins

Available every day at the Children's Centre reception.

Please bring your healthy start card.

Community Outreach

Our friendly team will be out and about in the community throughout the week.

Please contact the centre if you would like a visit!

Sensory Room

Our sensory room is now open! Come along to relax and stimulate your senses.

Available daily please contact us to book

