

Food Glorious Food - Bucket List



7 things to do before the end of the expedition:

1. How much waste?

I have documented all the items of food that have been thrown away in my household over one week

2. Best before

I have found the item of food that has the latest use by date on (tip: check the cans/dry food)

3. Chef's kiss

I have helped cook dinner/tee and uploaded a picture to our padlet!

4. Sharing a recipe

I have shared a recipe of my favourite meal, and worked out the ingredient quantities for 6 people

5. Wonky veg

I have snapped a picture of the wonkiest veg I can find at the supermarket

6. Why Waste

I have watched [this newsround special](#) and noted the reasons why we waste food mentioned, then upload notes to padlet

7. Smarter shopping

I have helped do the shopping, making a meal plan for the week to minimise unnecessary purchases that might end up in a bin!

Upload your bucket list items to our padlet:
<https://padlet.com/khaughey1/rlcrc2hsjuzztlqv>