# **Emotional Well Being Worker Job Description**

**POST TITLE:** Emotional Well Being Worker

**GRADE:** Grade 6 (35 hours)

**ACCOUNTABLE TO:** Headteacher / SENCO/ Assistant Headteachers

#### **PURPOSE OF THE JOB**

- \* To support children with social, emotional, mental health and behavioural difficulties to enable them to effectively access the curriculum
- \* To support and encourage a learning environment throughout the school which allows children to acquire and develop their emotional literacy skills and overall well-being.
- \*To promote a culture of curiosity in regards to seeing behaviour as communication and ensuring mental health is at the core of our understanding of children and their learning.

#### **KEY ACCOUNTABILITIES**

- 1. To receive referrals for SEMH support from school staff, or parents, and collect relevant supporting evidence (including assessments, My Star, observations etc.)
- 2. In collaboration with the SENCo, evaluate the evidence collected and determine an appropriate formulation or intervention
- 3. To—plan, devise, implement and lead individualised programmes to help develop children's emotional literacy skills and emotional well-being, including:
  - o awareness of own and other people's emotions
  - o development of an increased range of emotional vocabulary
  - o management of stress, grief, anger and conflict
  - o development of social interaction skills
  - o development of the ability to initiate and maintain friendships
  - o promotion of a realistic self-concept and good esteem
- 4. To plan, devise, implement and lead individualised therapeutic programmes to provide support for children experiencing:
  - o MH problems
  - o bereavement
  - o loss due to changes in family circumstances
  - o witnessing or being the victim of crime
  - o witnessing or being the victim of abuse
  - o other traumatic events
- 5. To establish supportive, caring and secure relationships with children, and to be available to offer individual support and someone for a child to talk to

- 6. To contribute to monitoring and recording pupils' progress and providing relevant feedback to teachers;
- 7. To liaise with, and where necessary support, teachers and support staff to ensure provision is continued from the intervention through to the child's whole school experience.
- 8. To liaise, and maintain good working relationships with parents and carers to establish an identified child's SEMH needs, inform and update regarding interventions provided in school and offer or signpost parenting support (where appropriate)
- 9. To make referrals to external agencies as required including CAMHS, Educational Psychologists, Police Service etc.
- 10. To attend and contribute to meetings for identified children, including:
  - o Special Educational Needs Support Plan (SSP)
  - o Educational Health Care Plan (EHCP)
  - o Early Help, Team Around the Child/Family (EH, TAC/F)
  - o Educational Psychologist
  - o Transition to new school
  - o CAMHS
- 11. To implement and review support plans and intervention programmes suggested by external agencies.
- 12. To ensure that all records and case notes are kept up to date, distributed and filed in accordance with the school's procedures, and that appropriate levels of confidentiality are maintained
- 13. To plan, attend and document regular meetings with SENCo and other support staff (as necessary), to review current case load; agreeing and reviewing necessary actions.
- 14. To promote respect, self-esteem and a positive, inclusive ethos for all children and adults throughout the school (including the RESPECT values)
- 16. To deliver or support projects in school that promote good mental health for children and staff.
- 15. To undertake training commensurate with the post and ensure Continual Professional Development.

## Supporting the school

At an appropriate level, according to the job role, grade and training received, all employees in the school are expected to:

1. Support the aims, values, mission and ethos of the school and participate in a team approach to all aspects of school life.

- 2. Attend and contribute to staff meetings and INSET days as required, and identify areas of personal practice and experience to develop.
- 3. Take appropriate responsibility for safeguarding and children's welfare and be aware of confidential issues linked to home/child/teacher/school and keep confidences appropriately.
- 4. Be aware of health and safety issues and act in accordance with the school's Health and Safety Policy

### OTHER DUTIES

The postholder may be expected to carry out duties other than those given in the job description where the level of responsibility is similar and he/she has appropriate qualifications or receives appropriate training to carry out these duties.