



Marden High School

30th June 2021

Dear Parents/Carers,

It's been an anxious year for many adults, children and young people alike. We know many of you are worried about the impact of the pandemic on your children.

To support this, there is a BRAND NEW Online course for parents/carers called 'Understanding your child's mental health and wellbeing' from the Solihull Approach (NHS).

Access for free:

Did you know North Tyneside Council have PRE-PAID for every parent and carer in North Tyneside to access a course for parents/carers (access now for life-long access)? FREE (with access code: **QUADRANT** at: www.inourplace.co.uk) for residents in our area. There are courses for parents, carers and grandparents about children from bump to 19+ years.

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

ourplace

NHS

WWW.INOURPLACE.CO.UK

FREE Online course for parents
**'UNDERSTANDING
YOUR CHILD'S
MENTAL HEALTH &
WELLBEING'**

ONLINE LEARNING
(AVAILABLE 24/7)
WORK THROUGH THE CONTENT
ANONYMOUSLY AT YOUR OWN PACE

COMPLETE PART 1
COMPLETE 'UNDERSTANDING
YOUR CHILD' OR
'UNDERSTANDING YOUR CHILD
WITH ADDITIONAL NEEDS'
(SOLD SEPARATELY*)
COMPLETE PART 2

*PREPAID FOR RESIDENTS ELIGIBLE FOR AN ACCESS CODE

How do I access?

www.inourplace.co.uk

What's the code?

If you haven't used it already here is the access code for all the online courses (funded for residents): **QUADRANT**

If, like many parents, you have already used this code, log into your account [here](#) and this course will be ready in your dashboard to start whenever you are ready.

Can I tell my family and friends?

Absolutely! Share the news with family members and other families in the area so that they too can take advantage of this fantastic opportunity.

How long is it?

'Understanding your child's mental health and wellbeing' itself is in 2 parts (2 modules long in total):

1. Take **Part 1**....
2. ...then take '**Understanding your child**' OR '**Understanding your child with additional needs**' (11 modules each taking 10-15 minutes to complete, benefitting from time to digest in between)....
3. ...then take **Part 2**.

If you like this...

...you might like the other courses '**Understanding your teenager's brain**' (**short course**) or '**Understanding your child's feelings**' (**taster course**), or other courses in the series.

www.inourplace.co.uk

Yours faithfully



Assistant Headteacher/Safeguarding Lead